

LASARD Project



The Essentials for Families!

Presented by:
Constance Alphonse and Tara Lark

Our LASARD Team



Our team has diverse expertise and decades of combined experience.

We bring our collective knowledge together to collaborate, problem-solve, and build capacity in Louisiana's school districts.

Our team is made up of:

Special Educators

BCBA

Occupational Therapist

School Psychologist

Educational Therapist

School Administrators

Speech Language Pathologist

Early Interventionists

Licensed Professional Counselor



Big Idea!

Implementation of Essential
Support Strategies produces
positive outcomes for
everyone across ALL
environments.



Essential Support Strategies

Priming



Priming

- ❑ Exposure to information or activities before they occur
- ❑ Students are prepared/**primed** for upcoming activities/ events/ transitions

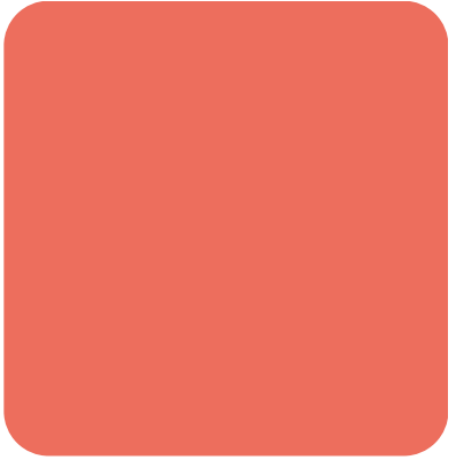




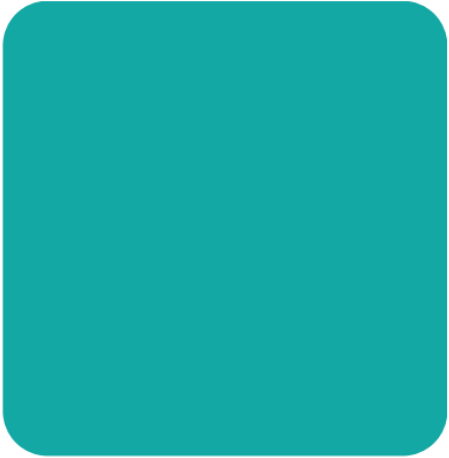
Change Alert



Instead of:



We will:



Priming Strategies

- Review your child's schedule at beginning of day – noting any changes
- Review rules and expectations of different environments
- Review tools and strategies for self-management
- Prepare individual for upcoming activities/transitions
- Hidden curriculum



Priming is for everyone, AND...

It may be especially helpful to support students who:

- insist on one way of doing things (routines, rituals)
- are reliant upon predictability
- struggle with transitions
- have difficulty adjusting to changes
- are anxious by nature



Priming in Action

Introduce in Advance:

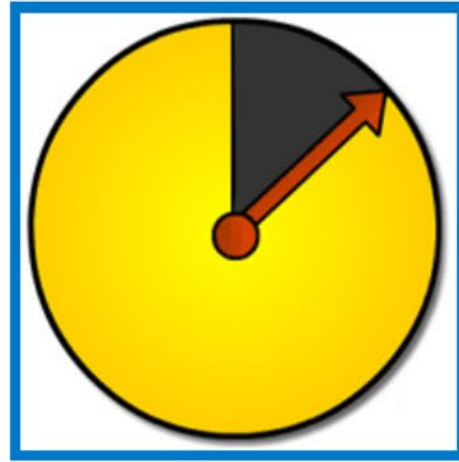
- New people, places & things
- The daily schedule
- The activity's steps
- Rules & expectations
- Self-management strategies
- Transition procedures
- Anything new and unexpected, especially changes to the routine



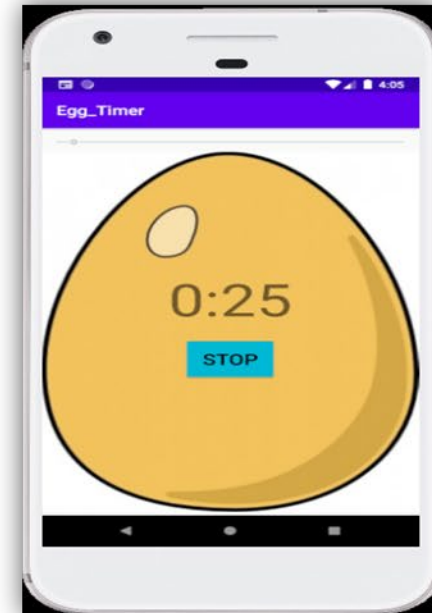
Possible Priming Materials: Timers



Egg Timer

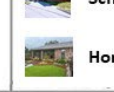


Clock Countdown



Priming with Schedules

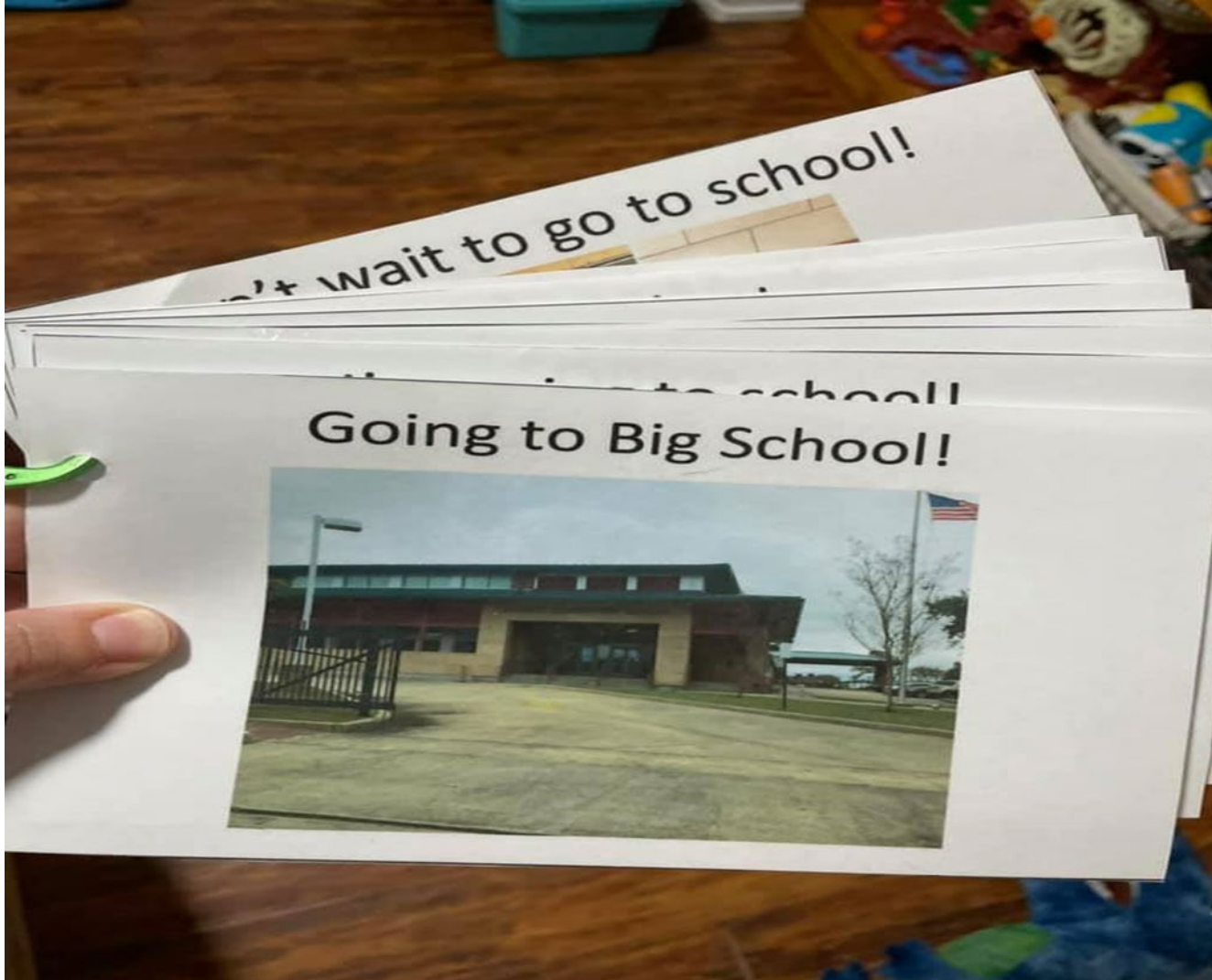


May 2022						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 	3 	4 	5 	6 	7 
8 	9 	10 	11 	12 	13 	14 
15 	16 Last Day of School! 	17 	18 	19 	20 	21 
22 	23 	24 	25 	26 	27 	28 
29 Vacation 	30 Vacation 	31 Vacation 				 School  Home

Priming Strategies



Possible Priming Materials: Videos & Picture Books



Priming Strategies



Lacoste Elementary School



Posts

About

Photos

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Wednesday, 10/30- meatballs and spaghetti

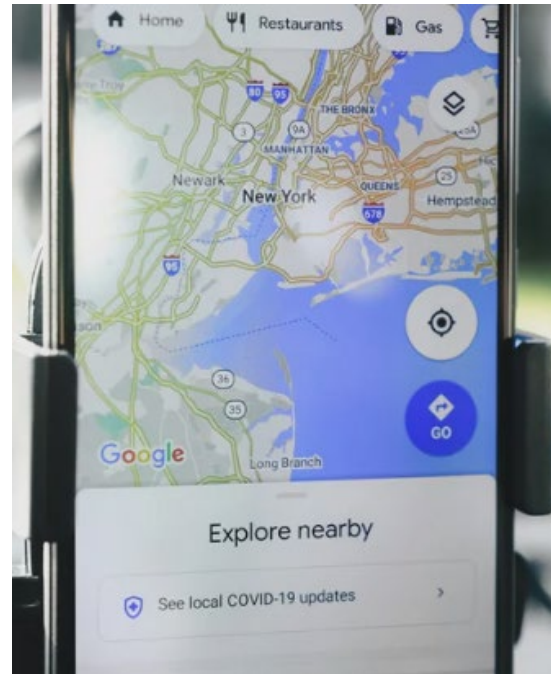
Thursday, 10/31- chicken patty sandwich





Visual Supports

Visual Supports



Visual Supports: They're Vital

Visual learners make up 65% of the population and 80% of all learning is visual

- Permanence
- Easily referrable for all students
- Respects visual learners
- Makes the abstract more concrete
- Increases independence and confidence



Visuals: The Benefits

**Convey
expectations**

Ease transitions

**Illustrate
important
information**

**Promote
independence**

**Provide
consistency and
predictability**

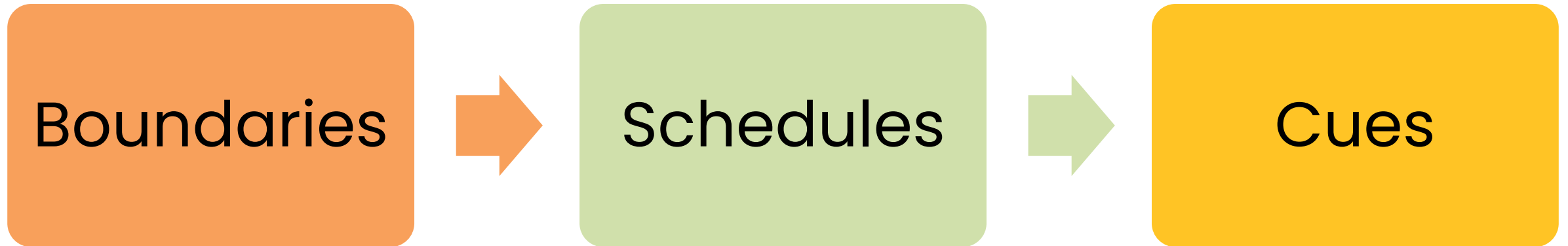
**Promote
understanding**

**Provide structure
for routines**

**Depict the steps
involved**



Visual Supports



Visual Boundaries

Makes a specific area more obvious

Help us understand:

- What is off-limits?
- Where do I go?
- What is available?



Think About It...

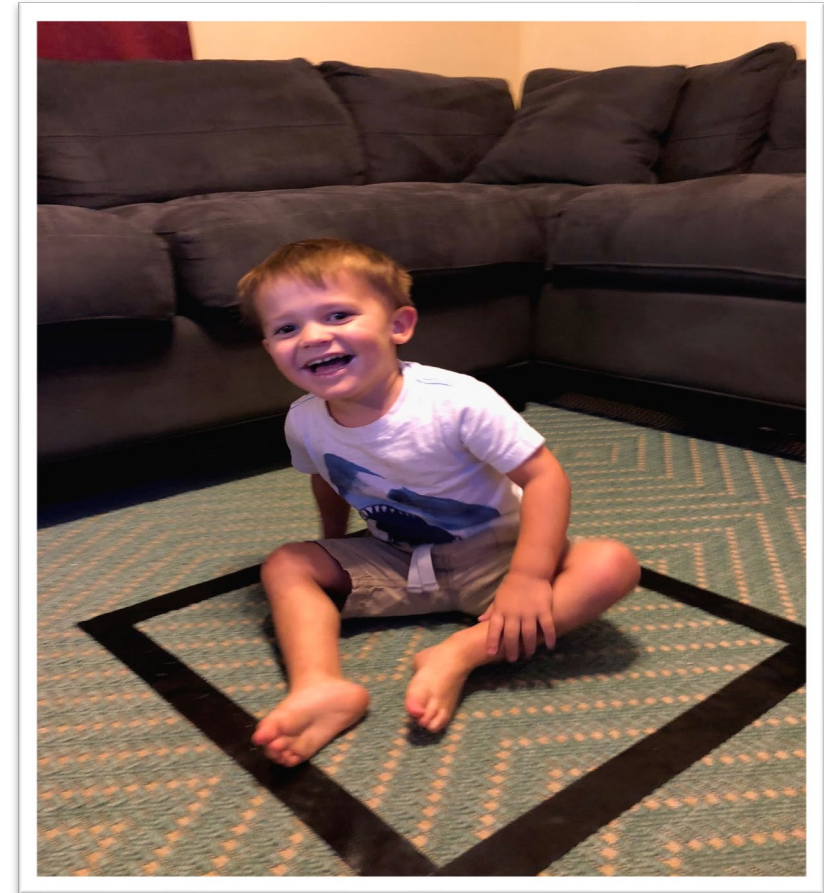




Where do you use visual boundaries?

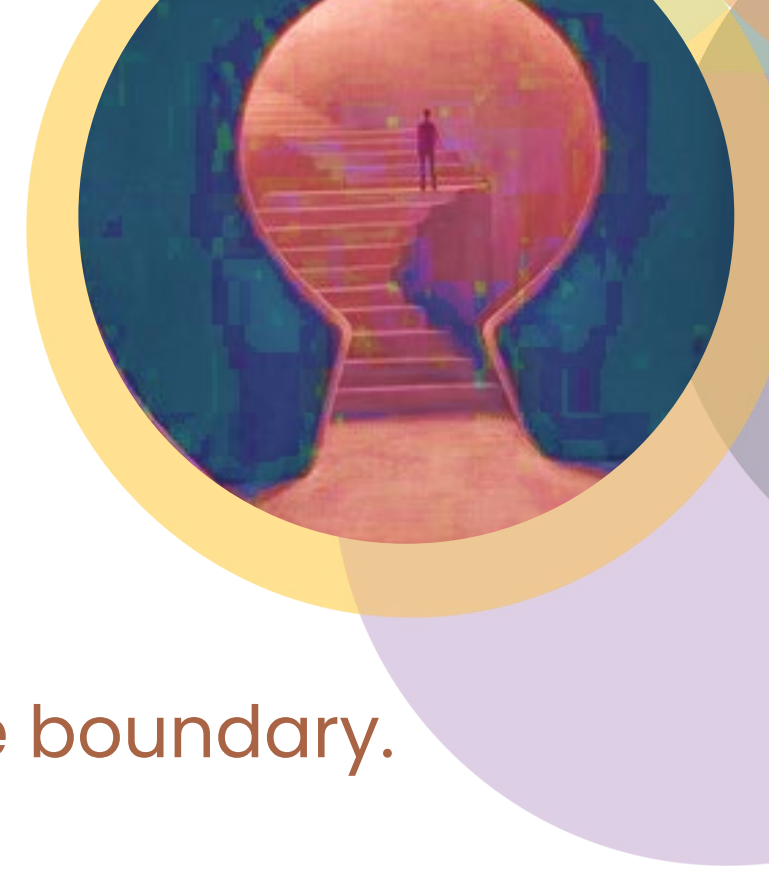
- While driving
- In parking lots
- At the bank
- At the doctor's office
- At the grocery store
- At the airport
- At concerts
- At amusement parks
- In sports
- In architecture
- In the pool
- Fencing
- On maps
- During social distancing

Visual Boundaries



Key Steps

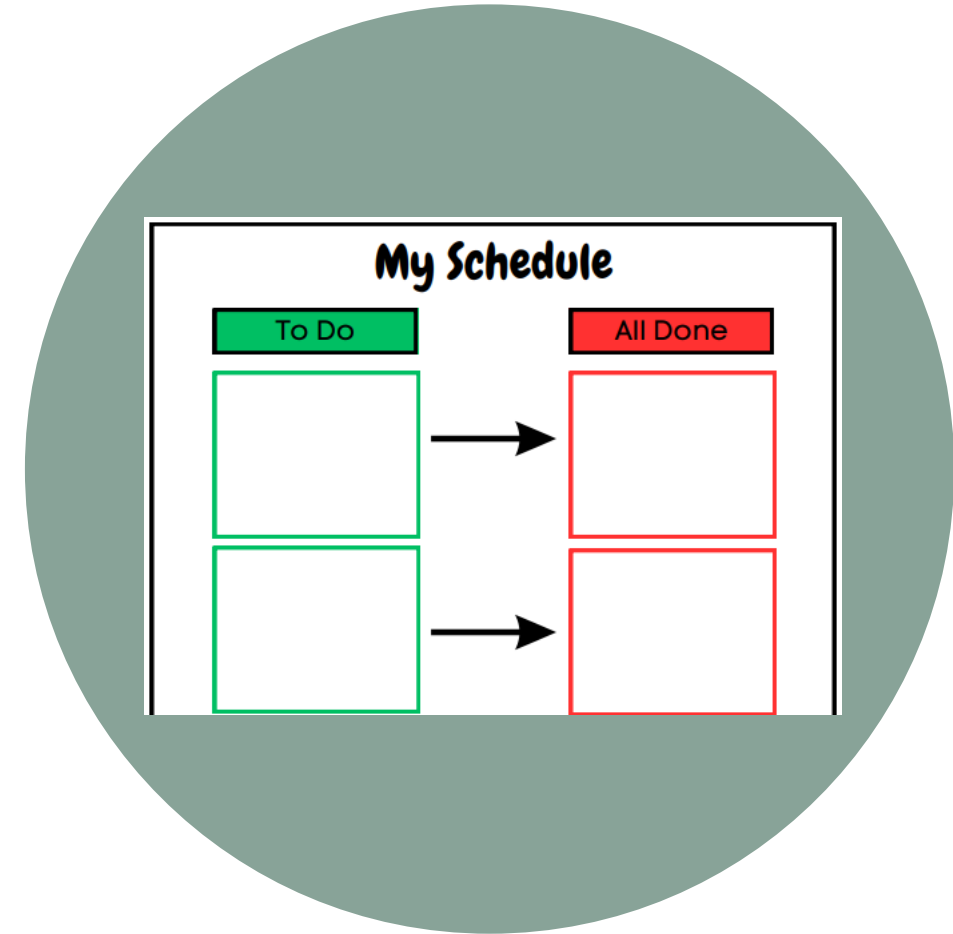
- Introduce the boundary
- Explain boundary limits
- Teach the tasks to be completed within the boundary.
- Model how to stay within the boundary.
- Reinforce respect of the boundary.



Visual Schedules

A visual schedule is a tool that provides a child with information about the sequence of events to occur.

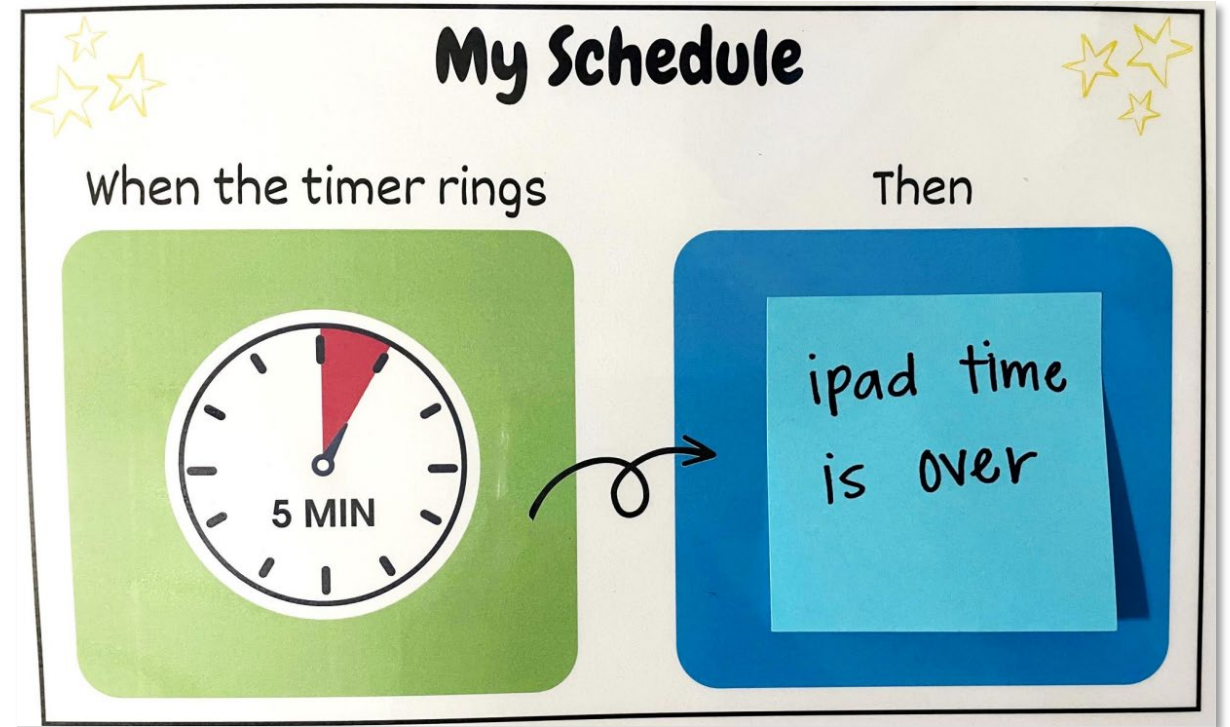
- Answer...
 - What's next?
 - Are there any changes?
 - How long will something last?
- Different types



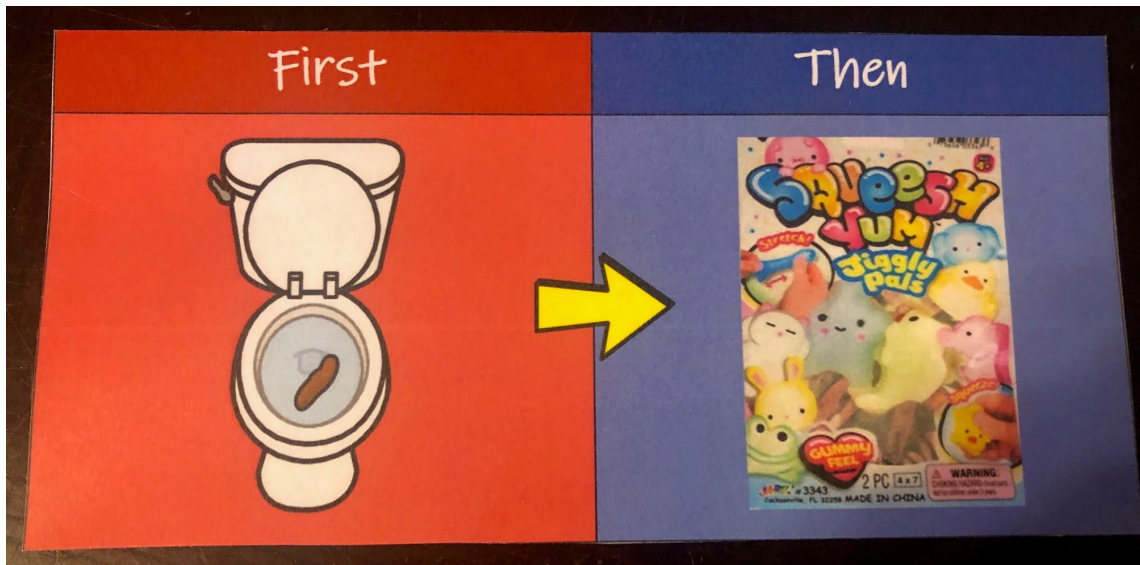
Visual Schedules

First/Then

- Reminds students what they are working for
- Increases motivation for completion of a less preferred task
- Can be simply written on a notecard or whiteboard



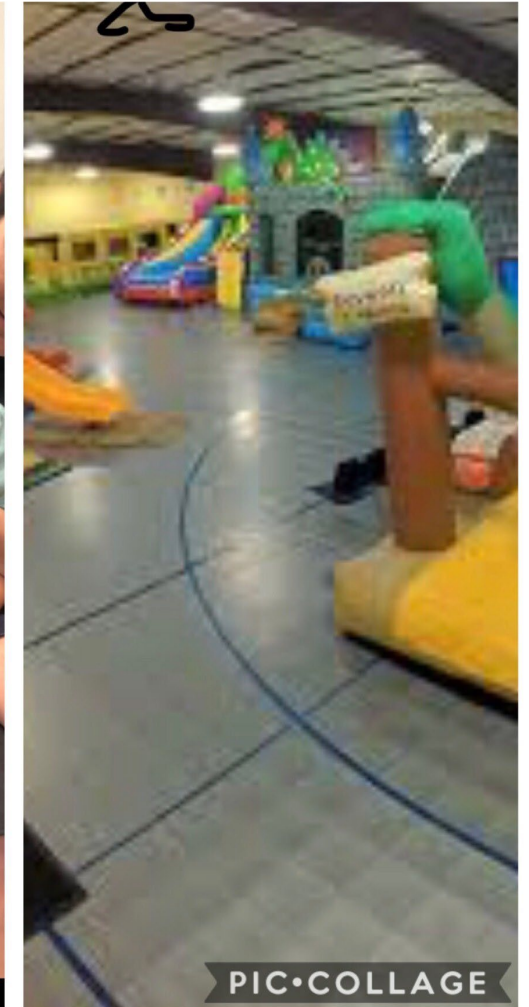
Visual Schedules



1

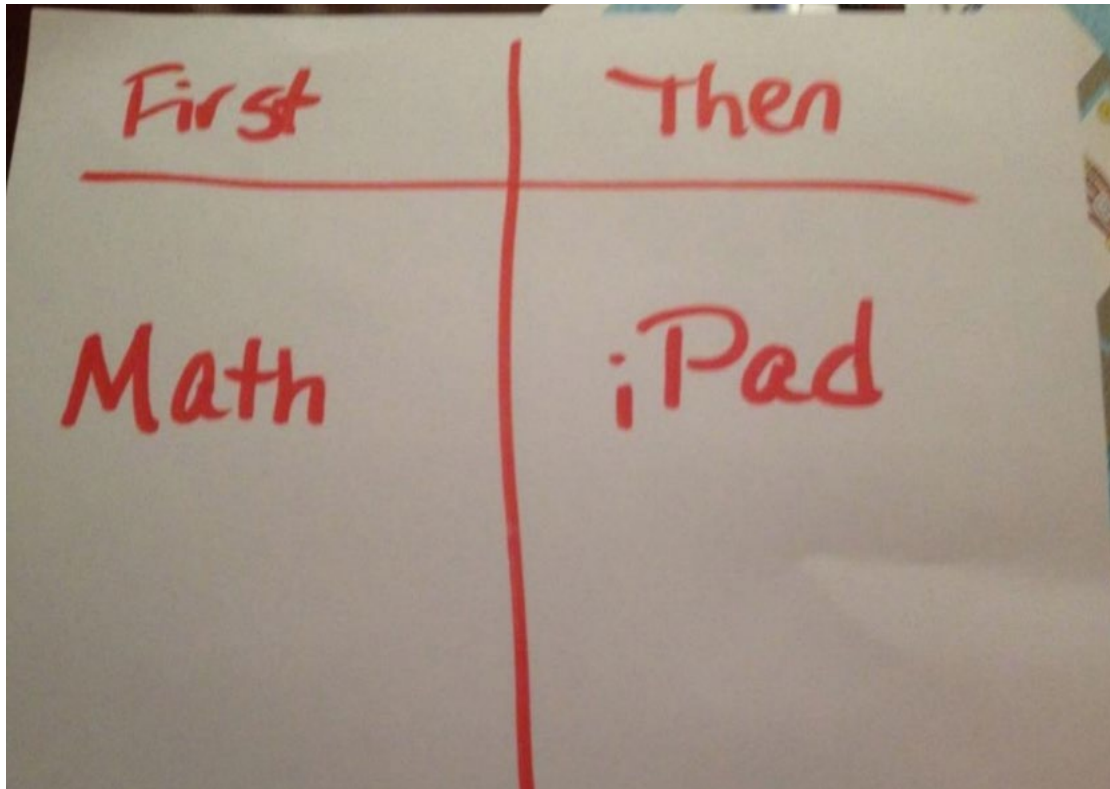


2

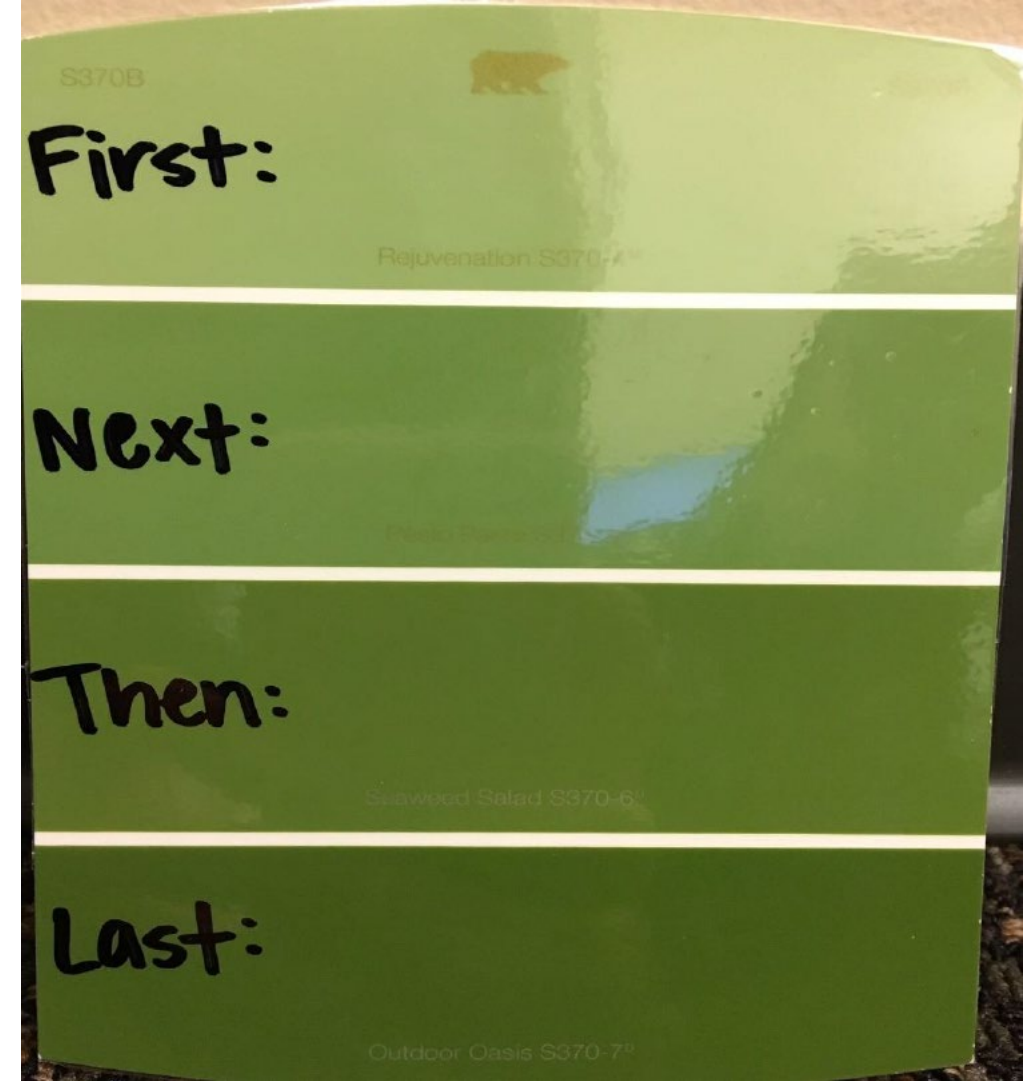


PIC•COLLAGE

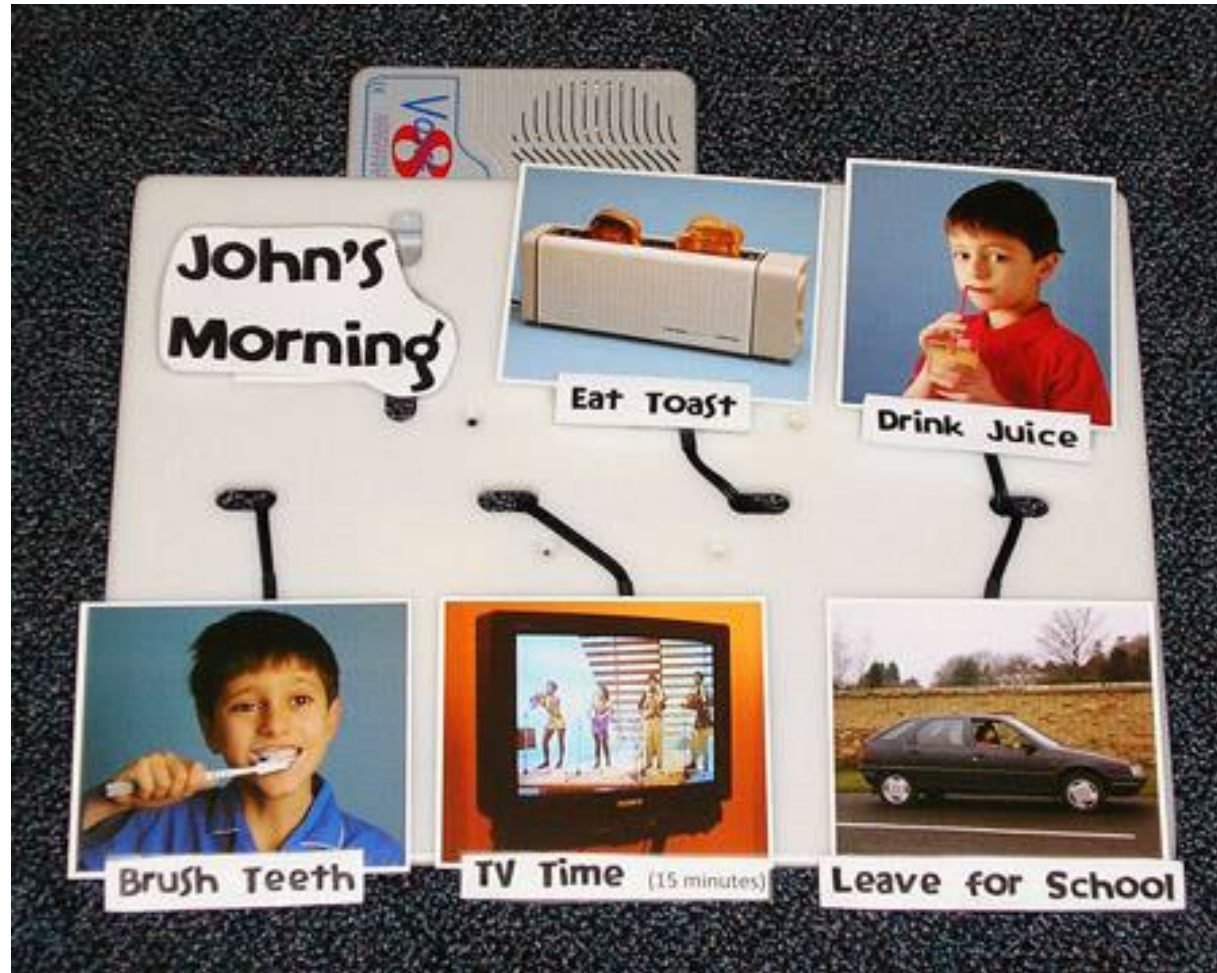
Visual Schedules



Visual Schedules



Visual Schedules



Visual Schedules

Individual Daily Schedule

Morning Checklist	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Eat Breakfast							
Brush & floss my teeth							
Wash my face							
Brush my hair							
Get dressed							
Make my bed							

Bedtime Checklist	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Take bath/shower							
Put on pajamas							
Brush my hair							
Brush & floss my teeth							
Read a book							

Visual Schedules

Activity Schedules

- Breaks down the task into steps
- Help students pace themselves
- **Promote independence**
- Lets them know there is an end in sight!



Screen Time Checklist

DID YOU...

Homework Assignments:

sprint

fluency

story and ?'s

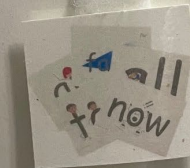
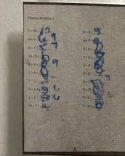
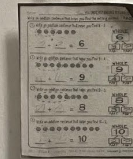
Math review

Monday	Tuesday	Wednesday	Thursday
✓			
✓			
✓			
✓			

TO DO



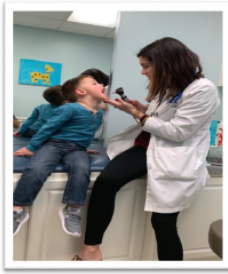
ALL DONE

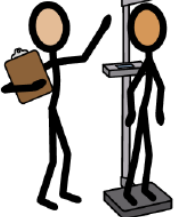
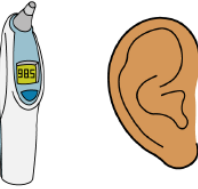
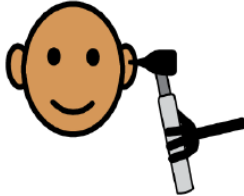
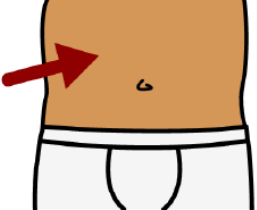
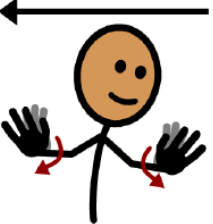


Video

<https://www.youtube.com/shorts/FKBbvbHiDCg>

Visual Schedules



Visual Schedules



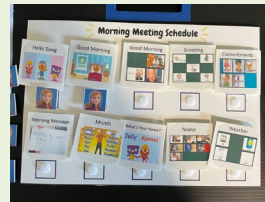
Visual Schedules



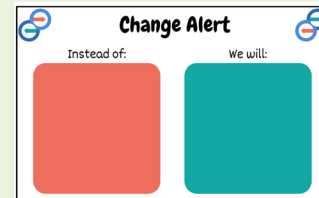
Wrap-Up

Today we learned:

Essential support strategies to help ALL learners in their environment



**Visual
Supports**

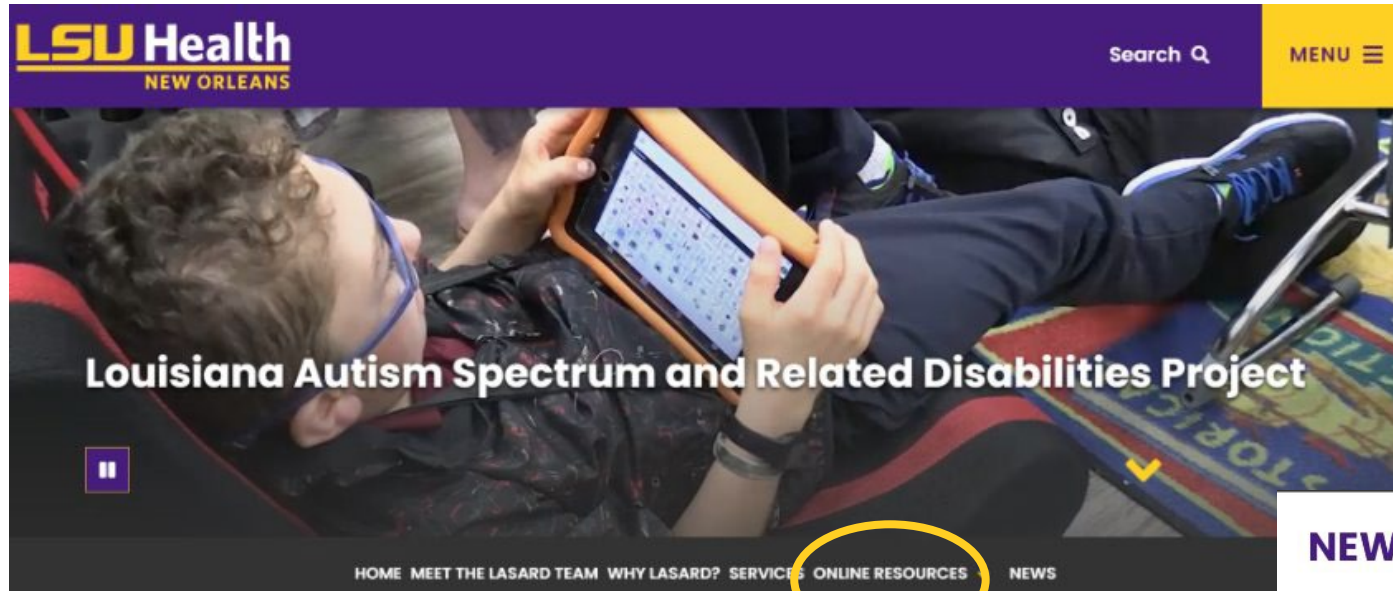


Priming

LASARD Website

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Lunch + Learn: Visual Supports

Need visual support ideas to start off your school year as a super support for your



Hurricane Resources

Louisiana's hurricane season is underway. Hurricanes can be challenging for individuals to navigate, and we want to



Back to School Support

Need visual support ideas to start off your school year as a super support for your students? In this Lunch + Learn, LASARD Facilitator

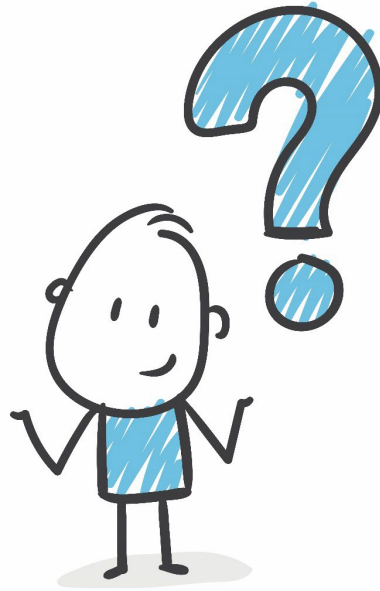


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Questions/Comments





Thank you!

- **Constance Alphonse and Tara Lark**
calph1@lsuhsc.edu/tlark@lsuhsc.edu
- **www.lasard.org | 504 556 7511**
-  **LASARD.Project**
 **@project_lasard**