



Social Emotional & Behavioral Supports

Social Emotional Learning

Social Emotional Learning is a process through which all people (scholars and adults) cultivate and use the necessary skills for life success. These skills are acquired through an authentic and adaptive process of collaborative partnership between scholars, families, educators and community members.

Why is SEL important?

- Better engagement in school
- Increased academic performance
- Decreased emotional distress
- More positive attitudes about self and others
- Increased coping skills and resiliency
- Reduction in bullying and aggression
- Increased sense of safety and supportive relationships



Schoolwide Supports for Scholars

Second Step, Grades PK-12

The Second Step Program for scholars in grades PK-5th grade, builds social-emotional skills- like nurturing positive relationships, managing emotions, and meeting goals- so scholars can thrive in school and life.

Character Strong, Grades 6-12

The Character Strong 6-12th grade program equips adolescents with essential social and emotional learning skills, fostering positive social behavior, safety awareness and mental well-being.

Digital Citizenship, K-12

Common Sense Media provides lessons for scholars in grades K-12 on real challenges and digital dilemmas that students face today, giving them the skills they need to succeed as digital learners, leaders, and citizens tomorrow.



Community- Based Organizations

In FWPS, we continue to partner with community-based organizations:

Community-Based Organization Approved Agency Process in FWPS

We have built partnerships with community-based organizations to ensure each scholar has access to equity-driven supports. STEP 1: Complete the [FWPS Agency Partnership Request](#) to share your program’s information, goals, and how they align to the FWPS Strategic Plan.

Below are some of our current partners who support scholar mental health and mentorship:

VALLEY | CITIES

Behavioral Health Care

Valley Cities Behavioral
Health Care



Phenomenal She



Federal Way-Highline
Communities In Schools



Additional Supports

Washington State Department of Health: Teen Health Hub WA

<https://doh.wa.gov/teenhealthhub> Find links to quality, accurate information on health topics that are important to you. Each link is vetted by DOH's Adolescent and Young Adult Health Team and reviewed by the Youth Advisory Council

Washington Teen Link: A Service of Crisis Connections

<https://www.teenlink.org/> or 866-833-6546. Teen Link is a peer-to-peer support line, available 7 days a week, 6-10pm, call or text.

ParentTeen Connect

<https://www.parentteenconnect.org/> A website designed for teens and caregivers, where they can hear from real families, get expert advice, and learn about practical tools to help them connect and communicate with each other.

Parent Trust for Washington Children: Call the Family Help Line

<https://www.parenttrust.org/for-families/call-fhl/> or 1-800-932-4673. The Family Help Line is free to call from anywhere in WA State, available to parents, caregivers, and anyone working with youth, to help find resources, parenting classes, and more.

Common Sense Media for Parents

<https://www.commonsensemedia.org/articles> As a parent/caregiver, create a free account to browse and use parent tips around media use by age range, topic, or platform, including online safety, parental controls, cell phone and media use, and more!