

January 2025

Southgate Community Schools

Elementary Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>WINTER</p> <p>break</p>				
6 CEREAL VARIETY (1) GRAHAM(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)	7 PUMPKIN BREAD (2) CHEESE CUBES (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)	8 EGGO GRAHAMS (2) GO-GURT (1) CRAISINS (1) CHOICE OF MILK (1)	9 APPLE OATMEAL BAR (1) CHAT SNAX (1) CUPPED FRUIT (1) CHOICE OF MILK(1)	10 CHEF'S CHOICE(1-2) FRUIT OTD(1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)
13 CEREAL VARIETY (1) GRAHAM(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)	14 APPLE CINNAMON MUFFIN (2) CHEESE STICK (1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)	15 DOUBLE CHOCOLATE OATMEAL BAR (1) SCOOBY SNACKS (1) RAISINS(1) CHOICE OF MILK(1)	16 TRIX CEREAL BAR (1) YOGURT CUP (1) FRESH BANANA (1) CHOICE OF MILK (1)	17 CHEF'S CHOICE(1-2) FRUIT OTD(1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)
20 NO SCHOOL! MLK JR. DAY	21 MINI BLUEBERRY LOAF (1) DICK & JANE CRACKERS (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)	22 WG BAGEL (1) WOW BUTTER (1) SOUR RAISINS (1) CHOICE OF MILK (1)	23 WG DONUT (2) CHEESE CUBES (1) FRESH APPLE (1) CHOICE OF MILK (1)	24 CHEF'S CHOICE(1-2) FRUIT OTD(1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)
27 CEREAL VARIETY (1) GRAHAM(1) APPLESAUCE CUP(1) CHOICE OF MILK(1)	28 MINI BANANA LOAF (1) BUG BITES (1) 100% FRUIT JUICE (1) CHOICE OF MILK (1)	29 CINNAMON FRENCH TOAST GRAHAMS (2) CHEESE STICK (1) ZEE ZEE DRIED FRUIT (1) CHOICE OF MILK (1)	30 MINI-CINNI'S (2) GO-GURT (1) FRESH PEAR (1) CHOICE OF MILK (1)	31 CHEF'S CHOICE(1-2) FRUIT OTD(1) 100% FRUIT JUICE(1) CHOICE OF MILK(1)

NOTES:

- REMEMBER TO CHOOSE UP TO 3 ITEMS AND THAT ONE MUST BE A FRUIT!
(ITEM NUMBERS ARE IN BRACKETS)
- WE PROVIDE 1% WHITE MILK AND FAT FREE CHOCOLATE MILK EVERYDAY!
- STUDENTS CAN TAKE UP TO ONE CUP OF FRUIT FOR BREAKFAST. FRUIT IS PACKAGED IN 1/2 CUP SERVINGS.

