

SHAC COMMITTEE

MEETING NOTES

December 10, 2024 / 3:30- 4:30 PM

WELCOME

- Karen Graves, Director of Administrative Services

OFFICER ELECTIONS

- Becky Masciola announced nominees and asked for any others' interests in running. Members all asked to raise hands in favor of each nominee; all were approved individually. Karen thanked the outgoing officers for their service and work over the years.
- Leslie Johnson elected as president/parent chair
- Joyce Ray elected as co-chair
- Eric Zwerneman elected as secretary

STEVEN SHIELS, DIRECTOR OF GUIDANCE AND COUNSELING

- Quaver Ready lessons for grades 1 and 4 would need to be SHAC approved. Lessons are for group guidance; parents must opt-in. These are specific lessons that address child abuse/victimization. Provides a consistent resource for counselors to use (currently have Great Expectations but no curriculum to teach; saves them preparation time)
- Review questions and feedback time: boys/girls separate? How many is too many when dealing with sensitive material? Is 1st grade too young for material?

Journaling activity- who keeps those papers the students or counselors, and how do we safeguard and handle those student resources? Has there been feedback from other districts using it? Is it possible to have a pilot campus in Tomball?

- Overall liked by members and said it was age appropriate, had good topics/advice overall but had a few concerns that parents may object to or want addressed before complete approval.
- Next step- approval? Vote taken approving use of lessons pending pilot campus feedback at next meeting; Motion approved by committee.
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UPDATE FROM PHYSICAL FITNESS COMMITTEE

- Beth is still trying to get surveys and information from principals but not much response yet; Karen will follow up. Also, Beth asked if anyone is interested in carrying on with this committee following her leave next year

SUB-COMMITTEE INTEREST

- Karen opened the floor for discussion/interest in subcommittee issues and topics; most work is done outside meetings in respective groups
- David Grimme is still interested in sleep importance and later school start time
- Mark followed up about the attendance policy and exams; can we get Mark White in to give a presentation on this?
- Food services/transportation update but Whitney Johnson is not here, so we will ask her at the next meeting; this led into the topic of nutrition and physical wellness particularly in high school. Joyce is interested in this topic as far as educating the community. Possibly merging this into physical fitness - wellness plan subcommittee?

DEPARTMENT UPDATES

- Cathy Pool, Director of Health Services: it is cold/flu season...wash hands! GI issues calming down; Fun Run will be April 12- lots of growth in this event, 1000 last year! Could SHAC represent there?
- Kevin Flanagan, Athletic Director: follow up along today's topics - our athletics departments and coaches promote sleep, nutrition, academics- athletes are high achieving students in all areas

MEETING CLOSED 4:32PM

NEXT MEETING February 11, 2025