



# NUTRITION SERVICES

Feeding Children, Nourishing Minds

## Our Mission

Beaverton School District (BSD) Nutrition Services is committed to supporting student education by providing meals that are nutritious and appealing while being served by caring professionals.

## Meal Experience Best Practices

### Student ID Numbers

- Elementary students learning their ID numbers is critical to helping students get as much seat time as possible during meals.
  - Prioritizing learning numbers early.
  - Bag Tags with ID numbers help young students get breakfast meals faster.

### Lunch Scheduling

- Provide at a minimum of 20 minutes seat time for students to eat.
- Lunch **must** be scheduled between 10:00am - 2:00pm.
- Allow at least 5-10 minutes between lunch runs for best meal service.

### Breakfast

- Allow late arriving students to grab breakfast and eat in the classroom to avoid losing valuable instruction time.
- Breakfast is available up to 30 minutes before the first lunch run.

### Lunch

- Observe 5 **quiet** minutes at the end of lunch to encourage students to finish eating.
- Help students learn the required components for a reimbursable meal to facilitate more seat time for lunch.

## Complete Meals

All students are offered one free breakfast and one free lunch daily. Students must take a complete meal to be eligible for the no-cost option; students who only opt for milk do not qualify for free milk. This is a federal requirement meant to encourage students to eat a well-balanced meal.

A la carte items such as milk, second entrees, and snack items will be sold when students have a positive account balance or cash.

### WHAT MAKES A BREAKFAST?

Select at least 3 items



one must be at least 1/2 cup

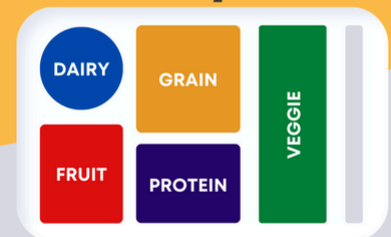


This institution is an equal opportunity provider.



### WHAT MAKES A LUNCH?

Select 3-5 components



one must be at least 1/2 cup



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# Community Eligibility Provision (CEP)

The Community Eligibility Provision (CEP) allows schools and districts to serve breakfast and lunch at no cost to all enrolled students without collecting household applications. The Beaverton School District participates in this program districtwide. Every student is enrolled automatically in the program.

## How is the Meal Program Funded?

The BSD Nutrition Services receives Federal cash subsidies and USDA Foods for each reimbursable meal we serve. In exchange, BSD Nutrition Services must serve meals that meet Federal meal pattern and nutritional requirements.

## Who is in Charge of the Meal Program?

The Food and Nutrition Service (FNS) of the United States Department of Agriculture (USDA) administers the Program at the Federal level. The Oregon Department of Education operates the program through agreements with school food authorities in the state, like the Beaverton School District (BSD) Nutrition Services.

## Meal Program Summaries

### **School Breakfast Program & National School Lunch Program**

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The School Breakfast Program (SBP) and the National School Lunch Program (NSLP) are a federally assisted meal programs that provides nutritionally balanced, low-cost or no-cost lunches to children each school day.

### **Child & Adult Care Food Program (Supper)**

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The Child and Adult Care Food Program (CACFP), also called Supper, is a federally assisted meal program that provides nutritionally balanced meals to children attending approved afterschool programs.

#### **Approved programs must:**

- Be located in an income eligible area.
- Be organized primarily to provide care for children after school during the regular school year.
- Provide organized, regularly scheduled activities.
- Include educational or enrichment activities, like arts and crafts, computer lessons, or homework help.

### **Summer Food Service Program**

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The Summer Food Service Program (SFSP) provides free meals to children in low-income areas through eligible organizations, primarily in the summer months when most schools are closed for instruction.

### **Fresh Fruit & Vegetable Program (FFVP)**

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The Fresh Fruit and Vegetable Program (FFVP) is a federally assisted grant program providing free fresh fruits and vegetables to children during the school day.

#### **Approved programs must:**

- Be an elementary school.
- Be located in an income eligible area with the highest percentage of children certified as eligible for free and reduced price meals approved by the State of Oregon.