

Dietary Accommodations - Requests

We are committed to meeting the dietary needs of all students. If your child requires a special dietary accommodation, please follow the steps below:

Step 1: Obtain the Required Documentation

- A **Medical Statement** is required to request dietary accommodations. This document must be completed and signed by a licensed healthcare provider (physician, physician assistant, or nurse practitioner).
- The Medical Statement should include:
 1. The child's disability or medical condition.
 2. An explanation of how the condition affects the child's diet.
 3. Specific foods to be omitted and appropriate substitutions (if applicable).

Step 2: Access the Forms

- Download the **Special Dietary Accommodations Request Form** from our Nutrition Services webpage <https://www.tacomaschools.org/departments/nutrition>.
- Hard copies are also available at your child's school office.

Step 3: Complete and Submit the Form

- Fill out the form, ensuring all sections are completed.
- Submit the completed form using one of the following methods:
 - **Email:** Send a scanned copy to the school nurse assigned to your child's school.
 - **Mail:** Mail the form to your child's school.
 - **In-Person:** Drop off the form at your child's school.

Step 4: Verification and Communication

- Once submitted, the Nutrition Services team will review your request and may contact you or your healthcare provider for clarification if needed.
- You will receive confirmation once the accommodation is approved and implemented.

Step 5: Implementation

- Approved accommodations will be communicated to the school staff, and appropriate dietary modifications will be provided.

Important Notes:

- Please submit requests as early as possible to allow sufficient time for processing.
- Updated forms must be submitted if there are any changes to the child's medical condition or dietary needs.

For further assistance or questions, please contact the Nutrition Services Department at (253) 571-3370 or nutritionservices@tacoma.k12.wa.us.