

3, 2, Flex: Reimagining the High School Schedule



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Why? We need a schedule that...

1. Provides student access to tutoring and enrichment
2. Provides time for students to:
 - a. Engage with new material
 - b. Dive deeply into a lesson
 - c. Grapple with complex problem-solving
 - d. Work on projects (real-world applications)
 - e. Develop Talbot competencies



Current High School Schedule

**41 Minutes
Periods**

Time	Monday-Friday
8:20-9:01	Period 1
9:05-9:46	Period 2
9:50-10:31	Period 3
10:35-11:16	Period 4
11:20-12:01	Period 5
12:05-12:46	Period 6
12:50-1:31	Period 7
1:35-2:16	Period 8
2:20-3:01	Period 9

9 Total Periods

- 8 Available for Instruction
- 1 Used for Lunch
- Most Students Take 7 Classes, 1 Lunch, and 1 Study Hall

Sample Schedules

Period	Student	Teacher
1	English	Class
2	Math	Class
3	Elective	Planning Time
4	Science	Class
5	Lunch	Class
6	Social Studies	Study Hall Duty
7	Elective	Lunch
8	Study Hall	Class
9	Elective	Class

How? Adjust the schedule to...

1. Provide common time for students to meet with teachers
2. Provide time for longer instructional periods



History of Work to Analyze High School Schedules

<p>Deeper Learning Competency Work & Performance Tasks</p>	<p>COVID Pacing</p>	<p>Student Engagement and Performance Tasks</p>	<p>Portrait of a Talbot, Student Engagement, and Making Thinking Visible</p>		
<p>2019-2020</p>	<p>2020-2021</p>	<p>2021-2022</p>	<p>2022-2023</p>	<p>2023-2024</p>	<p>2024-Present</p>
<p>Research on High School Schedules</p> <p>Visited: Kiski Area HS Fox Chapel HS Quaker Valley HS</p>	<p>PAUSE YEAR</p>	<p>Practiced with Block Lesson Design and Modified Schedule</p> <p>Schedule Committee Formed</p>	<p>Schedule Committee Work</p> <p>Visited: Fox Chapel HS Upper St. Clair HS</p> <p>Zoomed: Quaker Valley HS</p>	<p>Schedule Committee Work</p> <p>Meetings with Teachers</p> <p>Visited: Upper St. Clair HS McLean HS, VA</p>	<p>Faculty Work</p> <p>Visited: Radnor HS</p>

Schedules Analyzed

- Fox Chapel HS: 4X4 Traditional Block (Students take 4 Courses per Semester)
- Kiski Area HS: A/B Block (Students take 4 Classes every other Day)
- Upper St. Clair HS: Anchor Modified Block (Run 8 Periods one day and A/B Block the other 4 Days)
- Quaker Valley HS: Trimester (Students take 6 Courses Over Three Terms)
- McLean HS, VA: Modified A/B Block (Students take 7 courses, 3 on one day and 4 on the other)
- Radnor HS: 3, 2, Flex (Run 8 Periods three days and an A/B Block on the other two Days)

Must-Haves in a Schedule

- See students at least 3-4 times per week
- Maintain our Beattie Program Flexibility
- Maintain Traditional Programs
 - Pre-School Program
 - Busy Bean
 - Independent Studies
 - Senior Opportunities
- Maintaining Courses that Run 7-periods per Week (AP)
- Creating a formal time for remediation and enrichment

Proposed High School Schedule (3, 2, Flex)

Monday (42 Minute Periods)	Tuesday (42 Minute Periods)	Wednesday (80 Minute Periods)	Thursday (80 Minute Periods)	Friday (42 Minute Periods)
Period 1	Period 1	Period 1	Period 2	Period 1
Period 2	Period 2			Period 2
Period 3	Period 3	Period 3	Period 4	Period 3
Period 4	Period 4			Period 4
Period 5	Period 5	Lunch & Learn		Period 5
Period 6	Period 6	Period 5	Period 6	Period 6
Period 7	Period 7	Period 7	Period 8	Period 7
Period 8	Period 8			Period 8

Proposed HHS Schedule Times

Time	Monday, Tuesday, & Friday
8:20-9:02	Period 1
9:06-9:48	Period 2
9:52-10:34	Period 3
10:38-11:20	Period 4
11:24-12:45	Period 5 Lunch A–11:24-11:59 Class–12:03-12:45 Class-11:24-12:06 Lunch B–12:10-12:45
12:49-1:31	Period 6
1:35-2:17	Period 7
2:21-3:03	Period 8

Time	Wednesday	Thursday
8:20-9:40	Period 1	Period 2
9:44-11:04	Period 3	Period 4
11:05-11:40	Lunch & Learn A	
11:40-12:15	Lunch & Learn B	
12:19-1:39	Period 5	Period 6
1:43-3:03	Period 7	Period 8

Lunch A: Math, Social Studies, Art, Music, PE, FCS, Academic Support, Enrichment

Lunch B: Science, English, World Language, Business, Special Education, & Engineering/Tech Ed.

Sample Student Schedule

Monday (42 Minute Periods)	Tuesday (42 Minute Periods)	Wednesday (80 Minute Periods)	Thursday (80 Minute Periods)	Friday (42 Minute Periods)
Social Studies	Social Studies	Social Studies	Math	Social Studies
Math	Math			Math
Band	Band	Band	World Language	Band
World Language	World Language			World Language
Lunch A	Lunch A	Lunch & Learn (75 minutes)		Lunch A
Science	Science	Science	Elective	Science
Elective	Elective			Elective
Elective or Study Hall	Elective or Study Hall	Elective or Study Hall	English	Elective or Study Hall
English	English			English

Sample Student Schedule w/ Lab

Monday (42 Minute Periods)	Tuesday (42 Minute Periods)	Wednesday (80 Minute Periods)	Thursday (80 Minute Periods)	Friday (42 Minute Periods)
AP Physics I	AP Physics I	AP Physics I	AP Physics I	AP Physics I
AP Calculus BC	AP Calculus BC			Online Wellness II
		AP Calculus BC	US History	AP Calculus BC
US History	US History			US History
Lunch A	Lunch A	Lunch & Learn (75 minutes)		Lunch A
Elective	Elective	Elective	Elective	Elective
Elective	Elective			Elective
Elective	Elective	Elective	English	Elective
English	English			English

Sample Student Schedule for P.M. Beattie



Monday (42 Minute Periods)	Tuesday (42 Minute Periods)	Wednesday (80 Minute Periods)	Thursday (80 Minute Periods)	Friday (42 Minute Periods)
Math	Math	Math	Social Studies	Math
Social Studies	Social Studies			Social Studies
Science	Science	Science	English	Science
English	English			English
Lunch A	Lunch A	Lunch & Learn (55 minutes)		Lunch A



A.W. Beattie Program



Sample Student Schedule for A.M. Beattie

Monday (42 Minute Periods)	Tuesday (42 Minute Periods)	Wednesday (80 Minute Periods)	Thursday (80 Minute Periods)	Friday (42 Minute Periods)
 A.W. Beattie Program 				
Online Course, Elective, or Study Hall	Online Course, Elective, or Study Hall	Study Hall (34 Minutes)	Study Hall (34 Minutes)	Online Course, Elective, or Study Hall
Lunch B	Lunch B	Lunch & Learn (75 minutes)		Lunch B
Math	Math	Math	Social Studies	Math
Social Studies	Social Studies			Social Studies
English	English	English	Science	English
Science	Science			Science

Senior Release Schedule

Monday (42 Minute Periods)	Tuesday (42 Minute Periods)	Wednesday (80 Minute Periods)	Thursday (80 Minute Periods)	Friday (42 Minute Periods)
Release Time	Release Time	Release Time	Math	Release Time
Math	Math			Math
Band	Band	Band	World Language	Band
World Language	World Language			World Language
Lunch A	Lunch A	Lunch & Learn (75 minutes)		Lunch A
Science	Science	Science	Social Studies	Science
Social Studies	Social Studies			Social Studies
Elective or Study Hall	Elective or Study Hall	Elective or Study Hall	English	Elective or Study Hall
English	English			English

What is Lunch and Learn?

75 Minutes of Time to:

- **Eat Lunch!**
- Meet with Teachers for Tutoring
- Meet with NHS Peer Tutors
- Make-Up Missed Quizzes & Tests
- Participate in Enrichment Activities
- Listen to a Guest Speaker
- Meet with College Representatives
- Work-Out or Play in Open-Gym
- Make Art in an Open Studio
- Make Music in the Music Lab
- Work on an Online Course or Independent Project
- Meet with a Club



Common Areas

1. Cafeteria
2. Hub (Main Foyer)
3. Freedom Shrine
4. Busy Bean
5. Outside (Weather Permitting)



Recommended High School Schedule (3, 2, Flex)

Monday (42 Minute Periods)	Tuesday (42 Minute Periods)	Wednesday (80 Minute Periods)	Thursday (80 Minute Periods)	Friday (42 Minute Periods)
Period 1	Period 1	Period 1	Period 2	Period 1
Period 2	Period 2			Period 2
Period 3	Period 3	Period 3	Period 4	Period 3
Period 4	Period 4			Period 4
Period 5	Period 5	Lunch & Learn		Period 5
Period 6	Period 6	Period 5	Period 6	Period 6
Period 7	Period 7	Period 7	Period 8	Period 7
Period 8	Period 8			Period 8