

# Employee Assistance Program (EAP)



**Group name:** Stillwater Area Public Schools ISD #834

Available when you are enrolled in Group Term Life Insurance coverage through Voya, Employee Assistance Program (EAP) services are offered by Stillwater Area Public Schools ISD #834 and provide confidential solutions to life's challenges at no additional cost to you.



#### **Confidential Emotional Support**

Our highly trained clinicians are available for counseling, in person or via telehealth sessions up to 3 visits. Find assistance for anxiety, depression, grief and life adjustments, relationship conflicts, and more.



#### **FamilySource®**

Receive qualified referrals and resources from our specialists for finding child and elder care, hiring movers or home repair contractors, planning events, locating pet care, and more.



#### **LegalConnect®**

Talk to our attorneys for practical assistance with your most pressing legal issues, including divorce, adoption, family law, wills, trusts and more. Need representation? Get a free 30-minute consultation and a 25% reduction in fees.



#### **FinancialConnect®**

Our financial experts can assist with a wide range of topics such as retirement and tax planning, mortgages, budgeting, debt, bankruptcy, and more.

## **Support anywhere, anytime**

To access your EAP services 24/7, as well as articles, podcasts, and videos, you can visit: [guidanceresources.com](https://guidanceresources.com) and use Web ID: **My5848i**

Download the mobile app from the Apple App Store or Android Google Play Store by searching **Guidance Now<sup>SM</sup>**.

For assistance, please call **877-533-2363** or **800-697-0353** for TTY

EAP services are provided by ComPsych® Corporation, Chicago, IL. FamilySource®, LegalConnect®, IDResources®, and FinancialConnect® are registered trademarks of ComPsych® Corporation. Products and services may not be available in all states.

ReliaStar Life Insurance Company (Minneapolis, MN), a member of the Voya® family of companies.

© 2023 Voya Services Company. All rights reserved. CN2969656\_0825

217026 217026\_080123

PLAN  
INVEST  
PROTECT

**VOYA**  
FINANCIAL