



Human Services Career Cluster

The Human Services career cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs, such as counseling and mental health services, family and community services, personal care services, and consumer services. This career cluster includes occupations ranging from community health workers to cosmetologists and nutritionists.

Statewide Program of Study: *Health and Wellness*

The Health and Wellness program of study focuses on occupational and educational opportunities associated with promoting physical, emotional, and mental health and wellness. This program of study includes assisting patients in planning for their health and wellness, responding to crises, providing education or counseling, making referrals, and addressing barriers to accessing health and wellness services.



Secondary Courses for High School Credit

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| Level 1 | <ul style="list-style-type: none"> Principles of Human Services Dollars and Sense |
| Level 2 | <ul style="list-style-type: none"> Human Growth and Development Child Development Lifetime Nutrition and Wellness Interpersonal Studies |
| Level 3 | <ul style="list-style-type: none"> Applied Nutrition and Dietetics |
| Level 4 | |



Example Postsecondary Opportunities

Apprenticeships

- Community Health Worker Apprentice

Associate Degrees

- Social Work
- Community Health Services Counseling

Bachelor's Degrees

- Social Work
- Mental Health Counseling

Master's, Doctoral, and Professional Degrees

- Nutrition Sciences
- Dietetics

Additional Stackable IBCs/License

- Dietician



Aligned Advanced Academic Courses

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| Dual Credit | Dual credit offerings will vary by local educational agency. |
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Students should be advised to consider these course opportunities to enrich their preparation. AP or IB courses not listed under the Secondary Courses for High School Credit section of this framework document do not count towards concentrator/completer status for this program of study.

Work-Based Learning and Expanded Learning Opportunities

Work-Based Learning Activities

- Shadow a dietician in a local hospital or nursing home to learn about tailoring diets to patient needs
- Work part-time as a peer counselor at a community non-profit organization that works with children
- Intern at a non-profit organization to learn about identifying resources to serve needs of participants

Expanded Learning Opportunities

- Participate in FCCLA

Aligned Industry-Based Certifications

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| <ul style="list-style-type: none"> Community Health Workers Pre-Professional Certification in Nutrition, Food, and Wellness Child Development Associate (CDA) | <ul style="list-style-type: none"> Food Safety & Science Certification Pre-Professional Certification in Food Science Fundamentals |
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Successful completion of the Health and Wellness program of study will fulfill requirements of the Public Service endorsement.



Example Aligned Occupations

Community Health Workers

Median Wage: \$39,520
Annual Openings: 501
10-Year Growth: 25%

Dietetic Technician

Median Wage: \$28,919
Annual Openings: 160
10-Year Growth: 18%

Dietitians and Nutritionists

Median Wage: \$63,687
Annual Openings: 475
10-Year Growth: 21%

Data Source: TexasWages, Texas Workforce Commission. Retrieved 3/8/2024.



For more information visit:

<https://tea.texas.gov/academics/college-career-and-military-prep/career-and-technical-education/programs-of-study-additional-resources>