



Mt. Diablo Adult Education/Parent Education Program
A Division of Mt. Diablo Unified School District



Parenting Certificate Class

Ten-Week In-Person Series

Tuesday Evenings 7:00-9:00 p.m.
Loma Vista Adult Center, Room C-4
1266 San Carlos Ave., Concord



This is a ten-week in-person ongoing series designed to provide tools, strategies, and resources for parents to build strong family values, positive relationships, and effective communication with their family members. Students will learn how to improve their mental health, well-being, and become decisive, confident individuals. **Class offered in-person.**

FREE for Mt. Diablo Unified School District Residents with proof of address.

If you live outside of the district area, the fee is \$10.00 per class.

Childcare available for children ages 3-12 years old, room E2. Please arrive 15 minutes before class starts if you need childcare services.

Steps to register online:

- You must pre-register to attend the class.
- Click [here to register now](#) or click [Register Now](#) at mdae.mdusd.org/programs/pe
- If you intend to attend a class offered on the day you registered, you must complete enrollment before 3:00 p.m.
- Log in if you have an account If do not have an account, create an account to register.

Class Attendance Information:

- Class starts at 7:00 p.m. **No late admittance.**
- Students need to stay the entire class and follow the class guidelines, to receive credit of attendance.
- You must complete all ten classes within six months to receive a certificate of completion.

For information regarding this class and other classes email the Parent Education Program at parented@mdusd.org, call (925) 685-7340 ext. 6720 or visit our website www.mdae.mdusd.org.



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CLASS TOPICS

- Class 1** Self-Esteem and Temperament
- Class 2** Communication in the Family
- Class 3** Parenting Styles and Philosophies
- Class 4** Punishment and Discipline
- Class 5** Positive Discipline and Solutions
- Class 6** Positive Parenting Skills: Ages & Stages of Development Birth to Ten
- Class 7** Positive Parenting Skills: Ages and Stages of Development Eleven to Eighteen
- Class 8** Co-Parenting and Parallel Parenting
- Class 9** Moving Forward: Parenting Implementation of Practices and Techniques
- Class 10** Class Review and Summary

CLASS SCHEDULE

December 2024 – June 2025

Date	Class	Date	Class
December 10	7	March 25	10
December 17	8	April 1	1
Winter Break		Spring Break	
January 7	9	April 15	2
January 14	10	April 22	3
January 21	1	April 29	4
January 28	2	May 6	5
February 4	3	May 13	6
February 11	4	May 20	7
February 18	5	May 27	8
February 25	6	June 3	9
March 4	7	June 10	10
March 11	8	June 24	1
March 18	9		

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