



Schuylkill Valley Middle School March 2025



Every meal consists of servings from the following 5 meal components: **Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk**
Students MUST select a MINIMUM of 3 meal components offered and 1 MUST be a fruit or vegetable
 A selection of white and flavored 1% are offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
French Toast Sausage Links, Mixed Vegetables Celery w/ Peanut Butter Fruit Choice	Walking Tacos w/ ALL the toppings Mexican Beans, Corn Fruit Choice	Hot Dog w/ Chili or with Chili Broccoli Side Salad, Baby Carrots Fruit Choice	SCHOOL CLOSED	SCHOOL CLOSED
10	11	12	13	14
Spicy Chicken Patty Baked Beans California Blend Vegetables Fruit Choice	Hot Honey Beef over Mashed Potatoes Buttered Peas Side Salad Fruit Choice	General Tso's Chicken over Rice Broccoli Celery Sticks Fruit Choice	Subway Sandwich Smiley Fries Fresh Vegetable Fruit Choice	Pepper Jack Cheese Enchiladas Mexican Rice, Corn Fresh Vegetable Fruit Choice
17	18	19	20	21
Tatar Tot Casserole Mixed Vegetables Fresh Vegetable Fruit Choice	Cheeseburger w/ lettuce & Tomato Baked Bean, Glazed Carrots Fruit Choice	Honey BBQ Chicken Bites French Fries Fresh Vegetable Fruit Choice	Rotini w/ Meat Sauce Garlic Toast Green Peas Fruit Choice	Chicken Nuggets w/ Dinner Roll Spiral Fries California Blend Fruit Choice
24	25	26	27	28
Cheeseburger Mac & Cheese Winer Blend Side Salad Fruit Choice	Chick Filet Sandwich Tater Tots Buttered Peas Fresh Vegetable Fruit Choice	Assorted Pizza Green Beans Side Salad Fruit Choice	Beef Nacho Grande w/ Queso Cheese w/ ALL the toppings Mexican Beans, Corn Fruit Choice	Hot Ham & Cheese on Pretzel Bun Homemade Broccoli & Cheddar Soup Glazed Carrots Fruit Choice

Meal Prices

Breakfast

Free to all Students

Lunch - \$3.10 - Paid



Some of the following entrees will be offered daily as an alternate to the featured daily entree
 Pizza, PB&J Uncrustables, Subs, Wraps, Parfaits, Entrée Salads, Grinders

