



The Bear Facts

Franklin Elementary School

1501 Figuers Drive
Franklin TN 37064

615-794-1187 phone
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<http://franklinelementary.fssd.org/>

Dr. April Carrigan, Principal

Lauren Simpson M.Ed., Assistant Principal

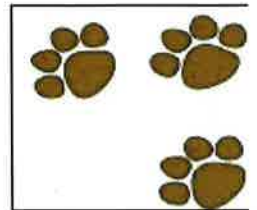
Important Numbers

Front Office 615-794-1187

FES MAC 615-591-2813

Nurse 615-472-3808

Cafeteria 615-472-3866



BIRTHDAYS

12/23 Jessica Wylie
12/30 Amelia Kiger
12/31 Amy Brannum



CALENDAR

12/20 Winter Assembly
Abbreviated Day (Dismiss @ 10:30)
2/23 - 1/3 Winter Break
1/6/25 Administrative Day
1/7/25 Students Return
1/9/25 4th Grade Field Trip
1/10/25 Report Cards Issued



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IN THIS ISSUE:

- Principal's Message
- Assistant Principal's Tip
- Counselor's Corner
- Coordinated School Health News
- Nurse's Note
- PTO Happenings
- MAC Holiday Hours
- Lunch Menu



Principal's Message

By: Dr. April Carrigan

I hope your family and you had a wonderful week! It has certainly flown by! Our students enjoyed a wonderful Winter Concert at Freedom Middle School last week. It was so great to see many of our former students and siblings of our current students singing and performing.



Our 4th graders caroled today at the Franklin Factory spreading cheer for all to hear! Next week, our kindergarteners will be visiting NHC to sing and bring happiness to the residents.

Next week is a busy week for us! We will have a Holiday Spirit Week. The theme for each day is noted on a flyer at the end of our Bear Facts. On Thursday, December 19, our 3rd graders will be performing Polar Express at 10:00. Our students have worked so hard and are so excited to perform for their school and families. On Friday, December 20, we will enjoy our Winter Sing-along, and our students will be dismissed at 10:30 (PK will dismiss between 9:50 – 10:00). We will not be serving breakfast that day.

I hope your family and you have a wonderful and relaxing winter break!

Assistant Principal's Tip

By: Lauren Simpson



The holidays are a great time for children to show love and appreciation to the people in their lives. Encourage your child to show appreciation and gratitude to others by writing holiday or thank-you cards. Use this opportunity to reinforce writing and drawing skills.

Counselor's Corner

By: Andrea Gillette, School Counselor



Happy Friday! I hope you and your family had a great week. The character word for the month of December is caring, and the students have been learning what it means to be a caring person. The kindergarten and third grades came to my class this week. The kindergarten students learned about using kind words and actions, and the third-grade students learned about bullying with the focus of the lesson on being kind to others.

Next week, the first, second, and fourth grade students will come to my class. The first-grade students will learn ways to stand up for themselves, the second-grade students will continue to learn strategies to use if they are teased, and the fourth- grade students will learn about empathy. We will focus on caring behaviors in all the lessons. Have a great weekend!

Congratulations to our Students who were chosen for the month of November for showing Perseverance!

K Freya Anderson
1st Jude Riley
2nd Raylan Fischer
3rd Elena Perez
4th Ava Vereen



Coordinated School Health News

By: Lisa Chatman, FSD School Health Coordinator

Hello and Season's Greetings FES Faculty and Families! This has been such a busy time for us in school health. Betsy Fuqua is retiring, and we wish her happy trails. Beginning in January, Sheila Morreale will be the assistant, and we want to welcome her to FSD coordinated school health.

Nurse Deal recently completed blood pressure screenings on our 2nd grade students. We appreciate her knowledge and the well-behaved girls and boys that made this a smooth and easy process.

The first-grade students enjoyed a dental hygiene presentation by Ms. Bella and Ms. Caroline from the Williamson County Health Department. Everyone received toothpaste, floss, and a new toothbrush at the end of the program.

In the MAC student health council, we had an apple tasting and completed a data chart. We tried gala, granny smith, and sweet tango apples. The results found they are all tasty, but a tart granny smith is a favorite, delicious snack.

Enjoy the upcoming break, and we will see you in 2025!



Nurse's Note

By: Sandra Deal, School Nurse

How Do Clean Hands Help Health?

Good hand washing is the first line of defense against the spread of many illnesses – from the common cold and many types of diarrhea, to more serious illness, such as flu or meningitis.

How Do Germs Spread?

Germs can spread many ways, including:

- Touching dirty hands
- Changing dirty diapers
- Through contaminated water and food
- Through droplets in the air released during a cough or sneeze
- On contaminated surfaces
- Through contact with a sick person's body fluids



When kids have contact with germs, they can become infected just by touching their eyes, nose, or mouth. Once they're infected, it's usually just a matter of time before the whole family comes down with the same illness.

When Should We Wash Our Hands?

To stop the spread of germs in your family, make regular hand washing a rule for everyone. It's especially important:

- Before eating and cooking
- After using the bathroom
- After cleaning around the house
- After touching animals, including family pets
- Before and after visiting or taking care of any sick friends or relatives
- After blowing one's nose, coughing, or sneezing
- After being outside (playing, gardening, etc.)

What's the Best Way to Wash Hands?

Here's how to scrub those germs away. Teach this to your kids, or better yet, wash your hands together often so they learn how important this good habit is:

1. Wet your hands with clean, running water (warm or cold). Make sure the water isn't too hot for little hands.
2. Use soap and lather up for about 20 seconds. Antibacterial soap isn't a must — any soap will do.
3. Make sure you get in between your fingers, on the backs of hands, and under the nails where germs like to hang out. Don't forget the wrists!
4. Rinse and dry well with a clean towel.

PTO Happenings

By: Callie Alexander, PTO President

'Tis the season for gratitude, and I want to thank everyone here at FES! This school is blessed to have the best students, families, and faculty. Many have already signed up to contribute to our upcoming Staff Holiday Breakfast next Tuesday, December 17th. If you haven't yet had an opportunity to look at the sign-up list, items still needed can be found on Parent Square. Our staff look forward to this breakfast each year, and it really starts their morning off merry and bright! In the hustle and bustle of the holiday season, I hope you're able to enjoy your winter break. Wishing you the merriest of holidays!



MAC Holiday Hours

ABBREVIATED DAY

School will let out Friday, 20th at 10:30 a.m. MAC will be open from 10:30 a.m. until 6:00 p.m. On this day, school will not provide breakfast or lunch. MAC will provide lunch. MAC will be serving hot dogs,

chips and drinks. If your child does not like hot dogs, please send your child a sack lunch and drink. You must sign up for this day at the MAC desk. Deadline to sign is Tuesday, December 17th. Come one, come all! We have lots and lots of fun activities planned! We have Christmas Trivia, cookie decorating, Christmas minute to win it, Christmas the Left, Right Game, the Reptile Guy will be coming, and much more!

WINTER BREAK

MAC is closed: December 23rd through December 27th and December 30th through January 1st. MAC is open: January 2nd, 3rd, and 6th. (Students return to school on Jan 7th.)

Deadline to register for these days is Tuesday, December 17th. The link to register is <https://forms.gle/RNbkbukE5ZQbRfMn6>. Any family that registers past the deadline will be charged \$10.00 per day.

Franklin Elementary / Lunch

JANUARY 2025

		Wed 1	Thu 2	Fri 3
		No Information Provided	No Information Provided	No Information Provided
Mon 6	Tue 7	Wed 8	Thu 9	Fri 10
No Information Provided	Tacos Baked Potato with Taco Meat Salad Bar Black Beans Lettuce, Tomato, Salsa Assorted Fruit Treat Tuesday	Chicken Smackers BBQ Chicken Salad Bar Green Beans Mashed Potatoes Roll Assorted Fruit	Bosco Sticks Home-style Meatloaf Salad Bar Honey Glazed Carrots Corn Assorted Fruit	Cheese Pizza Pepperoni Pizza Taco Pizza Romaine Tossed Salad Salad Bar Baby Carrots Assorted Fruit
Mon 13	Tue 14	Wed 15	Thu 16	Fri 17
Hamburger/Cheeseburger Mini Corn Dog Salad Bar Baked Beans Lettuce, Tomato, Pickles Assorted Fruit	Cheese Enchiladas Casserole Chicken Enchiladas Casserole Salad Bar Refried Beans Steamed Broccoli Assorted Fruit Treat Tuesday	Chicken Smackers Lemon Pepper Chicken Salad Bar Green Beans Mashed Potatoes Roll Assorted Fruit	Spaghetti with Meat Sauce Buttery Noodles Salad Bar Italian Vegetable Blend Creamed Spinach Breadsticks Assorted Fruit	Cheese Pizza Pepperoni Pizza Chicken Bacon Ranch Pizza Caesar Salad Salad Bar Corn Assorted Fruit
Mon 20	Tue 21	Wed 22	Thu 23	Fri 24
No Information Provided	Walking Taco Taco Salad Salad Bar Black Beans & Corn Lettuce, Tomato, Salsa Assorted Fruit Treat Tuesday	Chicken Smackers Zesty Italian Chicken Salad Bar Green Beans Mashed Potatoes Roll Assorted Fruit	Bosco Sticks Fish Nuggets Salad Bar Peas and Carrots Rice Hushpuppies Assorted Fruit	Cheese Pizza Pepperoni Pizza Vegetable Pizza Romaine Tossed Salad Salad Bar Baby Carrots Assorted Fruit
Mon 27	Tue 28	Wed 29	Thu 30	Fri 31
	Cheese Quesadilla	Chicken Smackers	Chicken & Waffles	Cheese Pizza

Beverages Apple Juice - Orange Juice - Milk Chocolate Fat Free - Milk Fat Free - Milk 1%
 Condiments Honey Mustard Dressing - Ketchup - Mayonnaise - Ranch Dressing - Tarter Sauce - Taco Sauce
 Salad Bar
 Breakfast(\$2.75) Breakfast Reduced(\$0.30) Breakfast- Adults(\$3.00) Lunch(\$3.75) Lunch- Reduced(\$0.40)
 Lunch- Adult(\$4.25) Lunch- Child Visitors(\$3.75) Holiday Meals Visitors(\$5.00) Ice Cream(\$1.00) Milk(\$0.75)

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Franklin Elementary / Lunch

JANUARY 2025

Mon 27	Tue 28	Wed 29	Thu 30	Fri 31
Hamburger/Cheeseburger Hot Dog Salad Bar Baked Beans Lettuce, Tomato, Pickles Waffle Fries Assorted Fruit	Chicken & Cheese Quesadilla Salad Bar California Blend Veggies White Beans Assorted Fruit Treat Tuesday	Cajun Chicken Salad Bar Green Beans Mashed Potatoes Roll Assorted Fruit	Salad Bar Roasted Broccoli Tri-Taters Assorted Fruit	Pepperoni Pizza Three Meat Pizza Caesar Salad Salad Bar Corn Assorted Fruit

Beverages Apple Juice - Orange Juice - Milk Chocolate Fat Free - Milk Fat Free - Milk 1%
 Condiments Honey Mustard Dressing - Ketchup - Mayonnaise - Ranch Dressing - Tarter Sauce - Taco Sauce
 Salad Bar
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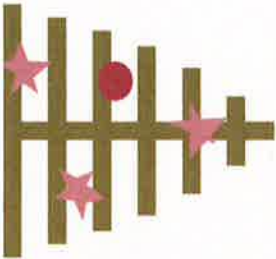
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Holiday Spirit Week

December 16-20

Monday
Candy Cane Day

Dress in your best red and white apparel.



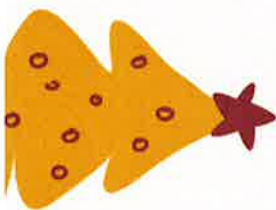
Tuesday
Grinch Day

Dress in your favorite green apparel.



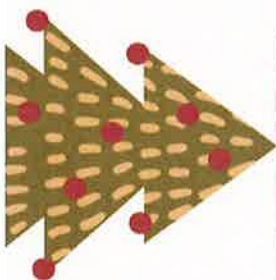
Wednesday
Winter Wonderland

Dress in your cozy blue and white apparel.



Thursday
Merry Pajamas

Get comfy in your holiday jammies.



Friday
Festive Friday

Wear your brightest and/or ugliest sweater.

