

# Future Planning Night

## 12/11/2024

Mrs. Ginnetty (A-F)  
Mr. Burke (G-N)  
Mr. Bennett (O-Z)

# Meeting Agenda & Overview

Update: Age of Majority - Age 18

Post Graduation Options

Community College Updates

Choosing the Right Fit College or  
University (4 year)

The College & University  
Application Process

College Financing

To do/Reminders

Q & A

# Common Terminology

“College Lingo”

(there are many more)

GPA – Grade Point Average

Weighted GPA System (weighted out of 4.0)

Transcript

Class Rank

Resume/Activities Sheet

Common Application

FAFSA

SAI – Student Aid Index (Old EFC)

Net Price Calculator

Early Action, Early Decision

Accepted, Deferred, Denied

# Options for Post Graduation Planning

- **Four Year Colleges**
- **Community Colleges**
- **Military**
- **Technical Training Programs**
- **Certificate Programs**
- **Workforce**
- **Adult Education Programs**
- **GAP Year**

# Military Options

Air Force

US Army

\*ASVAB will be offered in the spring

Coast Guard

Navy

\*Recruiters visit the school regularly

Service Academies

Air National Guard  
Meeting

\* Service Academies Regional

ROTC Programs in College

# Certificate Programs/Adult Ed

Cape Cod Tech Adult Ed Programs / Trades

Upper Cape Tech Adult Ed Programs / Trades

CCCC - Workforce Development Programs

MASS HIRE- Career Development Training

Job Corp

Apprenticeships / Trades

# Community College

As of summer 2024, Community College is free in Massachusetts!

Two year programs - Associate Degrees  
One year programs - Certificates

**Pathways Program for MRHS Seniors**

Apply Early: Classes are reaching capacity faster than ever

Mass Transfer Options (2 plus 2)- More common than ever before

# Four Year Colleges/Universities

## What is the difference between a College and a University?

A **college** is a smaller school that may offer a wide variety of educational programs.. A college is often a private institution with a lower student population and smaller class sizes. On the other hand, a **university** is a larger school offering both undergraduate and graduate-level degrees. Students attending In State Public Universities pay reduced tuition and fees as compared to those attending Out of State Public Universities.

\*For the 2023-2024 academic year, the **average price of tuition and fees** came to: \$41,540 (some as high as \$90,000) at private colleges. \$11,260 at public colleges (in-state residents) \$29,150 at public colleges (out-of-state residents).

**Example: University of Massachusetts–Amherst** In-state tuition is \$17,772, and out-of-state tuition is \$40,449

**Specialty Colleges:** Arts colleges, Single-sex colleges, Religiously affiliated colleges, Specialized mission colleges (Historically Black Colleges/Historically Spanish Institution)



# Differences from High School to College

	<b>High School</b>	<b>College</b>
<b>Class Time</b>	6 hrs per day, 180 days Total: 1,080 hours	12 hours per week in class (FT)
<b>Study Time</b>	Average 1-2 hours per day	Rule of thumb: 2 hours of study time for every hour of class 2 hour course X 2 = 6 hours per week study time per course
<b>Tests</b>	Can vary: weekly, end of chapter/unit, frequent quizzes/assessments	2-4 exams per semester; at the end of multiple units
<b>Teachers</b>	Monitor attendance, may check notebooks, may provide more information	Are not teaching the textbook, more lecture style, more research; challenging students to think
<b>Freedom</b>	Little freedom. Structure provided most of time with limits set by adults: Teachers, parents, administrators	Total Freedom: You decided if you want to go to class/if you are going to complete your work

# MRHS

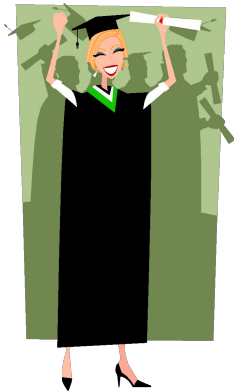
## College & University Planning Timeline



Grade 10		Grade 11		Grade 12	
Semester I	Semester II	Semester I	Semester II	Semester I	Semester II
<ul style="list-style-type: none"> <li>• Take PSAT</li> <li>• Naviance Career Profiler</li> <li>• Course Selection</li> <li>• 4-Year College Plan</li> <li>• Global Studies?</li> <li>• Visit &gt; 1 College Rep</li> <li>• Join Extra-curriculars <i>Athletics, Clubs, Community Service</i></li> <li>• Academics/Priorities</li> </ul>	<ul style="list-style-type: none"> <li>• Review PSAT Results and Connect to Kahn Academy</li> <li>• Naviance Career Development</li> <li>• Create an Organizational System for Collecting College Materials</li> <li>• Apply for a Summer Job or Volunteer Position</li> <li>• Apply for a Summer Enrichment Program</li> </ul>	<ul style="list-style-type: none"> <li>• Take PSAT/NMSQT</li> <li>• Naviance Career Development</li> <li>• Visit College Reps in Guidance</li> <li>• Visit "College Types" Ex. Provid.</li> <li>• Attend All-Cape College Fair</li> <li>• MEFA Financial Aid Night</li> <li>• Develop an X-sheet for Colleges</li> <li>• Include these schools in Naviance</li> <li>• Register for ASVAB</li> <li>• Increase Leadership Roles <i>Become Club Treasurer, Team Captain, etc...</i></li> <li>• Visit Campus of a College you Will Likely Apply to</li> </ul>	<ul style="list-style-type: none"> <li>• Review PSAT/NMSQT Results and Connect to Kahn Academy</li> <li>• Jr. Parent Planning Night</li> <li>• Register for ACT/SAT Prep</li> <li>• Jr. Future Planning Meeting</li> <li>• Generate a List of 10-20 Schools of Interest to Research Further</li> <li>• Student Academic Profile vs College Profile Comparisons</li> <li>• Register for Spring SAT and SAT Subject Test (If Required)</li> <li>• NCAA Eligibility Center (D. 1/2)</li> <li>• Arrange Summer Employment, Shadows and/or Internships</li> <li>• Fill out Common Application and Complete the Personal Essay</li> <li>• Prep for Fall SAT or ACT</li> <li>• Develop an Academic and Activities Resume</li> </ul>	<ul style="list-style-type: none"> <li>• Fall Focus Planning Meeting</li> <li>• Individual Senior Meetings</li> <li>• Take SAT/ACT</li> <li>• Determine Application Deadline "Type" and Monitor Deadlines</li> <li>• Visit Admission Reps in Guidance</li> <li>• Narrow Focus to 10-12 Colleges</li> <li>• Apply to Colleges (8-10)</li> <li>• Campus Visits to Top Choices</li> <li>• Arrange Interview if Possible</li> <li>• FAFSA Releases October 1st</li> <li>• CSS Profile- Required?</li> <li>• Submit Guidance Paperwork</li> </ul>	<ul style="list-style-type: none"> <li>• Overnight Campus Visit</li> <li>• Begin an Internship</li> <li>• Narrow List of Colleges Based on Admission Decisions</li> <li>• Scholarship Season Begins</li> <li>• Dollars for Scholars Meetings</li> <li>• Compare Financial Aid Awards</li> <li>• Final Campus Visit</li> <li>• Submit Enrollment Deposit</li> <li>• Finish Strong!</li> <li>• Enter the School you will be Attending into Naviance</li> <li>• Good Luck &amp; Stay in Touch!</li> </ul>

**On-Going Activities: Keep Up Grades, Select Rigorous Coursework, Read, & Monitor All Deadlines.**

# 4 Year College & University Discussion Topics



**Testing**

**Researching**

**Applying**

**Financing**

# Standardized Testing: SAT/ACT

- **SAT: Tests Math & ERW knowledge and reasoning**
  - Online registration for monthly exams at [collegeboard.org](https://collegeboard.org)
  - Mostly all colleges are test optional ([fairtest.org](https://fairtest.org)) but it is evolving
  - Prepare: College Board Bluebook, Khan Academy
- 
- **ACT - Tests ELA, Math, Reading & Science**
  - Register & Prepare: [www.act.org](https://www.act.org)

# Testing (Continued)

- Official SAT scores must be sent **by the student** to all colleges via the college board
- 4 FREE score reports can be signed up for at the time of testing
- Additional reports cost \$12 per school
- ACT is an alternate, but few test centers (SAT is now more like ACT)
- Fee waivers per income eligibility (must apply through College Board)

# Researching Colleges

- Major, location, \$, Private/Public, In-State vs. Out of State, Size
- Online resources: (in addition to Naviance) College Board/Big Future, MEFA (Pathways), Niche
- The Applicant Profile: GPA, Rank, Strength of Schedule, SAT, Resume, Personal Statement/Essay
- Generate list of around 15-20 schools to research in spring/fall & try to VISIT some
- Trim list to approximately 12-15 by fall with 7-10 final applications

# Naviance

“One Stop Shopping  
for the research  
application, and  
financing process”

- Used to send and coordinate all online applications
- All students have an account set up and have accessed the site in the past
- Parents will set up accounts at the *JR. Planning Meeting*
- Teachers will upload recommendations directly to Naviance
- Counselors will send all supplemental materials to your colleges by the due date (you can see this too)

# It's Time to Apply.....

## Common Application

- The CA allows students to fill out just one app. which goes out to any member college selected
- Used by many colleges (1000+)
- Easy to use but requires a personal essay and may additional writing supplement
- Requires Counselor Recommendation, 2 Core Teacher Recommendations, and may allow for one additional letter (goes through Naviance)
- Go to [www.commonapp.org](http://www.commonapp.org)



# Application Deadlines and Types

- Deadlines are **very important**, student's responsibility!!
- Special Programs: PT, Nursing, Engineering, might have unique deadlines
- Counselors and Teachers should be notified with at least 2 weeks notice
- Consider which “type” of application deadline is the best fit for YOU

# Types of Application Deadlines

- Early Decision: *one* school binding commitment does not afford financial aid comparisons of several schools
- Early Action: Allows for several college apps (non binding) (due dates mid-October-December)
- Regular Decision: Usually starting January; most common
- Rolling Decision: any time during the senior academic year

# Financing for College

- [www.fafsa.ed.gov](http://www.fafsa.ed.gov): Major Updates in 2023 - November/December application opens
- Colleges each have their own filing deadlines
- Some private colleges want CSS PROFILE; at collegeboard.com
- Aid can be NEED BASED or MERIT BASED
- Applying for Scholarships:
  - *National or State*: highly competitive, difficult to win
  - *Local*: \$496,100 was awarded in 2024. All post on Naviance once we receive notification.
  - Umbrella Organizations: Dollars 4 Scholars, Cape Cod Foundation, Cape Cod Association

# FINANCIAL AID SUPPORT

MEFA: Massachusetts Educational Financing Authority, are committed to helping students and their families plan, save, and pay for college

Great Resources on Financial Aid and How to Pay for College:

Webinars, Financial Aid Night, MEFA Hotline

CCCC FAFSA DAY 2025  
Financial Aid information  
and FAFSA assistance



**Learn About the FAFSA®**

- [How To Fill Out the FAFSA Form](#)
- [FAFSA Deadlines](#)
- [How To Check Your FAFSA Status](#)
- [How To Review and Correct Your FAFSA](#)
- [Learn About the FAFSA Submission Summary](#)
- [FAFSA Help Center](#)

# What can students be doing now?

**Keep Up with Academics! Do your best!**

**Daily attendance!**

**Finding internships**

**Working**

**Volunteering /Community Service**

**Seeking leadership opportunities**

**Participate in clubs, activities**

**Visit campuses/Virtual Tours**

**Taking a variety of classes to find interests and skills**

**Talk to adults in their lives - teachers, family members, bosses**

**Challenge with advanced and rigorous courses when able AP/DE**

**Create a Resume**

**Create a College Board Account**

**Open your Naviance Account**

**Create an account at [commonapp.org](http://commonapp.org)**

# Counselor's Closing Notes

## REMINDERS FOR STUDENTS

Digital Footprint Awareness

Increase Independence

Consistent Attendance

Minimize College Debt

Communication: check MRHS email daily

Access Grade 11/12 Google Guidance Classroom

## REMINDERS FOR PARENTS

Future Planning Meeting (January/February)

MEFA Financial Aid Night Fall 2025

Coordinate Campus Visits

Closely Monitor Grades & Attendance

Encourage Good Habits

Explore Financial Aid Resources in Advance



**KEEP  
CALM**

**AND**

**HAVE A  
GOOD JOURNEY**