

Breakfast Menu

Pre-K Menu

January 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



2 Red. Sugar Cocoa Puffs Cereal ✓
Light Mozzarella Cheese Stick
Diced Peaches

3 Whole Grain French Toast Slices ✓
100% Juice Fruit Punch

6 Chocolate Chip Muffin ✓
Diced Pear Cup

7 Red. Sugar Cinnamon Toast Crunch Cereal ✓
Light Mozzarella Cheese Stick
100% Orange Tangerine

8 Maple Mini Waffles ✓
Applesauce

9 Cheerios Cereal ✓
Light Mozzarella Cheese Stick
Diced Peaches

10 Whole Grain French Toast Slices ✓
100% Juice Fruit Punch

13 Blueberry Muffin ✓
Diced Pear Cup

14 Fruity Cheerios Cereal ✓
Light Mozzarella Cheese Stick
100% Orange Tangerine

15 Maple Mini Waffles ✓
Applesauce

16 Red. Sugar Cocoa Puffs Cereal ✓
Light Mozzarella Cheese Stick
Diced Peaches

17 Whole Grain French Toast Slices ✓
100% Juice Fruit Punch



21 Red. Sugar Cinnamon Toast Crunch Cereal ✓
Light Mozzarella Cheese Stick
100% Orange Tangerine

22 Maple Mini Waffles ✓
Applesauce

23 Cheerios Cereal ✓
Light Mozzarella Cheese Stick
Diced Peaches

24 Whole Grain French Toast Slices ✓
100% Juice Fruit Punch

27 Blueberry Muffin ✓
Diced Pear Cup

28 Fruity Cheerios Cereal ✓
Light Mozzarella Cheese Stick
100% Orange Tangerine

29

30 Red. Sugar Cocoa Puffs Cereal ✓
Light Mozzarella Cheese Stick
Diced Peaches

31 Whole Grain French Toast Slices ✓
100% Juice Fruit Punch

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

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Available Daily

Fresh Fruit (apple, orange, banana or seasonal) available with Breakfast Meal
Fat Free and Low-fat Milk available Daily

All grains are WG and/ or WW

