

JANUARY 2025

BREAKFAST



School Information:

K-12 Breakfast Price \$3.00
K-12 Reduced \$.30.



Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



This institution is an equal opportunity provider. Menu is subject to change without notification.

1

Christmas Break

2

Christmas Break

3

Christmas Break

6

Pancakes & Sausage or Cereal Patty
 Tropical Fruit
 Fruit Juice Choice
 Milk Choice

7

Bagel w/Toppings or Cereal
 Strawberries
 Fruit Juice Choice
 Milk Choice

8

Breakfast Pita w/Salsa or Cereal
 Sliced Pears
 Fruit Juice Choice
 Milk Choice

9

Biscuit & Gravy or Cereal
 Mandarin Oranges
 Fruit Juice Choice
 Milk Choice

10

Assorted Cereal or Pop Tarts
 Yogurt Cup
 Apple
 Fruit Juice Choice
 Milk Choice

11

Cinnamon Roll or Cereal
 Pineapple Chunks
 Fruit Juice Choice
 Milk Choice

12

Coffeecake or Cereal
 Fresh Citrus Fruit Cup
 Fruit Juice Choice
 Milk Choice

13

Western Omelet w/Salsa or Cereal
 Fresh Grapes
 Fruit Juice Choice
 Milk Choice

14

Biscuit & Gravy or Cereal
 Fruit Cocktail
 Fruit Juice Choice
 Milk Choice

15

French Toast Sticks W/Syrup or Cereal
 Banana
 Fruit Juice Choice
 Milk Choice

18

Mini Waffles w/Syrup or Cereal
 Apricot Halves
 Fruit Juice Choice
 Milk Choice

19

Breakfast Pizza or Cereal
 Peaches
 Fruit Juice Choice
 Milk Choice

20

Egg Taco w/Salsa or Cereal
 Graham Snacks
 Fresh Kiwi
 Fruit Juice Choice
 Milk Choice

21

Biscuit & Gravy or Cereal
 Rosy Applesauce
 Fruit Juice Choice
 Milk Choice

22

Breakfast Muffin or Cereal
 Diced Pears
 Fruit Juice Choice
 Milk Choice

27

Pancake on Stick
 Strawberries
 Fruit Juice Choice
 Milk Choice

28

Granola Breakfast Bar or Cereal
 Fruit Cup
 Fruit Juice Choice
 Milk Choice

29

Chicken Biscuit
 Breakfast Snd or Cereal
 Mixed Fruit
 Fruit Juice Choice
 Milk Choice

30

Biscuit & Gravy or Cereal
 Tropical Fruit
 Fruit Juice Choice
 Milk Choice

31