

JANUARY 2025



MON	TUE	WED	THU	FRI
		1 No School	2 No School	3 No School
6 #1 Cheeseburger #2 Veggie Burger (M) Kidney Beans & Pineapple Tidbits	7 #1 Beef Soft Taco #2 Plant Based Meat Soft Taco (M)* Broccoli & Peaches Churro	8 Brunch For Lunch #1 Dutch Waffle w/ Chicken Sausage Patty Corn & Mixed Berry Cup	9 #1 Turkey Deli Sandwich Baby Carrots & Orange Brownies	10 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Celery Sticks & Craisins
13 #1 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread Broccoli & Mandarin Oranges	14 #1 Cheesy Rippers w/ Pizza Dipping Sauce (M) Baby Carrots & Banana Chocolate Chip Cake	15 #1 Pepperoni Pizza #2 Cheese Pizza (M) Celery Sticks & Fruit Cocktail	16 #1 Pasta w/ Meat Sauce #2 Pasta w/ Plant Based Meat Sauce (M)* Garbanzo Beans & Apple Sugar Cookie	17 #1 Toasted Turkey Ham & Cheese Sandwich w/ Tomato Soup Peas & Grapes
20 No School	21 #1 Nacho Supreme #2 Plant Based Meat Nacho Supreme (M)* Baby Carrots & Apple Snickerdoodle Cookie	22 Brunch For Lunch #1 Pancakes w/ Chicken Sausage Patty Celery Sticks & Orange	23 #1 Teriyaki Beef Dippers w/ Brown Rice Pinto Beans & Peach Cup Krinkle Cookie	24 #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers #2 Rebellious Plant-Based Nuggets w/ Whole Grain Vanilla Crackers (M) Corn & Raisins
27 No School	28 #1 Sweet & Sour Chicken Meatballs w/ Brown Rice Baby Carrots & Strawberry Cup Chocolate Chip Cookie	29 #1 Pepperoni Pizza #2 Cheese Pizza (M) Celery Sticks & Pears	30 #1 Lasagna w/ Whole Grain Breadstick #2 Plant Based Meat Lasagna w/ Whole Grain Breadstick (M)* Black Beans & Grapes Double C.C. Cookie	31 #1 Whole Grain Corndog Peas & Craisins

ANNOUNCEMENTS

(M) = Meatless Entrée

Daily Entrées Available:
#3 Yogurt Lunch (M)
#4 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

MEAL PRICES

Eligible students receive meals at no cost

Student Lunch = \$4.00
Milk = \$0.50
Adults = \$5.25

The Issaquah School District provides equal opportunities in its programs, activities and employment.