HENKING, LYON, WESTBROOK



JANUARY LUNCH MENU







All lunch entrees offered with choice of fruit(s), vegetable(s), and milk (optional)

Complete Lunch \$3.35 Milk Only \$0.60

<u>MON</u>	$\underline{ ext{TUE}}$	$\underline{ ext{WED}}$	$\underline{\mathrm{THU}}$	\underline{FRI}
Cheesy, Parmesan Breadstick Bites with Marinara Sauce Tomato Soup Applesauce Cup	7 Mini Chicken Bites or Vegan Nuggets with Goldfish Crackers Mashed Potatoes Mandarin Oranges	Cheese Pizza Slice Banana Sautéed Green Beans	Beef Nachos or Bean & Cheese Burrito Refried Beans Apple Slices	Mac & Cheese with Fresh Baked Cornbread Steamed Broccoli Cantaloupe
French Toast with Turkey Sausage or French Toast with Veggie Sausage Hash Brown 100% Juice Cup	Chicken Tenders or Vegan Nuggets with Pumpkin Bread Baby Carrots Roasted Chickpeas Fresh Apple	Mozzarella Sticks with Marinara Sauce Cucumber & Red Pepper Slices Peach Cup	Pasta & Meatballs or Pasta with Marinara & Mozzarella Cheese with Garlic Bread Caesar Salad Grapes	All Beef Hot Dog or Bean & Cheese Burrito Potato Smiles Baked Beans Orange Wedges
No School	Orange Chicken & Rice or Orange Vegan Chicken & Rice with Fortune Cookie Garlic Broccoli Applesauce Cup	Cheese Pizza Slice Maple Roasted Carrots Roasted Chickpeas Watermelon	Beef Nachos or Bean & Cheese Burrito Refried Beans Clementines	Cheeseburger (cheese optional)
Mini Waffles with Chicken Sausage or Mini Waffles with Veggie Sausage Breakfast Potatoes Grapes	Popcorn Chicken or Vegan Nuggets with Pretzel Bites Sweet Corn Mandarin Oranges	Bosco Sticks with Marinara Sauce Sliced Cucumbers Kale Chips Banana	Pasta & Meatsauce or Pasta with Marinara & Mozzarella Cheese with Garlic Bread Caesar Salad Apple Slices	All Beef Hot Dog or Bean & Cheese Burrito Sweet Potato Fries Baked Beans Fresh Pineapple

DAILY COLD LUNCH OPTIONS:

YOGURT PACK WITH GRANOLA, CHEESE, & CRACKERS PB&J UNCRUSTABLE

OFFERED ON FRIDAYS: BYO PIZZA KIT WITH FLATBREAD, MARINARA, & CHEESE