



# PIONEER JR. HIGH

## breakfast menu



### - SERVED DAILY -

#### *Benefit Bars*

choice of:  
banana chocolate chunk  
oatmeal chocolate chip  
apple cinnamon



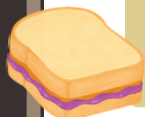
#### *Mini Pancakes*

mini eggo® pancakes with option  
of sausage patty



#### *Smuckers Uncrustable™*

crustless soft, wheat bread filled with  
grape jelly



#### *Muffins*

choice of: whole grain banana or  
blueberry muffins served warm



### DAILY BREAKFAST SIDE

#### *Dairy Duo*

4 oz. low sugar yogurt & string cheese  
Still hungry? Grab this duo in addition  
to your favorite breakfast item!



#### *Kickstart*

#### *Cereal Cups*

Variety of whole-grain cereals



### - SPECIALS OF THE DAY -

#### MON/WED/FRI SPECIAL

#### *Breakfast Burrito*

fluffy scrambled eggs, crispy potatoes,  
and savory chorizo bits and shredded  
cheese in a warm, whole wheat tortilla



#### TUE/THUR SPECIAL

#### *Egg-Citing Bagelwich*

freshly made egg patty paired with  
a savory turkey sausage patty,  
topped with cheese, served inside  
a hearty, whole grain bagel



### MILK, FRUIT, AND JUICE ARE OFFERED AT EVERY BREAKFAST

Assorted Juices  
White Milk (Options):  
1% Low-fat  
Non-fat  
Lactaid

Assorted Seasonal Fruits:  
Cantaloupe  
Peaches  
Watermelon  
\*50% of our fruits are organic & locally grown



 = Whole Grain Item





# PIONEER JR. HIGH

## lunch menu

- SERVED DAILY -

### Fresh Berry Parfait

vanilla yoplait yogurt® served with organic, locally grown mixed berries, paired w/ whole grain nature valley granola™



### Smuckers Uncrustable™

crustless soft, wheat bread filled with grape jelly



### Crispy Clucker's Sandwich



crispy, tender lean chicken breast inside a golden buttery brioche bun along with tomato, pickles, and lettuce fixings

### Kickin' Chicken Sando



spicy crispy, tender lean chicken breast inside a golden buttery brioche bun along with the option of tomato, pickles, and lettuce fixings



## - SPECIALS OF THE DAY -

### MONDAY SPECIAL

#### Orange Chicken & Brown Rice



tangy, sweet and sour chicken rested alongside freshly made long grain brown rice

#### Turkey Delight 2.0

oven-roasted turkey carvings, crispy lettuce, and american cheese on a brioche bun with mayo on the side



### TUESDAY SPECIAL

#### Chicken Chunks

tender, flaky breaded chicken chunks served with your choice of bbq, ranch, or ketchup

#### Tacos

freshly cooked ground turkey cooked in a house-made taco seasoning inside a warm corn tortilla shell and a side of shredded lettuce, sour cream, and pico de gallo



### WEDNESDAY SPECIAL

#### Italian Deli Salad



turkey salami, turkey ham, turkey pepperoni, provolone cheese, bell pepper, green onion, pepperoncinis, parmesan cheese, avocado, cherry tomatoes, croutons, and italian dressing





## Hot Pizza Delivery

choice of:  
cheese or pepperoni



## THURSDAY SPECIAL

### Wings & Fries



zesty hot wings, buttery garlic bread, and curly fries

### Taco Bout A Good Burrito

freshly made with delicious beans and melted cheese from locally owned restaurant Taco Bout Good in Upland, Ca



## FRIDAY SPECIAL

### Pioneer Burger

juicy scratch made ground beef patty and local American cheese inside a golden bun served with the option of lettuce, tomato, and pickles

### Penne Pasta and Meatballs

penne pasta and juicy beef meatballs in a roasted garlic marinara sauce topped with parmesan

## EVERY LUNCH COMES WITH A MILK, FRUIT, AND/OR VEGETABLE

### Drink Offerings:

Milk (Options):  
1% Low-fat White Milk  
Non-fat White Milk  
Non-fat Chocolate Milk  
Lactaid  
Froot Jooce®

### Assorted Fruits:

Cantaloupe  
Peaches  
Oranges  
and More!

### Assorted Veggies:

Baby Carrots  
Corn  
Broccoli  
and More!

\*50% of our fruits are organic & locally, grown

### Other Nutritious Daily Offerings at Breakfast & Lunch

1% White Milk & Non-Fat Milk Local (Driftwood Dairy)

Farm to School Organic Fruits: Oranges, Cantaloupe, Watermelon, Honeydew, Peach, & Nectarines

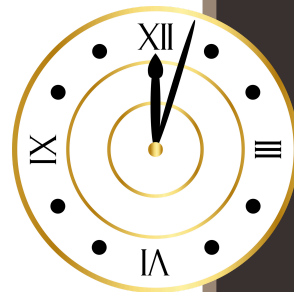
Local (Redlands, CA Old Grove Orange Farms)

Veggie Variety

Connect with Our Nutrition Services Team!



@uusdfarntoschool



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\*Menu subject to change

\*Manager specials to be added

\*This institution is an equal opportunity provider and employer



= Whole Grain Item