

Early Childhood Family Education (ECFE)

ECFE offers daytime and evening classes for families with infants, toddlers and preschoolers. Classes are also offered for expecting families. Families have time to play and learn with their child, other families, and licensed staff. Parents also have the opportunity to connect with other caregivers, and a parent educator, to discuss a variety of parenting topics. All classes are held at the New Hope Learning Center, unless noted otherwise.



Incredible Infants

One Time Infant Classes

The following classes are offered at no cost, though registration is required. Child care for siblings is available at no cost, on a limited basis.

Babies & Books

Parents and their infants, birth - 12 months
Join us for this literacy focused class. A light snack will be served and families will go home with a free book for their home library! Co-sponsored with HUG (Helping Us Grow).



Baby Massage

Parents and their infants, 1 month to crawling
Enhance baby's development, digestion, sleep, and ability to relax through loving touch, sight, sound and movement.

Making the First Months Matter

Parents and their infants, prenatal - 12 months
Learn more about the important role you play in building your baby's brain, and leave with brain building activities for you and your baby.

Early Learning Open House at New Hope Learning Center

Interested in learning more about Early Childhood Family Education (ECFE) and our other Early Learning offerings? Join us at our fall Open House!

August 29, 5-7 pm

New Hope Learning Center, 8301 47th Ave N, New Hope

MONDAY	THURSDAY
Making the First Months Matter Sep 9 12:30-1:30 pm EF-F116	Baby Massage Oct 24 6-7:15 pm EF-F107
Babies & Books Oct 7 1-2 pm EF-F101	Babies & Books Feb 13 6-7 pm EW-F103
Baby Massage Dec 2 12:30-1:45 pm EF-F109	Making the First Months Matter Mar 20 6-7 pm EW-F117
Babies & Books Dec 9 1-2 pm EF-F102	Baby Massage Apr 10 6-7:15 pm EW-F111
Baby Massage Jan 27 12:30-1:45 pm EW-F110	Baby Massage May 22 12:30-1:45 pm EW-F112
Babies & Books May 12 1-2 pm EW-F104	



Weekly Infant Classes



Our weekly classes are designed to be your time to enjoy your child and connect with others. Children will explore and learn through music, movement, and play. With support from our licensed parent educators, families also get to discuss and learn more about infant sleep, ways to support growth and development, managing parenting stress and so much more. Child care for siblings is available for all weekly infant classes unless otherwise noted.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12-20 months 9:30-11 am Sep 9-Jun 2 EF-B119	Baby Talk & Play 6-20 months 10:30 am-12 pm Sep 10-May 27 Drop-in	6-12 months 8:30-10 am Sep 11-May 28 EF-B117	Birth-6 months 8:30-10 am Sep 12-Oct 31 EF-D102	12-20 months 8:30-10 am Sep 13-May 30 EF-B123
Birth-14 months 6-7:30 pm (virtual) Oct 21-Dec 16 EF-D103	12-20 months 6-7:30 pm Sep 10-May 27 EF-B122	12-20 months 10:30 am-12 pm Sep 11-May 28 EF-B121	Birth-6 months 8:30-10 am Nov 7-Dec 19 EF-D202	Birth-6 months 10:30 am-12 pm Apr 11-May 30 EW-D105
Birth-6 months 6-7:15 pm Nov 11-Dec 16 EF-D206		Birth-6 months 6-7:15 pm Sep 11-Oct 30 EF-D101	6-12 months 10:30 am-12 pm Sep 12-May 29 EF-B118	
3-17 months 6-7:30 pm (virtual) Jan 6-Jun 2 EF-D303		Birth-6 months 6-7:15 pm Nov 6-Dec 18 EF-D201	6-12 months 8:30-10 am Jan 9-May 29 EW-D302	
3-9 months 6-7:30 pm Jan 6-Mar 24 EW-D306		6-12 months 6-7:30 pm Jan 8-May 28 EW-D301	Birth-6 months 5:30-6:45 pm Apr 10-May 29 EW-D104	
		Preparing for Baby 4-5 pm Feb 19-Mar 25 EW-D107		

Baby Talk & Play

Interested in exploring a new play space? Caregivers can drop-in to play and learn with their children as they explore a classroom especially designed for infants. A Parent Educator will be available to answer questions and provide resource information. There is no fee for this activity. Registration is not required.

Preparing for Baby - New

Expecting a baby? Join us to connect with other expectant parents, ask questions and learn more about what to expect when your new baby arrives. Classes are led by a licensed Parent and Family Educator. Topics include: Perinatal mood and anxiety disorder (PMADS), newborn development, sleep, feeding, and ways to support bonding and attachment. Child care is not available

Register online at
rdale.ce.eleyo.com >
ECFE



View sliding fee scale
for tuition
based classes



Terrific Twos & Mixed Age Adventures

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Terrific Twos 21-35 months 8:30-10 am Sep 9-Jun 2 EF-B130	Terrific Twos 21-35 months 8:30-10 am Sep 10-May 27 EF-B131	*Terrific Twos (2-day W/F) 21-35 months 8:30-10 am Sep 11-May 30 EF-B134	Mixed Age 2-4 years 8:30-10 am Sep 12-May 29 EF-B143	*Terrific Twos (2-day W/F) 21-35 months 8:30-10 am Sep 11-May 30 EF-B134
Mixed Age 2-4 years 10:30 am-12 pm Sep 9-Jun 2 EF-B133	Terrific Twos 21-35 months 10:30 am-12 pm Sep 10-May 27 EF-B132	*Terrific Twos (2-day W/F) 21-35 months 10:30 am-12 pm Sep 11-May 30 EF-B135	Mixed Age 21-42 months 10:30 am-12:30 pm Sep 12-May 29 EF-A141	*Terrific Twos (2-day W/F) 21-35 months 10:30 am-12 pm Sep 11-May 30 EF-B135
Book Buddies 2-4 years 1-2 pm Sep 9-Jun 2 Drop-in	Kids Create Art 2-4 years 6-7:30 pm Sep 10-May 27 EF-B147	Mixed Age 2-4 years 6-7:30 pm Sep 11-May 28 EF-B142	Drop-in & Play 21-42 months 1-2:30 pm Sep 12-May 29 Drop-in	Family Gym Birth-5 years 9:15-11:15 am Nov 8-Apr 11 Drop-in
Mixed Age 21-42 months 6-7:30 pm Sep 9-Jun 2 EF-B140	Big Brother/Big Sister Birth-6 years 4:30-5:30 pm Oct 22 EF-F121		Outdoor Explorers 3-4 years 5:30-7 pm Sep 12-Oct 24 EF-D108	Friday Family School 2-4 years 9:30-11:30 am Oct 25-Dec 6 EF-D151
Math Rocks 2-4 years 6-7:30 pm Sep 9-Jun 2 EF-B148	Big Brother/Big Sister Birth-6 years 4:30-5:30 pm Apr 15 EW-F122		Music, Movement & Messy Play 2-4 years 5:30-7 pm Nov 14-Mar 27 EF-D109	Friday Family School 2-5 years 9:30-11:30 am Jan 31-Mar 7 EW-D152
Family Gym Birth-5 years 6-7:30 pm Nov 11-Apr 14 Drop-in			Outdoor Explorers 3-5 years 5:30-7 pm Apr 17-May 22 EW-D110	Friday Family School 2-5 years 9:30-11:30 am Apr 25-May 30 EW-D153

Separating Classes

Our classrooms allow children to engage all of their senses as they sing, dance, create, build, problem solve, communicate and socialize. Adults also have time to meet separately, for parenting discussions, with a licensed parent educator. Child care for siblings 3 months through 4 years old is available, unless noted otherwise.

*2-day Terrific Twos

Wednesdays, children attend alone. Fridays, parents and children attend together. Tuition is an annual cost, divided into 9 equal payments. Child care for siblings is available on Fridays only.

Friday Family School - NEW

This **FREE** class is specially designed for English language learning families to have fun together. Children learn with a preschool teacher. Parents learn with a parent educator about how children learn and grow. Classes are taught by experienced English language teachers. **This class meets at the Crystal Learning Center, 305 Willow Bend in Crystal.** Need help registering online? Call 763-504-4086. Child care for siblings is not available.

Family Classes

non-separating classes families attend together

Big Brother/Big Sister

Is your child expecting a new sibling or has your child recently become a big brother or sister? Join us and you and your child will participate in activities that help children learn what to expect when a new baby arrives. There is no fee for this class. Child care for siblings is not available.

Kids Create Art

Explore the wonder of messy art! This art and music class introduces young artists to an exciting variety of sensory experiences. Each week brings different art experiences, with stations where children can play, experiment and discover color, texture and mediums.

Math Rocks

Help your littlest learners explore the exciting world of numbers with our engaging collection of fun, hands-on math activities. Parents will leave with new ideas to support their child's early math learning.

Music, Movement & Messy Play

Join us as we move our bodies, explore different ways to make music, and get MESSY! There will be so many opportunities to combine gross and fine motor skills as we let our imaginations lead the way!

Outdoor Explorers

Join us as we investigate and experience nature and explore the outdoors together.

Drop-in Classes

non-separating classes families attend together

There are no fees for the following activities. Registration is not required. Child care for siblings is not available.

Book Buddies

Join your child(ren) as they explore the enriching world of literacy using new and exciting hands-on literacy activities.

Drop-in & Play

Interested in exploring a new play space? Caregivers can drop-in anytime to play and learn with their children as they explore an early childhood classroom. A parent educator will be available to answer questions about parenting and child development.

Family Gym

Caregivers can drop-in anytime to play with their children and explore a variety of activities.

Register online at
rdale.ce.eleyo.com >
ECFE



View sliding fee scale
for tuition
based classes



Parent Connections

Join us for support, community, and information around relevant parenting topics. There are no fees for these virtual classes, though registration is required.

Toileting Independence

Parents of children, 16–36 months

Becoming toilet independent requires children to gain some very concrete skills. There is also an important social emotional component to the toilet learning journey. Join us as we discuss strategies for weaving these important concepts together.

Infant Sleep/Toddler Sleep

Infants – Parents of children, 6–16 months Toddlers – Parents of children 16–36 months

This class is designed to help you understand your child's sleep behaviors and how to introduce age-appropriate strategies to support healthy sleep.

Understanding Toddler Emotions & Tantrums

Parents of children, 16–36 months

In this class we will explore:

- reasons toddlers have tantrums.
- helpful ways of responding to tantrums.
- the value of and ways to promote emotional intelligence with young children.

Navigating Challenging Behaviors

Parents of children, 16–36 months

In this class we will explore:

- why young children have challenging behaviors.
- ways we can prevent some challenging behaviors.
- effective ways to respond to challenging behaviors.
- how to reconnect with children after challenging behaviors have occurred.

TUESDAY	THURSDAY
Toddler Sleep 7–8 pm Dec 3 EF-F173	Toileting Independence Sep 26 7–8 pm EF-F170
Understanding Toddler Emotions & Tantrums 7–8 pm Jan 14 EW-F174	Infant Sleep 7–8 pm Nov 7 EF-F172
Navigating Challenging Behaviors 7–8 pm Feb 11 EW-F175	Toileting Independence Apr 24 7–8 pm EW-F171

Expectant parents, see page 2 for our new course, **Preparing for Baby!**



Register online at rdale.ce.eleyo.com > ECFE



The Joy of Grandparenting

Grandparents of infants, pre-birth – 12 months

Join us, virtually, as you prepare for this special role, relationship and time in your life. We will explore how to support a brand new family, reading baby's cues and behaviors, ideas for play and get an update on today's safety practices.

- EF-F113 – T, Nov 12 & 19, 6–7:15 pm
- EW-F114 – W, Apr 16 & 23, 6–7:15 pm

Preschool (For children 30 months through 4 years on Sep 1, 2024)

Teachers help children engage and learn in ways that support all areas of growth and development (cognitive, physical, language and social). Our preschool programs have received the highest possible rating by Minnesota's quality rating system for early education settings. Call 763-504-5330 for more information.

Drop-Off Preschool for 30 months–4 year olds Classes meet 2–5 days per week, for 2.5 hours each day.

ECFE Preschool for 3 & 4 year olds One day per week, parents and children attend together. Children attend alone for an additional 1–2 days per week. It's the perfect combination!

5-Day Preschool for 4 year olds Classes meet 5-days per week, for 2.5 hours each day. Preschools are held at elementary schools across the district and at the New Hope Learning Center. Transportation is available within your attendance area school boundaries.

Early Adventures (For children 4 years on Sep 1, 2024)

Early Adventures is the full-day care, with preschool component, of Robbinsdale Area Schools. By combining high quality child care with the district's preschool curriculum, this program offers an opportunity for students to have a preschool experience in a safe, nurturing setting, with adults especially trained to work with preschool students. Call 763-504-5320 for more information.

Registration information is available online at rdale.ce.eleyo.com > Preschool



Family Literacy (For parents and children 33 months–5 years old)

Parents and their children attend school together. Parents can access a variety of Adult Academic Programming, in addition to attending parenting classes, while their children attend preschool. Classes meet Monday–Thursday, 9 am–2 pm. For information or to register, call Adult Academic Programs at 763-504-8300. Online registration is not available for this program.

Early Childhood Screening (For children 3–5 years old)

All 3 to 5-year-old children in Minnesota are required to complete an Early Childhood Screening. Early Childhood Screening is a free and simple check of your child's vision, hearing, height, weight and development, as well as a review of immunizations. The screening helps to identify children who may need additional support or services prior to kindergarten. Schedule an appointment online at rdale.ce.eleyo.com or call the screening office at 763-504-4180.

Early Childhood Special Education

Early Childhood Special Education provides opportunities for growth and support for children and their families. Any child between birth and five years of age with a demonstrated developmental delay, and who meets the eligibility criteria in early childhood special education, is eligible to receive services. If you have concerns about the way your child moves, sees, hears, plays, talks, or behaves, a referral for a free screening and/or evaluation can be completed through the Minnesota Help Me Grow website, www.helpmegrwmn.org. Call 763-504-4160 for more information.

One-to-One Visits (For parents with children, birth through 3rd grade)



ECFE offers free home visits with a licensed parent educator. A parent educator can come to your home or meet with you virtually to answer your parenting questions and provide information on child development and community resources. Scan the QR code or call 763-504-4170 to request an appointment.

