

### **Know What to Look For:**

You and your teen should know the red flags for meningitis. Meningococcal disease can be difficult to recognize. A teen with meningococcal disease may have some or all of the following symptoms, which may not be present at the same time

- Severe headache
- Stiff neck
- Cold hands and feet
- Confusion
- Seizures
- High fever
- Nausea and vomiting
- Sensitivity of eyes to light
- Rash

### **Act Fast:**

If your child has symptoms—especially if he or she has been around someone with meningitis—contact a doctor immediately. When it comes to treating this potentially deadly disease, speed is essential.

FOR MORE INFORMATION ON MENINGITIS CLICK ON LINK BELOW:

<https://www.cdc.gov/meningitis/>