

# Seizure Action Plan

## Training Requirements Guidelines: Other School Personnel

[SB1654; schools; seizure management; treatment plans](#) become [15-160.02](#) in 2022, establishing new training and Seizure Action Plan (SAP) guideline requirements by September 2023. The Arizona State Board of Education (Board) developed rules as required by law, including approval of the free training provided by the Epilepsy Foundation for both school personnel and school nurses in September 2022.

Schools may submit a request to the Board to obtain approval for other SAP training. Each submitted training for other school personnel will be reviewed using the criteria listed below. The Arizona Department of Education (ADE) will assist with reviews of school-submitted training and provide feedback for the Board to determine the approval status.

<b>About the Seizure Action Plan Training for Other School Personnel</b>
<i>Each submitted Seizure Action Plan (SAP) Other School Personnel Training will be reviewed for the following components and content:</i>
The SAP Training was developed and/or last reviewed in the last 3 years, demonstrating content is current and up to date.
The SAP Training provides a clear list of course objectives, indicating the topics to be offered and expected learning outcomes for the school personnel.
The SAP Training provides references (i.e., on slides, at the conclusion of the slide presentation, or as a reference list) that are current (< 7 years old).
The SAP Training presenter(s) information including credentials is provided, demonstrating competence and qualifications to offer this training.
The SAP Training offers attendees an opportunity to evaluate the overall training post-attendance.
The SAP Training offers a post-evaluation to assess knowledge gained after attendance.
<b>Seizure Action Plan Training Content for Other School Personnel</b>
<i>The SAP Other School Personnel Training should, at a minimum, offer content on the following listed topics. For review purposes, detail for each topic area should be provided in the submitted documents (i.e., written curriculum, presentation slides, video):</i>
What Do Seizures Look Like (i.e., change in movement, sensation, behavior, speech, awareness)
What is Epilepsy (i.e., definition, who can get it, not contagious)
Common Causes of Epilepsy
Seizure Types and Characteristics (i.e., focal, generalized and unknown onset)
Common Treatment Options for Seizures (i.e., Anti-seizure drugs, surgery, implanted neurostimulation devices, medically prescribed diets)
Seizure Action Plan: What is it and why is it needed.

Seizure First Aid: Basic Principles and implementation in different settings (i.e., classroom, bus, after school activities)

When to call Health Team, 911 in a School Setting

Rescue Treatment: What are they, when they are used and who can give it (i.e., medication, vagus nerve stimulation)

Ways to provide support to students with Epilepsy (i.e., assisting with learning needs, helping student understand and manage triggers, assisting with positive peer interaction, preventing bullying)