

Dec 11, 2024 | 📅 SHAC Meeting

Attendees: a.james05@yahoo.com Amanda Magness Annette Daniels
brittney381323@gmail.com Christy Tidwell David Hardy Heather Spohn
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Noel-Wilburn,LaTonya (HHSC/DSHS)
Liliana Luna Mindy Gennings patsy.minor@christushealth.org Shawn Davis
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Notes

Welcome and Introductions of committee members.

Mrs. Valerie Depriest made a motion to approve the agenda and Mrs. Heather Spohn seconded the motion for approval of the agenda.

Mindy Gennings, Director of College and Career Readiness, read the purpose and mission of the council.

Shawn Davis, Director of Child Nutrition reviewed Goal one of the district Health and Wellness Plan. The proposed changes were to remove Goal One and Objective One -The District's food service staff, teachers and other district personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms and other appropriate settings. Mr. Davis stated this goal is not necessary because this is part of the federal requirements and we must do this anyway so it should not be a goal.

Mr. Davis recommended we keep Goal two, but change Objective 1 under goal two from 80% of parents will have access to nutrition education through publishing of monthly newsletter approved by a registered dietitian to The Child Nutrition Department will distribute nutrition education and National School Lunch Programs/ School Breakfast promotional information through the publishing of monthly fliers via district email systems. Under Action steps we would change the word newsletters to emails and fliers. Mr. Davis recommended removing objective two under goal two because That is a federal guideline we must follow therefore it does not need to be a goal. Mr. Davis also recommended we change the third objective under goal two from receiving a score of bronze to the goal being to receive a score of silver level.

During the SHAC meeting on October 9, 2024, some committee members expressed their concerns regarding how difficult it is to access the cafeteria menus on the website.

They said there are entirely too many steps to take to find the menus. Mr. Davis said he appreciated the feedback and would work to find a solution. Mr. Davis presented a new way to access the menu during the December 11th meeting. Parents can access menus for all schools in TISD through LINQ and it only requires you to click two times to access the menus making it much more user friendly. The new site includes pictures of the menu item and updated nutritional information for all menu items.

Mrs. Spohn, Coordinator of Health Services, did not have any updates at this time.

The committee approved the recommended changes to the Wellness Plan and understand the changes will have to be approved by the TISD Board of Trustees and the new goals and objectives will begin in the 2025-2026 school year.

Mindy Gennings closed with reviewing the date of the next SHAC meeting which will be February 5, 2025 and asked for any recommended agenda topics for this meeting. Mrs. Amanda Magness, TISD staff member and parent, asked if we can review the minute requirements for physical activity for elementary students.

The meeting was adjourned.

Action items