



JANUARY 2025 LUNCH INGREDIENT

MONDAY, JANUARY 6

CAVATAPPI PASTA BAR (CONTAINS: WHEAT, SOY)

CAVATAPPI: SEMOLINA (WHEAT), DURUM WHEAT FLOUR, VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID (CONTAINS: WHEAT)

ALFREDO SAUCE (CONTAINS: DAIRY)

HEAVY CREAM (CREAM), WATER, PARMIGIANO REGGIANO CHEESE (COW'S MILK, SALT, RENNET), PECORINO ROMANO CHEESE (PASTEURIZED CULTURED SHEEP'S MILK, RENNET, SALT), ONIONS, CORNSTARCH, NATURAL FLAVOR, SALT, AUTOLYZED YEAST EXTRACT, GARLIC, NATURAL FLAVOR, SPICE, PAPRIKA, OLIVE OIL, VEGETABLE OIL, PARSLEY, GARLIC, SALT, THYME

MARINARA SAUCE (GLUTEN FREE) (CONTAINS: SOY)

TOMATO PUREE (WATER, TOMATO PASTE), DICED TOMATOES, LESS THAN 2% OF: SUGAR, SOYBEAN OIL, SALT, SPICE, DRIED GARLIC, DRIED ONION, OLIVE OIL, CITRIC ACID, SEA SALT, POTASSIUM CHLORIDE, NATURAL FLAVOR

FRESH VEGGIE MEDLEY (MADE WITHOUT GLUTEN, DAIRY FREE)

BROCCOLI CARROTS, GREEN BEANS, SALT, PEPPER, OLIVE OIL

FRENCH BREAD (CONTAINS: GLUTEN)

UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SALT, YEAST, MALTED BARLEY FLOUR

TUESDAY, JANUARY 7

INDIAN BUTTER CHICKEN (MADE WITHOUT GLUTEN, DAIRY FREE)

CHICKEN, DICED TOMATOES (TOMATOES, TOMATO PUREE, SALT, CITRIC ACID), ONION, CHILI SAUCE, WATER, TURMERIC, MUSTARD SEED, CUMIN, GROUND GINGER, GARLIC, GARAM MASALA (BLACK PEPPER, WHITE PEPPER, CLOVES, CINNAMON, NUTMEG, CARDAMOM, BAY LEAF, CUMIN), OLIVE OIL, SALT

INDIAN VEGAN BUTTER CHICKPEAS (MADE WITHOUT GLUTEN, DAIRY FREE)

CHICKPEAS, DICED TOMATOES (TOMATOES, TOMATO PUREE, SALT, CITRIC ACID), ONION, CHILI SAUCE, WATER, TURMERIC, MUSTARD SEED, CUMIN, GROUND GINGER, GARLIC, GARAM MASALA (BLACK PEPPER, WHITE PEPPER, CLOVES, CINNAMON, NUTMEG, CARDAMOM, BAY LEAF, CUMIN), OLIVE OIL, SALT

BASMATI RICE (MADE WITHOUT GLUTEN, DAIRY FREE)

WATER, BASMATI RICE, OLIVE OIL, SALT

ALOO GOBI (MADE WITHOUT GLUTEN, DAIRY FREE)

POTATO, CAULIFLOWER, ONION, TOMATO, CUMIN, GINGER, TURMERIC, CHILI POWDER, MASALA, CORIANDER, OIL, CILANTRO, SALT

NAAN (CONTAINS: WHEAT, SOY, EGG, DAIRY)

ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID), BUTTERMILK (NONFAT MILK, DRY BUTTERMILK, BACTERIAL CULTURE), WATER, SOYBEAN OIL, CULTURED WHEAT FLOUR, EGGS, SUGAR, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORN STARCH, MONOCALCIUM PHOSPHATE), SEA SALT, GHEE (CLARIFIED BUTTER), WHEAT GLUTEN, DEXTROSE, DEXTRIN, CARROT FIBER, YEAST

JANUARY 2025 LUNCH INGREDIENT

WEDNESDAY, JANUARY 8

HAMBURGERS (CONTAINS: WHEAT, SOY)

BEEF BURGERS: BEEF, SEASONING (SALT, DEXTROSE, NATURAL FLAVORS, SPICE), NATURAL FLAVORING

VEGGIE BURGERS (CONTAINS: WHEAT, SOY)

BLACK BEAN BURGER: WATER, COOKED BLACK BEANS (BLACK BEANS, WATER), COOKED BROWN RICE (WATER, BROWN RICE), SOY PROTEIN CONCENTRATE, ONIONS, WHOLE KERNEL CORN, HYDRATED BULGUR WHEAT (WATER, BULGUR WHEAT), SOY PROTEIN ISOLATE, GREEN CHILES, CANOLA OIL, CONTAINS TWO PERCENT OR LESS OF SALT, SPICES, RED BELL PEPPERS, BLACK BEAN POWDER, METHYLCELLULOSE, YEAST EXTRACT, SUGAR, ONION POWDER, TOMATO POWDER, CARAMEL COLOR, NATURAL FLAVOR, GARLIC POWDER, PAPRIKA (COLOR), TURMERIC (COLOR).

HAMBURGER BUNS (CONTAINS: WHEAT, SOY)

PATENT FLOUR (ENRICHED WHEAT FLOUR [NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], MALTED BARLEY FLOUR), WATER, SUGAR, FRESH BAKED POTATO BASE (POTATO GRANULES, SALT, WHEAT GLUTEN, WHEAT FLOUR, YELLOW CORN FLOUR, CANOLA OIL, MONO AND DIGLYCERIDES, CALCIUM SULFATE, NATURAL FLAVOR, YEAST, ANNATTO, TURMERIC, ENZYMES, ASCORBIC ACID, SOYBEAN OIL), YEAST, DOUGH CONDITIONER (CULTURED WHEAT FLOUR), SOYBEAN OIL, DOUGH CONDITIONER (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID, ENZYMES), DOUGH CONDITIONER (WHEAT FLOUR, ENZYMES), DOUBLE SPICE (YELLOW CORN FLOUR, COLORS [TURMERIC, PAPRIKA], MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS), DOUGH CONDITIONER (WATER, MONOGLYCERIDES, PROPIONIC ACID, PHOSPHORIC ACIDS)

WAFFLE FRIES (CONTAINS: SOY)

POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA, PALM, SOYBEAN, SUNFLOWER), DISODIUM DIHYDROGEN PYROPHOSPHATE (TO PROMOTE COLOR RETENTION), DEXTROSE.

COLESLAW (GLUTEN FREE) (CONTAINS: EGGS)

CABBAGE, CARROTS, HELLMANN'S MAYONNAISE (SOYBEAN OIL, WATER, WHOLE EGGS AND EGG YOLKS, VINEGAR, SALT, SUGAR, LEMON JUICE, CALCIUM DISODIUM EDTA(USED TO PROTECT QUALITY), NATURAL FLAVORS), DIJON MUSTARD (DISTILLED VINEGAR, WATER, MUSTARD SEED, SALT, TURMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER), SUGAR, APPLE CIDER VINEGAR (APPLE CIDER VINEGAR DILUTED WITH WATER TO 5% ACIDITY), BLACK PEPPER, SALT

THURSDAY, JANUARY 9

CHICKEN SHAWARMA (MADE WITHOUT GLUTEN)

CHICKEN, LEMON JUICE, CURRY POWDER, CUMIN, GARLIC, SALT, OIL

FALAFEL Shawarma (CONTAINS: SOY)

CHICKPEAS, WATER, ONIONS, CANOLA OIL, PARSLEY, CARROTS, SPICES, GARLIC, VINEGAR, MODIFIED CELLULOSE, SALT, LIME JUICE CONCENTRATE, SODIUM BICARBONATE, CARRAGEENAN, CARAMEL (COLOR), MUSTARD

PITA BREAD (CONTAINS: DAIRY, WHEAT)

ENRICHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE B1, RIBOFLAVIN B2, FOLIC ACID], WATER, SOYBEAN OIL AND/OR CANOLA OIL, CONTAINS 2 OR LESS OF: YEAST, SALT, SUGAR, WHOLE WHEAT FLOUR, DOUGH CONDITIONER CALCIUM SULFATE, ACACIA GUM, MONO- AND DIGLYCERIDES, ENZYMES, BAKING POWDER SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONO-CALCIUM PHOSPHATE, NONFAT DRY MILK, YEAST NUTRIENTS AMMONIUM SULFATE, ASCORBIC ACID, CALCIUM PROPIONATE AND POTASSIUM SORBATE PRESERVATIVES.

TOPPINGS

DICED TOMATOES, FETA CHEESE, CUCUMBERS, **TZATZIKI SAUCE:** CUCUMBER, NONFAT GREEK YOGURT (NONFAT YOGURT (CULTURED PASTEURIZED NONFAT MILK), LIVE AND ACTIVE CULTURES: S. THERMOPHILUS, L. BULGARICUS, L. ACIDOPHILUS, BIFIDUS AND L. CASEI), GRANULATED GARLIC, LEMON JUICE, SUGAR, DILL, LEMON ZEST, KOSHER SALT (CONTAINS: DAIRY)

TABOULEH (MADE WITHOUT GLUTEN), (DAIRY FREE)

COUSCOUS, OLIVE OIL, VEGETABLE OIL, PARSLEY, KOSHER SALT, CUMIN, BLACK PEPPER, CUCUMBERS, TOMATOS, RED ONIONS, MINT

JANUARY 2025 LUNCH INGREDIENT

FRIDAY, JANUARY 10

GRILLED BEEF FAJITAS

STEAK: SIRLOIN STEAK, SALT, PEPPER, BELL PEPPERS (MADE WITHOUT GLUTEN, DAIRY FREE)

GRILLED PORTOBELLO MUSHROOMS & VEGGIE FAJITAS

PORTOBELLO MUSHROOM & VEGGIE: ROASTED RED PEPPERS, YELLOW PEPPERS, GREEN PEPPERS, RED ONION, OLIVE OIL, BLACK PEPPER, SALT (MADE WITHOUT GLUTEN, DAIRY FREE)

FLOUR TORTILLAS (CONTAINS: WHEAT, SOY)

ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (INTERESTERIFIED SOYBEAN OIL, FULLY HYDROGENATED SOYBEAN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, MONO AND DIGLYCERIDES, DEXTROSE, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ALUMINUM SULFATE), FUMARIC ACID, YEAST, PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), CORN STARCH, CARBOXYMETHYL GUM, WHEAT STARCH, XANTHAN GUM, ENZYMES (WHEAT STARCH, MICROCRYSTALLINE CELLULOSE), DOUGH CONDITIONER (SODIUM METABISULFITE)

CILANTRO LIME RICE (MADE WITHOUT GLUTEN, DAIRY FREE)

WATER, LONG GRAIN RICE, OLIVE OIL, SALT, CILANTRO, LIME

FIESTA CORN (MADE WITHOUT GLUTEN)

YELLOW CORN, TOMATOES, LIME JUICE, CILANTRO, GREEN ONIONS, RED PEPPER, YELLOW PEPPER, CUMIN, OLIVE OIL, VEGETABLE OIL, KOSHER SALT

PICO DE GALLO, GREEN ONIONS (MADE WITHOUT GLUTEN)

CHEDDAR CHEESE (CONTAINS: DAIRY)

CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, COLOR ADDED), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYCIN (A NATURAL MOLD INHIBITOR)

SOUR CREAM (CONTAINS: DAIRY)

CULTURED CREAM (MILK), ENZYME

CHURROS WITH CINNAMON SUGAR (CONTAINS: DAIRY, EGG, SOY, WHEAT)

ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: SUNFLOWER OIL, COTTONSEED OIL, SOYBEAN OIL), EGG WHITES, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, AMMONIUM CARBONATE), VITAL WHEAT GLUTEN, WHEAT STARCH, SALT, CORN STARCH, SUGAR, DEXTROSE, MONOGLYCERIDES, GUAR GUM, ARTIFICIAL FLAVOR, YEAST, SOY FLOUR, NONFAT MILK

MONDAY, JANUARY 13

5 CHEESE ZITI AL FORNO (CONTAINS: WHEAT, SOY, DAIRY)

ZITI PASTA (DURUM WHEAT SEMOLINA, NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID) ALFREDO SAUCE: WHOLE MILK, PECORINO ROMANO CHEESE (PASTEURIZED SHEEP'S MILK, CULTURES, ENZYMES, SALT, CORN STARCH AND POWDERED CELLULOSE), HEAVY CREAM (CREAM, CARRAGEENAN), CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, GUAR GUM, CAROB BEAN GUM, AND XANTHAN GUM), BUTTER -UNSALTED, MODIFIED FOOD STARCH, SALT, GRANULATED GARLIC, NUTMEG AND BLACK PEPPER MARINARA SAUCE TOMATO PUREE (WATER, TOMATO PASTE), DICED TOMATOES, LESS THAN 2% OF: SUGAR, SOYBEAN OIL, SALT, SPICE, DRIED GARLIC, DRIED ONION, OLIVE OIL, CITRIC ACID, SEA SALT, POTASSIUM CHLORIDE, NATURAL FLAVOR CHEESE (RICOTTA) - SWEET WHEY, WHOLE MILK, SWEET CREAM, CULTURE, VINEGAR AND SALT) (MOZZARELLA & PROVOLONE) - (LOW-MOISTURE MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES) NOT SMOKED PROVOLONE CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), POTATO STARCH, CORN STARCH AND POWDERED CELLULOSE (TO PREVENT CAKING), NATAMYCIN (A NATURAL MOLD INHIBITOR), (PARMESAN)- (PASTEURIZED PART-SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYCIN (A NATURAL MOLD INHIBITOR) KOSHER SALT, PEPPER, RED PEPPER FLAKES, SPICES, PANKO BREAD CRUMBS (WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT), GARLIC, OLIVE OIL, BASIL, PARSLEY

SAUTEED BROCCOLI (GLUTEN FREE)

BROCCOLI, OLIVE OIL, KOSHER SALT, PEPPER

TEXAS TOAST (CONTAINS WHEAT, DAIRY, SOY)

ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYMES, FOLIC ACID), WATER, SUGAR, YEAST, SALT, SOYBEAN OIL, CULTURED CORN SYRUP (TO MAINTAIN FRESHNESS), LACTIC ACID, MALTED BARLEY FLOUR, ENZYMES, ASCORBIC ACID, RYE FLOUR. TOPPING: MARGARINE (CANOLA, COTTONSEED AND/OR SOYBEAN OILS, PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, SOY LECITHIN, NATURAL FLAVOR, ANNATTO EXTRACT COLOR, TURMERIC EXTRACT COLOR, VITAMIN A PALMITATE), GRANULATED GARLIC, SALT, LACTIC ACID, NATURAL FLAVORS, PARSLEY GRANULES

JANUARY 2025 LUNCH INGREDIENT

TUESDAY, JANUARY 14

ORANGE BEEF STIR FRY (CONTAINS: GLUTEN, SOY)

FLANK STEAK, SEPARABLE LEAN ONLY, TRIMMED TO 0" FAT, CHOICE, RAW, ORANGE JUICE (WATER, SOYBEANS, WHEAT, SALT, SODIUM BENZOATE: LESS THAN 1/10 OF 1 AS A PRESERVATIVE), CORNSTARCH, KIKKOMAN SOY SAUCE (WATER, SOYBEANS, WHEAT, SALT), GREEN ONIONS, BROWN SUGAR, GARLIC, GINGER

ORANGE TOFU STIR FRY (CONTAINS: GLUTEN, SOY)

TOFU (WATER, WHOLE SOYBEANS, NIGARI (SEA WATER EXTRACT), CALCIUM SULFATE), BROCCOLI, ORANGE JUICE (WATER, SOYBEANS, WHEAT, SALT, SODIUM BENZOATE: LESS THAN 1/10 OF 1 AS A PRESERVATIVE), CORNSTARCH, KIKKOMAN SOY SAUCE (WATER, SOYBEANS, WHEAT, SALT), GREEN ONIONS, BROWN SUGAR, GARLIC, GINGER

VEGGIE LO MEIN (CONTAINS: GLUTEN, SOY)

SODA NOODLES, BROCCOLI, SUGAR, TERIYAKI SAUCE (WATER, SOYBEANS, WHEAT, SALT, SODIUM BENZOATE: LESS THAN 1/10 OF 1 AS A PRESERVATIVE), MUSHROOMS, RED PEPPER, YELLOW PEPPER, GREEN ONIONS, CARROTS, CABBAGE, GINGER, GARLIC

VEGETABLE STIR FRY (CONTAINS: GLUTEN, SOY)

BROCCOLI, CAULIFLOWER, CARROTS, BABY CORN, RED PEPPERS, SALT, PEPPER, OLIVE OIL, SOY SAUCE

WEDNESDAY, JANUARY 15

CRISPY CHICKEN SANDWICH (CONTAINS: WHEAT, DAIRY, SOY)

CHICKEN BREAST, SALT, SODIUM PHOSPHATES, BREADED WITH: WHEAT FLOUR, WATER, BLEACHED WHEAT FLOUR, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, EXTRACTIVES OF TURMERIC, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SALT, SPICE EXTRACTIVE, SUGAR, WHEAT GLUTEN, YEAST, YELLOW CORN FLOUR. BREADING SET IN VEGETABLE OIL

CRISPY MEATLESS CHICKEN SANDWICH (CONTAINS: WHEAT, DAIRY, EGGS)

MYCOPROTEIN, WHEAT FLOUR, WATER, EXPELLER PRESSED CANOLA OIL, WHEAT STARCH, CONTAINS 2% OR LESS OF: WHEAT GLUTEN, MILK PROTEIN ISOLATE, SALT, FREE RANGE EGG WHITE POWDER, POTATO DEXTRIN, NONFAT MILK, WHEAT MALTODEXTRIN, MODIFIED CORN STARCH, SPICES, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), YEAST EXTRACT, CALCIUM ACETATE, CALCIUM CHLORIDE, DEXTROSE, TURBINADO SUGAR, PECTIN, GUAR GUM, YEAST, SUGAR, MALTODEXTRIN, NATURAL FLAVORS, POTASSIUM PHOSPHATES

POTATO KAISER ROLL (CONTAINS: WHEAT, SOY)

PATENT FLOUR (ENRICHED WHEAT FLOUR [NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], Malted Barley Flour), WATER, SUGAR, FRESH BAKED POTATO BASE (POTATO GRANULES, SALT, WHEAT GLUTEN, WHEAT FLOUR, YELLOW CORN FLOUR, CANOLA OIL, MONO AND DIGLYCERIDES, CALCIUM SULFATE, NATURAL FLAVOR, YEAST, ANNATTO, TURMERIC, ENZYMES, ASCORBIC ACID, SOYBEAN OIL), YEAST, DOUGH CONDITIONER (CULTURED WHEAT FLOUR), SOYBEAN OIL, DOUGH CONDITIONER (WHEAT FLOUR, Malted Barley Flour, ASCORBIC ACID, ENZYMES), DOUGH CONDITIONER (WHEAT FLOUR, ENZYMES), DOUBLE SPICE (YELLOW CORN FLOUR, COLORS [TURMERIC, PAPRIKA], MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS), DOUGH CONDITIONER (WATER, MONOGLYCERIDES, PROPIONIC ACID, PHOSPHORIC ACIDS)

BROCCOLI SLAW (GLUTEN FREE) (CONTAINS: EGGS)

BROCCOLI, CARROTS, HELLMANN'S MAYONNAISE (SOYBEAN OIL, WATER, WHOLE EGGS AND EGG YOLKS, VINEGAR, SALT, SUGAR, LEMON JUICE, CALCIUM DISODIUM EDTA (USED TO PROTECT QUALITY), NATURAL FLAVORS), DIJON MUSTARD (DISTILLED VINEGAR, WATER, MUSTARD SEED, SALT, TURMERIC, PAPRIKA, SPICE, NATURAL FLAVORS AND GARLIC POWDER), SUGAR, APPLE CIDER VINEGAR (APPLE CIDER VINEGAR DILUTED WITH WATER TO 5% ACIDITY), BLACK PEPPER, SALT

SWEET POTATO WAFFLE FRIES (MADE WITHOUT GLUTEN, DAIRY FREE)

SWEET POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: HIGH OLEIC CANOLA, CANOLA, SUNFLOWER), MODIFIED FOOD STARCH (POTATO, CORN), SUGAR, CORN GRIT, CORN STARCH, DEXTRIN, SEA SALT, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO PROMOTE COLOR RETENTION), SPICE, CORN FLOUR, RICE FLOUR, COLOR (ANNATTO, TURMERIC), OLEORESIN PAPRIKA, XANTHAN GUM.

THURSDAY, JANUARY 16

SWEDISH MEATBALLS (CONTAINS: DAIRY, SOY, WHEAT)

MEATBALLS: BEEF, WATER, VEGETABLE PROTEIN PRODUCT [SOY PROTEIN CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2), CYANOCOBALAMIN (B12), (MAY CONTAIN CARAMEL COLOR)], SEASONING [DEXTROSE, TOMATO POWDER, SOYBEAN OIL, DISODIUM INOSINATE, DISODIUM GUANYLATE, SPICE EXTRACTIVES, NONFAT DRY MILK], BELL PEPPERS, ONIONS, BREAD CRUMBS [BLEACHED WHEAT FLOUR, SOYBEAN OIL, DEXTROSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), WHEY, OLEORESIN PAPRIKA], SALT, SODIUM PHOSPHATE. SET IN VEGETABLE OIL. (CONTAINS: MILK, SOY, WHEAT), **SWEDISH SAUCE:** BROWN GRAVY, SOUR CREAM, PARSLEY, SALT, BLACK PEPPER, GARLIC

SWEDISH VEGGIE MEATBALLS (CONTAINS: WHEAT, SOY, DAIRY)

PORTABELLA MUSHROOM, WATER, ONION, BLACK BEANS, IQF BROWN RICE COOKED BROWN RICE, ROLLED OATS, QUICK GRITS WHITE HOMINY CORN GRITS, QUINOA, DICED RED PEPPERS RED BELL PEPPERS, WATER, VINEGAR, CITRIC ACID, SALT, SUGAR, CALCIUM CHLORIDE, CORN, GREEN PEPPER, CORNSTARCH, CANOLA OIL, XANTHAN GUM, ROASTED JALAPENO PEPPERS, GARLIC POWDER, SALT, OREGANO, GROUND CUMIN SEEDS, PARSLEY, CHILI PEPPER, BLACK PEPPER, ROSEMARY, **SWEDISH SAUCE:** BROWN GRAVY, SOUR CREAM, PARSLEY, SALT, BLACK PEPPER, GARLIC

EGG NOODLE (CONTAINS: WHEAT, EGG)

SEMOLINA, DURUM FLOUR, ENRICHED WITH IRON (FERROUS SULFATE) AND B VITAMINS (NIACIN, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, KOSHER SALT, OLIVE OIL, VEGETABLE OIL

GREEN PEAS (MADE WITHOUT GLUTEN, DAIRY FREE)

GREEN BEANS, SALT, PEPPER, OLIVE OIL

FRIDAY, JANUARY 17

ROASTED CHICKEN THIGHS (DAIRY FREE)

CHICKEN THIGH, OLIVE OIL, VEGETABLE OIL, SUGAR, PARSLEY, GARLIC, LEMON ZEST, KOSHER SALT, RED PEPPER FLAKES

VEGETABLE FRITTATA (CONTAINS DAIRY, EGG)

MUSHROOM, RED PEPPER, ONION, SPINICH, ONION, PARMESAN CHEESE, WHOLE MILK (MILK, VITAMIN D3), CHEDDAR & MONTEREY JACK (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO COLOR), MONTEREY JACK CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYCIN (A NATURAL MOLD INHIBITOR), FLOUR (BLEACHED WHEAT FLOUR, ENRICHED (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), KOSHER SALT, BLACK PEPPER

CONFETTI RICE (MADE WITHOUT GLUTEN, DAIRY FREE)

WATER, LONG GRAIN RICE, OLIVE OIL, SALT, RED & YELLOW PEPPER

BROCCOLI & CAULIFLOWER (MADE WITHOUT GLUTEN, DAIRY FREE)

CAULIFLOWER, BROCCOLI, KOSHER SALT, PARSLEY, OLIVE OIL, VEGETABLE OIL, BLACK PEPPER

CHOCOLATE & VANILLA PUDDING (GLUTEN FREE) (CONTAINS: DAIRY)

VANILLA: WATER, NONFAT MILK, SUGAR, MODIFIED CORN STARCH, PALM OIL, LESS THAN 2% OF: CALCIUM CARBONATE, SALT, SODIUM STEAROYL LACTYLATE, DISODIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVORS, COLOR ADDED (INCLUDING YELLOW 5 AND YELLOW 6)

CHOCOLATE: WATER, NONFAT MILK, SUGAR, MODIFIED CORN STARCH, PALM OIL, COCOA (PROCESSED WITH ALKALI), LESS THAN 2% OF: SALT, SODIUM STEAROYL LACTYLATE, NATURAL AND ARTIFICIAL FLAVORS

JANUARY 2025 LUNCH INGREDIENT

MONDAY, JANUARY 20



TUESDAY, JANUARY 21

CHILI CON CARNE (MADE WITHOUT GLUTEN, DAIRY FREE)

GROUND BEEF, ONION, DICED TOMATOES WITH JUICE, SOUP, BEEF BROTH BOUILLON AND CONSOMME, CANNED, CONDENSED, RED KIDNEY BEAN, TOMATO PASTE (TOMATOES), RED PEPPER, YELLOW PEPPER, OLIVE OIL, JALAPENOS, KOREAN RED CHILI PEPPER POWDER, CUMIN SEED, GARLIC, WHITE PEPPER, KOSHER SALT, OREGANO, DRY, CAYENNE PEPPER

VEGGIE CHILI (MADE WITHOUT GLUTEN, DAIRY FREE)

BLACK BEANS (ORGANIC BLACK BEANS, WATER, SEA SALT, CALCIUM CHLORIDE), ONION, RED KIDNEY BEAN, GARLIC, CHILI SAUCE, RED PEPPER, YELLOW PEPPER, DICED TOMATOES (TOMATOES, TOMATO PUREE, SALT, CITRIC ACID), CUMIN

WHITE RICE (MADE WITHOUT GLUTEN, DAIRY FREE)

WATER, LONG GRAIN RICE, OLIVE OIL, SALT

PLANTAINS (MADE WITHOUT GLUTEN, DAIRY FREE)

PLANTAINS, KOSHER SALT, OLIVE OIL, VEGETABLE OIL

CORN BREAD (CONTAINS: GLUTEN, SOY, DAIRY, EGGS)

ENRICHED BLEACHED FLOUR WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, EGGS, WATER, SUGAR, SOYBEAN OIL, YELLOW CORN MEAL, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2 OR LESS: SKIM MILK, MODIFIED CORN STARCH, LEAVENING SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORN STARCH, MONOCALCIUM PHOSPHATE, SALT, MONO- AND DIGLYCERIDES, LACTOSE, MILK PROTEIN CONCENTRATE, XANTHAN GUM

JANUARY 2025 LUNCH INGREDIENT

WEDNESDAY, JANUARY 22

BBQ CHICKEN DRUMSTICK (GLUTEN FREE)

CHICKEN DRUMSTICK, BBQ SAUCE **BBQ SAUCE:** TOMATO PASTE, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, WATER, DISTILLED VINEGAR, MOLASSES, SALT, MUSTARD BRAN, NATURAL HICKORY SMOKE FLAVOR, SPICE, ONION, POWDER, CELERY SEED, SODIUM BENZOATE AS A PRESERVATIVE, GARLIC POWDER, SUGAR & NATURAL FLAVORS

MUSHROOM QUICHE (CONTAINS: DAIRY, WHEAT, EGG)

MUSHROOM, ONION, PARMESAN CHEESE, BASIL, PIE CRUST, WHOLE MILK (MILK, VITAMIN D3), CHEDDAR & MONTEREY JACK (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO COLOR), MONTEREY JACK CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYCIN (A NATURAL MOLD INHIBITOR), FLOUR (BLEACHED WHEAT FLOUR, ENRICHED (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), KOSHER SALT, BLACK PEPPER

RED SKIN MASHED POTATOES (GLUTEN FREE - CONTAINS: DAIRY)

RED SKIN POTATOES, BUTTER, WHOLE MILK, SALT, PEPPER

SAUTEED KALE (GLUTEN FREE)

KALE, OLIVE OIL, KOSHER SALT, PEPPER

THURSDAY, JANUARY 23

SUPREME NACHO STATION

TORTILLA CHIPS (GLUTEN FREE) (MAY CONTAIN SOY)

WHOLE YELLOW CORN, VEGETABLE OIL (COTTONSEED AND/OR SOYBEAN OIL), SALT

SEASONED BEEF (MADE WITHOUT GLUTEN) (DAIRY FREE)

GROUND BEEF, TOMATO SAUCE, CHILI SAUCE, ONIONS, BLACK PEPPER, PAPRIKA, CUMIN, OLIVE OIL, CORNSTARCH, OREGANO, SALT, RED PEPPER FLAKES

SEASONED MEATLESS BEEF (CONTAINS: SOY)

WATER, SOY PROTEIN CONCENTRATE, EXPELLER PRESSED CANOLA OIL, ORGANIC CANE SUGAR, SEA SALT, YEAST EXTRACT, ONION POWDER, GARLIC POWDER, CARAMEL COLOR, NATURAL FLAVORS (FROM PLANT SOURCES), SPICE, TOMATO SAUCE, CHILI SAUCE, ONIONS, BLACK PEPPER, PAPRIKA, CUMIN, OLIVE OIL, CORNSTARCH, OREGANO, SALT, RED PEPPER FLAKES

CHEESE SAUCE (CONTAINS: DAIRY)

WHEY (MILK), FOOD STARCH-MODIFIED, MALTODEXTRIN, PALM OIL, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), NONFAT MILK, BUTTERMILK, SALT, CONTAINS LESS THAN 2% OF AUTOLYZED YEAST EXTRACT, CHEESES (BLUE, CHEDDAR [MILK, CHEESE CULTURE, SALT, ENZYMES]), DISODIUM PHOSPHATE, CORN SYRUP SOLIDS, AGED CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), SODIUM CASEINATE (MILK), LACTIC ACID, NATURAL AND ARTIFICIAL FLAVORS, CITRIC ACID, SODIUM PHOSPHATE, FD&C YELLOW #6, FD&C YELLOW #5, DISODIUM GUANYLATE, DISODIUM INOSINATE, MONO- AND DIGLYCERIDES, PAPRIKA EXTRACT

REFRIED BEANS (GLUTEN FREE)

WATER, PINTO BEANS, SALT, COTTONSEED OIL, GARLIC POWDER, LIME JUICE, CILANTRO, GREEN ONIONS, RED PEPPER, YELLOW PEPPER, CUMIN, OLIVE OIL, VEGETABLE OIL, KOSHER SALT

PICO DE GALLO, GREEN ONIONS, GUACAMOLE (MADE WITHOUT GLUTEN)

CHEDDAR CHEESE (CONTAINS: DAIRY)

CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, COLOR ADDED), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYCIN (A NATURAL MOLD INHIBITOR)

SOUR CREAM (CONTAINS: DAIRY)

CULTURED CREAM (MILK), ENZYME

JANUARY 2025 LUNCH INGREDIENT LIST

FRIDAY, JANUARY 24

CHICKEN PARMESAN (CONTAINS: WHEAT, DAIRY, SOY)

CHICKEN BREAST, PARMESAN CHEESE, RICOTTA, PANKO, PARSLEY, SALT, PEPPER, ROMANO CHEESE, COW'S MILK, CHEESE CULTURES, WHEY, DISODIUM PHOSPHATE, LACTIC ACID, SOY PROTEIN CONCENTRATE, SODIUM PHOSPHATE, FLAVORING, SUGAR, HYDROLYZED SOY PROTEIN, CITRIC ACID, DISODIUM INOSINATE, DISODIUM GUANYLATE, DEHYDRATED PARSLEY. **MARINARA SAUCE**—TOMATO PUREE, DICED TOMATOES, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, SALT, DRIED GARLIC, DRIED ONION, CITRIC ACID, DRIED PARSLEY, SPICES)

EGGPLANT PARMESAN (CONTAINS: WHEAT, DAIRY, EGG, SOY)

BREADED EGGPLANT: EGGPLANT, BREADING (WHEAT FLOUR, YELLOW CORN FLOUR, SALT, ROMANO AND PARMESAN CHEESES [MADE FROM PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES], DRIED YEAST, DEXTROSE, SPICES, PARSLEY, GARLIC POWDER, ONION POWDER, NATURAL FLAVOR, OLEORESIN PAPRIKA, ANNATO EXTRACT), SOYBEAN OIL, BATTER (YELLOW CORN FLOUR, WHEAT FLOUR, SALT, LEAVENING [SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE], DRIED WHEY, SPICE, MILK PROTEIN CONCENTRATE, SODIUM ALGINATE, SPICE EXTRACT), WATER, DRIED WHOLE EGGS, PARMESAN CHEESE, RICOTTA CHEESE, PARSLEY, PANKO, MARINARA SAUCE (TOMATO PUREE (WATER, TOMATO PASTE), DICED TOMATOES, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, SALT, DRIED GARLIC, DRIED ONION, CITRIC ACID, DRIED PARSLEY, SPICES)

PENNE PASTA (CONTAINS: WHEAT)

PENNE: SEMOLINA (WHEAT), DURUM WHEAT FLOUR. VITAMINS/MINERALS: VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID

MARINARA SAUCE: TOMATO PUREE (WATER, TOMATO PASTE), TOMATOES, ONIONS, LESS THAN 2% OF: BROWN SUGAR, EXTRA VIRGIN OLIVE OIL, SALT, CITRIC ACID, BASIL, GARLIC POWDER, DRIED OREGANO, ONION POWDER, NATURAL FLAVOR, BLACK PEPPER, DRIED PARSLEY, GROUND FENNEL, GROUND SAVORY, GROUND THYME, CALCIUM CHLORIDE

ROASTED BROCCOLI (GLUTEN FREE)

BROCCOLI, OLIVE OIL, KOSHER SALT, WATER, PEPPER

BREADSTICK

WHOLE WHEAT FLOUR, ENRICHED FLOUR ({WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID}), MALTED BARLEY FLOUR, WATER, SOYBEAN OIL, SUGAR, CONTAINS LESS THAN 2%: SALT, POTASSIUM CHLORIDE, YEAST, ASCORBIC ACID (DOUGH CONDITIONER), MICROBIAL ENZYMES, VEGETABLE PROTEIN. SPREAD: VEGETABLE OIL BLEND (SOYBEAN, PALM), WATER, CRUSHED GARLIC, DRIED GARLIC, SALT, CONTAINS 2% OR LESS: SWEET CREAM BUTTERMILK, MONOGLYCERIDES, NATURAL FLAVORS, ONION POWDER, SUNFLOWER LECITHIN, SPICE, GARLIC EXTRACT, LACTIC ACID, BETA-CAROTENE (FOR COLOR).

OREO CHUNK COOKIE (CONTAINS: DAIRY, EGGS, SOY, WHEAT)

FLOUR (BLEACHED WHEAT FLOUR, ENRICHED (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MALTED BARLEY FLOUR, POTASSIUM BROMATE), BROWN SUGAR, MARGARINE (SOYBEAN OIL, PALM OIL AND PALM KERNEL OIL, WATER, SALT, MONO AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE (PRESERVATIVE), ARTIFICIAL BUTTER FLAVOR, BETA CAROTENE, VITAMIN A PALMITATE), OREO COOKIES (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), SUGAR, PALM AND/OR CANOLA OIL, COCOA (PROCESSED WITH ALKALI), HIGH FRUCTOSE, CORN SYRUP, LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, CHOCOLATE, ARTIFICIAL

MONDAY, JANUARY 27

CHEESE RAVIOLI (CONTAINS WHEAT, DAIRY, EGG, SOY)

ENRICHED SEMOLINA FLOUR (SEMOLINA FLOUR [NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), RICOTTA CHEESE (PASTEURIZED MILK, PASTEURIZED WHEY, PASTEURIZED CREAM, VINEGAR, SALT), WATER, ROMANO CHEESE (PASTEURIZED COW'S AND/OR SHEEP'S MILK, CHEESE CULTURE, SEA SALT, ENZYMES), PASTEURIZED EGGS, PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, AND ENZYMES), ASIAGO CHEESE (PASTEURIZED PART SKIM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), SALT, DIETARY FIBER, STABILIZERS (PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM), BETA CAROTENE (COLOR), PARSLEY, SPICES, GARLIC POWDER

MARINARA SAUCE: (GLUTEN FREE) (CONTAINS: SOY)

TOMATO PUREE (WATER, TOMATO PASTE), DICED TOMATOES, LESS THAN 2% OF: SUGAR, SOYBEAN OIL, SALT, SPICE, DRIED GARLIC, DRIED ONION, OLIVE OIL, CITRIC ACID, SEA SALT, POTASSIUM CHLORIDE, NATURAL FLAVOR

CREAMY PESTO SAUCE: (CONTAINS: WHEAT, DAIRY, SOY)

HALF AND HALF (CREAM, MILK), WATER, PARMESAN AND ROMANO CHEESES (PASTEURIZED PART-SKIM COW'S MILK, CHEESE CULTURE, SALT, ENZYMES), BUTTER (CREAM [MILK], SALT), MARGARINE (SOYBEAN OIL, HYDROGENATED SOYBEAN OIL, WATER, SALT, CONTAINS 2% OR LESS OF: VEGETABLE MONO- AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [A PRESERVATIVE], CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, BETA CAROTENE [COLOR], VITAMIN A PALMITATE ADDED), MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEAT FLOUR, DATEM, MONO- AND DIGLYCERIDES, SPICE, GARLIC POWDER, PAPRIKA, BASIL

ROASTED ZUCCHINI (MADE WITHOUT GLUTEN, DAIRY FREE)

ZUCCHINI, SALT, PEPPER, OIL

FRENCH BREAD (CONTAINS: WHEAT, DAIRY)

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SALT, WHEAT GLUTEN, DOUGH CONDITIONERS (ASCORBIC ACID, ENZYMES)

JANUARY 2025 LUNCH INGREDIENT LIST

TUESDAY, JANUARY 28

FRENCH TOAST STICKS (CONTAINS: WHEAT, SOY)

BREAD (UNBLEACHED ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WATER, SUGAR, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, WHEAT GLUTEN, CULTURED WHEAT FLOUR, YELLOW CORN FLOUR, SPICES [ANNATTO, TURMERIC {FOR COLOR}], SALT, VINEGAR, SODIUM STEAROYL LACTYLATE, ENZYMES, CALCIUM SULFATE, CALCIUM IODATE, CALCIUM PEROXIDE, ASCORBIC ACID), WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SOYBEAN AND/OR CANOLA), SUGAR, YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF: SOY FLOUR, IODIZED SALT, SALT, DEXTROSE, NATURAL FLAVORS, LEAVENING (MONOCALCIUM PHOSPHATE, BAKING SODA), MODIFIED FOOD STARCH, SOY LECITHIN, INSTANT YEAST, CARRAGEENAN, GUM ARABIC

MAPLE SYRUP: CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, SUGAR, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR, SALT, CELLULOSE GUM, POTASSIUM SORBATE, SODIUM BENZOATE (AS PRESERVATIVE)

HICKORY SMOKED BACON (MADE WITHOUT GLUTEN, DAIRY FREE)

BACON CURED WITH: WATER, SALT, SUGAR, NATURAL SMOKE FLAVOR, SODIUM PHOSPHATE, SODIUM ERYTHROBATE, SODIUM NITRITE

VEGGIE SAUSAGE (DAIRY FREE) (CONTAINS: WHEAT)

FILTERED WATER, VITAL WHEAT GLUTEN, EXPELLER PRESSED SAFFLOWER OIL, EGGPLANT, ONIONS, YEAST EXTRACT, KOSHER RED WINE (RED WINE, SALT), GARLIC, BARLEY MALT, ONION POWDER, DRIED RED BELL PEPPER, FENNEL SEED, GRANULATED GARLIC, SEA SALT, SPICES

SCRAMBLED EGGS WITH CHEESE (CONTAINS: EGGS, DAIRY)

WHOLE EGGS, CITRIC ACID, 0.15% WATER ADDED AS CARRIER FOR CITRIC ACID. CITRIC ACID ADDED TO PRESERVE COLOR, VEGETABLE OIL SALT, PEPPER, CHEDDAR CHEESE

WEDNESDAY, JANUARY 29

BAKED RIGATONI & BEEF (CONTAINS: DAIRY, WHEAT)

MARINARA SAUCE (TOMATO PUREE (WATER, TOMATO PASTE), TOMATOES, ONIONS, LESS THAN 2% OF: BROWN SUGAR, EXTRA VIRGIN OLIVE OIL, SALT, CITRIC ACID, BASIL, GARLIC POWDER, DRIED OREGANO, ONION POWDER, NATURAL FLAVOR, BLACK PEPPER, DRIED PARSLEY, GROUND FENNEL, GROUND SAVORY, GROUND THYME, CALCIUM CHLORIDE), RIGATONI PASTA (DURUM WHEAT SEMOLINA, NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TURKEY, PROVOLONE CHEESE (LOW MOISTURE MOZZARELLA (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), UNSMOKED PROVOLONE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR OR WHOLE MILK MOZZARELLA CHEESE (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), PROVOLONE CHEESE (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), ANTICAKING AGENT AND NATAMYCIN (PRESERVATIVE), PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, BASIL)

BAKED SPINACH RIGATONI (CONTAINS: DAIRY, WHEAT)

SPINACH, MARINARA SAUCE (TOMATO PUREE (WATER, TOMATO PASTE), TOMATOES, ONIONS, LESS THAN 2% OF: BROWN SUGAR, EXTRA VIRGIN OLIVE OIL, SALT, CITRIC ACID, BASIL, GARLIC POWDER, DRIED OREGANO, ONION POWDER, NATURAL FLAVOR, BLACK PEPPER, DRIED PARSLEY, GROUND FENNEL, GROUND SAVORY, GROUND THYME, CALCIUM CHLORIDE), ZITI PASTA (DURUM WHEAT SEMOLINA, NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PROVOLONE CHEESE (LOW MOISTURE MOZZARELLA (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), UNSMOKED PROVOLONE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR OR WHOLE MILK MOZZARELLA CHEESE (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), PROVOLONE CHEESE (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), ANTICAKING AGENT AND NATAMYCIN (PRESERVATIVE), PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, BASIL)

GREEN BEANS (MADE WITHOUT GLUTEN, DAIRY FREE)

GREEN BEANS, SALT, PEPPER, OLIVE OIL

GARLIC KNOT (CONTAINS WHEAT, DAIRY, SOY)

ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYMES, FOLIC ACID), WATER, SUGAR, YEAST, SALT, SOYBEAN OIL, CULTURED CORN SYRUP (TO MAINTAIN FRESHNESS), LACTIC ACID, MALTED BARLEY FLOUR, ENZYMES, ASCORBIC ACID, RYE FLOUR. TOPPING: MARGARINE (CANOLA, COTTONSEED AND/OR SOYBEAN OILS, PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, SOY LECITHIN, NATURAL FLAVOR, ANNATTO

JANUARY 2025 LUNCH INGREDIENT LIST

THURSDAY, JANUARY 30

PIZZA (CONTAINS: WHEAT, DAIRY, SOY)

CHEESE PIZZA: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TOMATOES (WATER, TOMATO PASTE), LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), WATER, PALM OIL, CONTAINS 2% OR LESS OF: VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), SUGAR, SALT, YEAST, MODIFIED FOOD STARCH, SPICE, MALTODEXTRIN, HYDROLYZED SOY AND CORN PROTEIN, ISOLATED CARROT PRODUCT, PAPRIKA, GARLIC POWDER, WHEAT STARCH, DEFATTED SOY FLOUR, L-CYSTEINE HYDROCHLORIDE, AMMONIUM SULFATE, NATURAL FLAVOR, SOY LECITHIN, ASCORBIC ACID (DOUGH CONDITIONER)

BBQ CHICKEN PIZZA: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TOMATOES (WATER, TOMATO PASTE), LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), WATER, PALM OIL, CONTAINS 2% OR LESS OF: VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), SUGAR, SALT, YEAST, MODIFIED FOOD STARCH, SPICE, MALTODEXTRIN, HYDROLYZED SOY AND CORN PROTEIN, ISOLATED CARROT PRODUCT, PAPRIKA, GARLIC POWDER, WHEAT STARCH, DEFATTED SOY FLOUR, L-CYSTEINE HYDROCHLORIDE, AMMONIUM SULFATE, NATURAL FLAVOR, SOY LECITHIN, ASCORBIC ACID (DOUGH CONDITIONER), CHICKEN BREAST, BBQ SAUCE, RED ONIONS

ITALIAN SALAD (CONTAINS: WHEAT, DAIRY, SOY)

SALAD MIX: LETTUCE, RED ONION, BLACK OLIVES, PEPPERONCINI, CROUTONS, BEEFSTEAK TOMATOES, ROMANO CHEESE, PARMESAN CHEESE (CONTAINS: WHEAT, DAIRY)

ITALIAN DRESSING: SOYBEAN OIL, WATER, VINEGAR, HIGH FRUCTOSE CORN SYRUP, SALT, CONTAINS LESS THAN 2% OF: GARLIC, XANTHAN GUM, ONION, RED BELL PEPPER, POTASSIUM SORBATE AS A PRESERVATIVE, SPICE, LEMON JUICE CONCENTRATE, DEXTROSE, BETA CAROTENE, PAPRIKA (CONTAINS: SOY)

FRIDAY, JANUARY 31

CHICKEN TENDERS (DAIRY FREE) (CONTAINS: WHEAT, SOY)

BONELESS, SKINLESS CHICKEN BREAST WITH RIB MEAT, WATER, SEASONING [SALT, FLAVORS, MALTODEXTRIN, SUGAR, VEGETABLE STOCK (CARROT, ONION, CELERY), GARLIC POWDER], SALT, SODIUM PHOSPHATES

BREADED, BATTERED AND PREDUSTED WITH: BLEACHED WHEAT FLOUR, WATER, SALT, SPICES, FLAVOR (HYDROLYZED CORN PROTEIN, SOYBEAN OIL), LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), RED BELL PEPPER POWDER, ONION POWDER, GARLIC POWDER

COATED WITH: WHEAT FLOUR. BREADING SET IN VEGETABLE OIL

VEGGIE NUGGETS (DAIRY FREE) (CONTAIN: WHEAT, SOY)

WATER, WHEAT FLOUR, SOY FLOUR, VEGETABLE OIL (CORN, CANOLA AND/OR SUNFLOWER OIL), SOY PROTEIN ISOLATE, CONTAINS 2% OR LESS OF WHEAT GLUTEN, WHEAT STARCH, YELLOW CORN FLOUR, METHYLCELLULOSE, POTATO STARCH, CORNSTARCH, YEAST EXTRACT, SUGAR, SALT, NATURAL FLAVORS, DEXTROSE, SPICES, ONION POWDER, YEAST, POTASSIUM CHLORIDE, GLUTAMIC ACID, PAPRIKA (COLOR), LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), GARLIC POWDER, CITRIC ACID, XANTHAN, GUM, BARLEY MALT EXTRACT

BROWN SUGAR- GLAZED BABY CARROTS (MADE WITHOUT GLUTEN)

BABY CARROTS, BROWN SUGAR, BUTTER, SALT, PEPPER

WHITE CHEDDAR MAC & CHEESE (CONTAINS: WHEAT, DAIRY)

WHOLE MILK (MILK, VITAMIN D3), WATER, ELBOW PASTA (DURUM WHEAT SEMOLINA, NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHEDDAR (MILK, CULTURES, SALT, ENZYMES, ANNATTO (COLOR), KRAFT VELVEETA (MILK, WHEY, MILK PROTEIN CONCENTRATE, MILKFAT, WHEY PROTEIN CONCENTRATE, SODIUM PHOSPHATE, CONTAINS LESS THAN 2 OF SALT, CALCIUM PHOSPHATE, SODIUM ALGINATE, LACTIC ACID, SORBIC ACID AS A PRESERVATIVE, CHEESE CULTURE, ENZYMES, APOCAROTENAL AND ANNATTO COLOR), SALT

CHOCOLATE CHIP COOKIES (CONTAINS: EGGS, DAIRY, WHEAT)

SEMI-SWEET CHOCOLATE CHIPS, FLOUR, GRANULATED SUGAR, BROWN SUGAR, BUTTER, EGGS, VANILLA EXTRACT, BAKING SODA, SALT