

Prices 2024-2025
Student Lunch \$2.90
Adult Lunch \$5.00
Reduced Lunch FREE

JANUARY

GHMS LUNCH 2025

Prepared by CVSD (717)556-0025

BUCKSKIN BAG

#1 WG Mini Pretzels, String Cheese, Peanut Butter, Grahams
 #2 WG Sun Chips, Turkey Stick, Mini Loaf, Sunflower Seeds
 #3 WG Grahams, Yogurt, Peanut Butter, Mini Muffin
 #4 WG Chex Mix, Turkey Stix, Mini Loaf, Cheese Stix

Monday	Tuesday	Wednesday	Thursday	Friday
		1 NO SCHOOL	2 Popcorn Chicken / Snack Bag or PBJ or Buckskin Bag #1 BBQ Baked Beans Dole Fruit Jell-O / Fresh Fruit Milk	3 French Bread Pizza or PBJ or Buckskin Bag #1 Steamed Carrots Broccoli Florets w/ Ranch Pears / Fresh Fruit Milk
6 Cheeseburger on WG Roll or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll French Fries Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk	7 Cheese Crunchers Sun Chips & Dipping Sauce or Ham & Cheese on WG Roll Garden Salad / Cheez Its / WG Roll Steamed Broccoli Celery Stix w/ Ranch Mixed Fruit / Fresh Fruit Milk	8 Chicken Quesadilla / Mini Cornbread Salsa & Sour Cream or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll Refried Beans Grape Tomatoes w/ Ranch Pineapple / Fresh Fruit Milk	9 French Toast Stix / Sausage Links or Ham & Cheese on WG Roll or Garden Salad / Cheez Its / WG Roll Hash Browns Broccoli Florets w/ Ranch Pears / 100% Fruit Juice Milk	10 Cheese Pizza or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll Mixed Vegetables Cucumber w/ Ranch Apple Sauce / Fresh Fruit Milk
13 Breaded Roasted Chicken / WG Roll or Buckskin Bag #3 or Deli Salad / Sun Chips / Bread Stick Scalloped Potatoes Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk	14 Pretzel Bun w/ Cheese or PBJ or Deli Salad / Sun Chips / Bread Stick Tomato Soup / Goldfish Crackers Cucumbers w/ Ranch Peaches / Fresh Fruit Milk	15 Teriyaki Dippers / Fried Rice Eggroll / Orange Sauce or Buckskin Bag #3 or Deli Salad / Sun Chips / Bread Stick Steamed Broccoli Baby Carrots w/ Ranch Pineapple / Fresh Fruit Milk	16 Walking Taco or PBJ or Deli Salad / Sun Chips / Bread Stick Mexican Bean Salad Lettuce / Tomato / Cheese Apple Sauce / Fresh Fruit Milk	17 EARLY DISMISSAL French Bread Pizza or PBJ Green Beans Apple Slices Milk
20 NO SCHOOL	21 NO SCHOOL	22 Popcorn Chicken / WG Roll Buckskin Bag #4 or Italian Meat on WG Roll Mashed Potatoes w/ Gravy Baby Carrots w/ Ranch Peaches / Fresh Fruit Milk	23 Jumbo Hotdog w/ Mac & Cheese or Buckskin Bag #4 or PBJ Italian Meat on WG Roll or BBQ Baked Beans Celery Stix w/ Ranch Mixed Fruit / Fresh Fruit Milk	24 Pizza Stix w/ Sauce or Buckskin Bag #4 or Italian Meat on WG Roll Mixed Vegetables Broccoli Florets w/ Ranch Pineapples / Fresh Fruit Milk
27 Chicken Patty on WG Roll or Buckskin Bag #1 or Cobb Salad / Fritos / WG Roll Baked Beans Shredded Lettuce & Tomato Pears / Fresh Fruit Milk	28 Cheesy Pull-a-Parts or PBJ or Cobb Salad / Fritos / WG Roll Tomato Soup / Goldfish Crackers Cucumbers w/ Ranch Peaches / Fresh Fruit Milk	29 Soft Shell Taco or Buckskin Bag #1 or Cobb Salad / Fritos / WG Roll Steamed Corn Lettuce / Tomato / Cheese Apple Sauce / Fresh Fruit Milk	30 Rotini w/ Meat Sauce / Breadstick or PBJ or Cobb Salad / Fritos / WG Roll Green Beans Spring Mix Salad w/ Ranch Pineapples / Fresh Fruit / Fresh Fruit Milk	31 Cheese Pizza or Buckskin Bag #1 or Cobb Salad / Fritos / WG Roll Steamed Broccoli Baby Carrots w/ Ranch Mixed Fruit / Fresh Fruit Milk

LUNCH SELECTION CHOICE INCLUDES:

1. HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT
2. COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT
3. BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT
FAT FREE MILK SERVED DAILY

MENU SUBJECT TO CHANGE

Garden Salad (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds, Cheddar)
 Deli Salad (Greens, Tomato, Cucumber, Red Onion, Peppers, Egg, Turkey Ham, Mozzarella)
 Cobb Salad (Greens, Tomato, Cucumber, Carrot, Egg, Turkey Bacon Grilled Chicken, Cheddar)
 Italian Salad (Greens, Tomato, Carrots, Red Onion, Pepper, Turkey Pepperoni, Mozzarella)

