

# BREAKFAST MENU

BOCES – Bridges,  
MSA, PTECH

Breakfast is Free | Menu is subject to change | For more information, contact [hdussault@oneida-boces.org](mailto:hdussault@oneida-boces.org)

## JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Happy New Year! No School	2 No School	3 No School
6 Apple Frudel	7 Yogurt Parfait	8 Breakfast Sandwich	9 Nature Valley Oatmeal Round	10 Snackin' Waffle
13 Mini Cinni	14 Whole Grain Pancakes	15 National Bagel Day! Whole Grain Bagel with Cream Cheese	16 Breakfast Pizza	17 Assorted Whole Grain Muffins & Yogurt
20 Martin Luther King Jr. Day - No School	21 Apple Frudel	22 Good Morning Wrap	New! 23 Cinnamon Bun	24 Pancake Sausage Stick
27 Zee Zee Bar	28 Homemade Apple Cinnamon Muffin or Muffin Bar & Yogurt	29 Lunar New Year – No School	30 National Oatmeal Month! Overnight Oats	31 Whole Grain Bagel with Cream Cheese



### Available Daily

- Yogurt
- Assorted Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice-Cold New York State Milk

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Equal Opportunity Employer.



# LUNCH MENU

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## JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Happy New Year! No School	2 No School	3 No School
6 Homestyle Plain or BBQ Chicken Tenders Goldfish Crackers Tuna Salad Sandwich Broccoli	7 Nachos with Queso Deli Turkey Sandwich ★Corn	8 Mozzarella Sticks with Dipping Sauce Deli Ham Sandwich ★Green Beans	9 <b>Dip N' Sip</b> Grilled Cheese Sandwich & Tomato Soup Mixed Deli Sandwich ★Maple Glazed Carrots	10 Pizza Party! Cheesy Cheese or Chicken, Bacon & Ranch Pizza Fresh Green Salad
13 Boneless Chicken Bites Plain or Buffalo Buttered Noodles Tuna Salad Sandwich Broccoli	14 Beef Chili & Tortilla Chips Deli Turkey Sandwich ★Corn	15 Italian Dunkers with Dipping Sauce Deli Ham Sandwich ★Green Beans ★Sunshine Bar	16 Brunch for Lunch! French Toast Sticks Breakfast Sausage Mixed Deli Sandwich Golden Hashbrown	17 National Pizza Week! Cheesy Cheese or Buffalo Chicken Pizza Fresh Green Salad
20 Martin Luther King Jr. Day - No School	21 Crispy Chicken or Chicken Parm Sandwich Deli Turkey Sandwich Broccoli	22 Max Pizza Sticks Deli Ham Sandwich ★Green Beans	23 Backyard BBQ Hamburger or Cheeseburger Mixed Deli Sandwich ★Roasted Ranch Potatoes Oreo Whip	24 Pizza Party! Cheesy Cheese or Garlic Pizza Fresh Green Salad
27 Homestyle Plain or Teriyaki Chicken Tenders Goldfish Crackers Tuna Salad Sandwich Broccoli	28 Tot-Chos with Queso Deli Turkey Sandwich ★Corn	29 Lunar New Year – No School	30 Game Day Buffalo Chicken Dip with Tortilla Chips Mixed Deli Sandwich ★Roasted Cauliflower ★Miss Mila's Cookie	31 Pizza Party! Cheesy Cheese or Sausage Pizza Fresh Green Salad



Available Daily

Fresh Entree Salads

Party Plates

Peanut Butter & Jelly Sandwich

Fresh Subs and Wraps

Assorted Fresh Fruit

Vegetable Cruncher Cups

Variety of Fresh Fruit & Juice

Ice Cold New York State Milk

### Local Items this Month

Milk, Yogurt, Meatballs, Corn,

Potatoes, Cauliflower, Green

Beans, Grape Slushie,

Miss Mila's Cookie

★ Local items are indicated with a  
star on the menu

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