JANUARY 2025
MINOOKA Intermediate--JH

***MENU SUBJECT TO CHANGE ***
Student Meal $3.20
Milk $0.50

Questions contact the Food Service Director
Cindy Day 630-747-1427
ALL ENTREES ARE PREPARED WITH
WHOLE GRAIN BREAD, TORTILLAS OR ROLLS!

Student Meal
Choose Entrée A/B/C
All Lunches Include
Fruit & Veggie Bar, Choice of Milk,
And any items listed in Black.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 ****NO SCHOOL---WINTER BREAK!****	2	3
6 NO SCHOOL TEACHER INSTITUTE DAY	7 A—Cheeseburger 27G B—Beef Hot Dog 29G C—Chicken Patty Sandwich 42G Baked Plain Chips 19G Baked Beans 30G	8 A—Chicken Tenders 16G B—Breaded Chicken Leg 6G Mashed Potatoes w/Gravy 24G Dinner Roll 13G	NEW ITEM 9 *A—Warm Ham & Cheese Pocket 30G *CONTAINS PORK B—Cheeseburger 27G Potato Smiles 25G	PIZZA FRIDAY 10 A—Cheese Pizza 24G B—Pepperoni Pizza 23G Slushy 22G
NATIONAL GLUTEN FREE DAY 13 A—GF Chicken Tenders 12G B—Cheese Nachos 22G Scooby Fruit Snacks 21G	14 A—Chicken Sticks 16G B—Chicken Caesar Salad 6G C—Macaroni & Cheese 33G Dinner Roll 13G	NATIONAL STRAWBERRY ICE CREAM DAY 15 A—French Bread Cheese Pizza 23G *B—BBQ Rib Sandwich 50G *CONTAINS PORK Baked Beans 30G Strawberry Ice Cream Cup	NEW ITEM 16 A—Sweet & Sour Chicken Bowl 60G (Brown Rice topped w/Popcorn Chicken Sauce on the side) B—Chicken Patty Sandwich 42G Chocolate Grahams 20G	5 HOUR DAY NEW ITEM 17 A—Lucky Charms Cereal 22G Yogurt Cup 15G B— Apple & Yogurt 4 Square Lunchbox 65G (Vanilla Yogurt, Sliced Apples, Granola, Vanilla Grahams) Cheese Stick 1G
20 NO SCHOOL MARTIN LUTHER KING JR BIRTHDAY	BREAKFAST BONANZA 21 A—Confetti Pancakes 36G B—Chocolate Chip French Toast 37G C—Strawberry Cream Cheese Filled Bagel 42G Turkey Sausage 0G Syrup 4G	22 A—Cheese Pizza 4 Square Lunchbox 54G (Flatbread, Pizza Sauce, Cheese, Rice Krispie Treat) B—Mini Chicken Corn Dogs 20G C—Chicken Patty Sandwich 42G Rice Krispie Treat 8G	23 A—Popcorn Chicken 14G B—Fresh Garden Salad 6G C—Cheeseburger 27G Baked BBQ Chips 19G Baked Beans 30G	24 A—Bosco Sticks w/Marinara Cup 37G B—Soft Pretzel w/Cheese Cup 85G Slushy 22G
27 A—Grilled Cheese Sandwich 28G B—Turkey & Cheese Sub 30G Topped w/Lettuce Tomato Soup 18G	28 A—Chicken Nuggets 16G B—Dreamsickle 4 Square Lunchbox 78G (Vanilla Yogurt, Mandarin Oranges, Granola Vanilla Grahams) Cheese Stick 1G	WILD WING WEDNESDAY 29 A—Boneless Chicken Wings 17G B—Chicken Tender Wrap w/Cheese & Lettuce 41G Sauce on the side for both options Doritos 20G	30 A—Cheeseburger 27G B—Chicken Patty Sandwich 42G Baked Beans 30G Curly Fries 17G	31 A—Chicken Pasta Alfredo 51G Dinner Roll 13G B—Individual Cheese Pizza 23G Carnival Cookie 18G

SPECIAL DAYS FOR THE MONTH
Jan.10—Pizza Friday
Jan. 13—National Gluten Free Day
Jan. 15—National Strawberry Ice Cream Day
Jan. 21—Breakfast Bonanza
Jan. 29 Wild Wing Wednesday

VEGETABLES (AT LEAST ½ CUP SERVING)
Romaine Lettuce
Cucumbers
Celery
Corn
Carrots
Tomatoes
Broccoli
Green Beans

FRUITS (AT LEAST ½ CUP SERVING
Apple
Banana
Strawberries
Grapes
Applesauce
Orange
Pineapple
Craisins

Nutritional Information is provided as a courtesy, neither Quest nor Minooka School District can guarantee its accuracy.
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