

This institute is an equal opportunity provider and employer.

 **BREAKFAST**

Served daily: chilled/fresh fruit, assortment of juice & milk

 **LUNCH**


Served daily: chilled/fresh fruit, side salad, & milk

JANUARY

MS/HS Cafeteria

2025



Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
<p>All Choice #3 Options</p> <p>Each Entrée salad comes with a boiled egg as well as saltine crackers or goldfish crackers. Shredded cheese is available for all who do not have a milk/dairy allergy.</p> <p>Every meal will have the option of fresh fruits and/or veggies</p>	<p>Breakfast Cereal Bar w/Cheese Stick</p> <p>Lunch Frito Pie Refried Beans Corn Fruit</p> <p>Choice # 2 Crispitos w/Tostitos & Salsa</p> <p>Choice # 3 Chicken Fajita Salad</p>	<p>Breakfast Cinni Mini</p> <p>Lunch Cashew Chicken Rice & Eggroll Roasted Broccoli Fruit</p> <p>Fortune Cookie</p> <p>Choice # 2 Sweet & Sour Chicken</p> <p>Choice # 3 Grilled Chicken Salad</p>	<p>Breakfast Bagel w/Cream Cheese</p> <p>Lunch Chicken Patty/Country Fried Steak Mashed Potatoes w/Gravy Hot Roll Green Beans Fruit</p> <p>Choice # 2 Chicken Tender Hoagie w/Baked Chips</p> <p>Choice # 3 Deli Ham/Turkey Salad</p>	<p>Breakfast Pancake on a Stick</p> <p>Lunch Big Daddy's Pizza Pepperoni Breadstick Steamed Carrots Fruit</p> <p>Choice # 2 Big Daddy's Cheese Pizza w/Breadstick</p> <p>Choice # 3 Pulled Turkey Salad</p>
13	14	15	16	17
	<p>Breakfast Mini Donuts w/Yogurt</p> <p>Lunch Taco Bar Refried Beans Corn Fruit</p> <p>Choice # 2 Hot Ham & Cheese Croissant w/Baked Chips</p> <p>Choice # 3 Chicken Fajita Salad</p>	<p>Breakfast Strawberry Bagel</p> <p>Lunch Spaghetti w/Meat Sauce Breadstick Roasted Broccoli Fruit</p> <p>Choice # 2 Toasted Cheese Ravioli w/Tostitos & Salsa</p> <p>Choice # 3 Grilled Chicken Salad</p>	<p>Breakfast Mini French Toast Bites</p> <p>Lunch Breakfast Bar Biscuits & Gravy Hash Brown Fruit</p> <p>Choice # 2 French Toast Sticks</p> <p>Choice # 3 Deli Ham/Turkey Salad</p>	<p>Breakfast Breakfast Pizza</p> <p>Lunch Chicken Patty on a Bun w/Baked Chips Steamed Baby Carrots Fruit</p> <p>Choice # 2 Corndog w/Baked Chips</p> <p>Choice # 3 Pulled Turkey Salad</p>