

JANUARY 2025



MON **TUE** **WED** **THU** **FRI**

		1 No School	2 No School	3 No School
6 Bacon Cheeseburger Corn & Pineapple Tidbits	7 Tacos Plant Based Meat Tacos* Kidney Beans & Peaches Churro	8 French Toast Sticks or Pancakes w/ Chicken Sausage and Egg Patty Broccoli & Mixed Berry Cup	9 Spicy Schezwan Chicken w/ Brown Rice Celery & Orange Brownies	10 BBQ Pulled Turkey Sandwich Baby Carrots & Craisins
13 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread Baby Carrots & Mandarin Oranges	14 Chicken Enchiladas w/ Green Chile Sauce Garbanzo Beans & Banana Peanut Butter Cookie	15 Pasta w/ Meat Sauce & Breadstick /Roll Pasta w/ Plant-Based Meat Sauce & Breadstick / Roll* Broccoli & Fruit Cocktail	16 Sweet & Sour Chicken w/ Brown Rice Celery & Apple Sugar Cookie	17 Chicken Tenders w/ Mashed Potatoes & Gravy Peas & Grapes
20 No School	21 Nachos Plant Based Meat Nachos* Black Beans & Apple Tuxedo Cookie	22 Mac & Cheese w/ Whole Grain Roll Broccoli & Orange	23 Chicken Teriyaki w/ Brown Rice Celery & Peach Cup Krinkle Cookie	24 No GEH Lunch Chicken Meatball Sub Corn & Raisins
27 No School	28 No IHS, LHS, SHS Lunch Chicken Fajitas Pinto Beans & Strawberry Cup Chocolate Chip Cookie	29 Lasagna w/ Whole Grain Breadstick / Roll Plant-Based Meat Lasagna w/ Whole Grain Breadstick / Roll* Broccoli & Pears	30 No IHS, LHS, SHS Lunch Orange Chicken w/ Brown Rice Celery & Grapes Double C.C. Cookie	31 Chili Cheese Dog Peas & Craisins

ANNOUNCEMENTS

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

In addition to the featured special of the day, each secondary kitchen offers a variety of hot and cold entrée options each day.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

Student Lunch = \$4.25

Milk = \$0.50

Adults = \$5.25

A la carte items are available.
Prices vary by item.

The Issaquah School District provides equal opportunities in its programs, activities and employment.