Afterschool Snack Menu January 2025

Monday	Tuesday	Wednesday	Thursday	Friday	
Scooby Doo Graham Stix (1oz bag)	Cheez It Crackers (.75oz bag)	Goldfish Pretzel (.75oz bag)	Cheddar Goldfish Crackers	Tiger Chocolate Graham	<
Fresh Apple	Fresh Orange	Fresh Banana	(.75oz bag)	Cracker (.78oz bag)	
(1c) F	(3/4c) F	(1c) F	Raisins (1c) F	Fresh Apple (1c) F	

Item Name	Portion	M f	T (1 C 1)	
	Size	Manufacturer and Number	Total Calories, % Calories Sugar, % Calo- ries Fat	USDA Compo- nent
Scooby Doo Graham Stix	1 each	Kelloggs' 20150	130 / 25% / 28%	1 Whole Grain
Fresh Apple 125ct	l each	Daylıght	94/80%/2.94%	1 cup Fruit
Cheez It Crackers	1 each	Kellogg's 79263	90/ 0%/ 28%	1 Whole Grain
Fresh Oranges	9 slices	Daylight	45/80%/2.29%	3/4 cup Fruit
Goldfish Pretzel	1 each	Pepperidge Farm	90/0/5% 210/55%/3.33%	1 Whole Grain
Fresh Banana	2 each	Daylight		1 cup Fruit
Cheddar Goldfish	1 each	Pepperidge Farm 18105	100/ 0%/ 35%	1 Whole Grain
Raisins	2 boxes	USDA 100293	120/90%/0%	1 cup Fruit
Tiger Graham Crack- er	1 each	Tiger Bites	120/23%/30%	1 Whole Grain
Fresh Apple 125ct	1 each	Daylight	94/80%/2.94%	1 cup Fruit
	Stix Fresh Apple 125ct Cheez It Crackers Fresh Oranges Goldfish Pretzel Fresh Banana Cheddar Goldfish Raisins Tiger Graham Crack- er	Stix1 eachFresh Apple 125ct1 eachCheez It Crackers1 eachFresh Oranges9 slicesGoldfish Pretzel1 eachFresh Banana2 eachCheddar Goldfish1 eachRaisins2 boxesTiger Graham Crack- er1 each	Stix1 eachDaylightFresh Apple 125ct1 eachDaylightCheez It Crackers1 eachKellogg's 79263Fresh Oranges9 slicesDaylightGoldfish Pretzel1 eachPepperidge FarmFresh Banana2 eachDaylightCheddar Goldfish1 eachPepperidge FarmRaisins2 boxesUSDA 100293Tiger Graham Crack- er1 eachTiger Bites	Scooby Doo Graham Stix1 each 1 eachKelloggs' 20150 Daylight130 / 25% / 28%Fresh Apple 125ct1 eachDaylight94/80%/2.94%Cheez It Crackers1 eachKellogg's 7926390/ 0%/ 28%Fresh Oranges9 slicesDaylight45/80%/2.29%Goldfish Pretzel1 eachPepperidge Farm 1810590/0/5% 210/55%/3.33%Fresh Banana2 eachDaylightCheddar Goldfish1 eachPepperidge Farm 18105100/ 0%/ 35% 120/90%/0%Tiger Graham Crack- er1 eachTiger Bites120/23%/30%

Students must take two snack items to count as a reimbursable meal.

These snacks meet the requirements of California Education Code sections 49430-49431.7, 8482-8484.6 and Federal National School Lunch Program guidelines as specified in the USDA's *Food Buying Guide*

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This institution is an equal opportunity provider