Upland Unified School District Pre-School Lunch Menu January

served

Fresh Fruit & Vegetable **Options Vary** Dailv

Local Driftwood Dairy California Milk 1% White Milk or

Non-Fat White Milk

and Lactaid milk is offered upon

Week 2 Dates 1/13-1/16 1/27-1/30

Monday

Goldfish.

Jacks BBQ Bites

ounce serving)

Jacks BBO Bites

Fruit Option (1/4 cup)

Vegetable Option (1/4

(aub)

Milk (1% or FF)

Tuesday

Turkey & Cheese Kit

Fruit juice Option (1/4 cup)

Vegetable Option (1/4 cup)

Milk (1% or FF)

Wednesday

Thursday

Mini Chocolate Chip

Muffin, Turkey Stick &

String Cheese

Fruit Option (1/4 cup)

Vegetable Option (1/4 cup)

Milk (1% or FF)

Week 1 Dates 1/6-1/9

Day

Fruit Option (1/4 cup) Vegetable Option (1/4 1/22-1/23 cup)

& Strawberry Go-gurt

Milk (1% or FF)

Cereal Cup Option (1 & Strawberry Go-gurt

Turkey Ham and Cheese Sandwich on Brioche Roll

Fruit juice Option (1/4 cup)

Vegetable Option (1/4 cup) Milk (1% or FF)

Dick and Jane Graham Crackers. Yogurt

& Cheese Cubes Fruit Option (1/4 cup)

Vegetable Option (1/4 cup) Milk (1% or FF)

Tiger Graham Crackers,

Yogurt & Cheese Cubes

Fruit Option (1/4 cup) Vegetable Option (1/4 cup)

Milk (1% or FF)

String Cheese Fruit Option (1/4 cup) Vegetable Option (1/4 cup) Milk (1% or FF)

Mini Blueberry Muffin,

Turkey Stick &

Request





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