

SHAC Minutes

12-11-2024

Lunch

CISD Happenings

Jingle Bell Jog-Bowie Elementary won the CISD Jingle Bell Jog trophy

Penguin Project Play-Willy Wonka Jr, this Friday and Saturday.

Guest speaker Dr. Boulware-Executive Director of Special Programs.

She spoke about the new Mental Health App called Alongside that will be released in the next two weeks to all 5th-12th graders. Alongside offers a plethora of resources including journaling, informative videos, graphics, and interactive exercises, but the real time chat bot gives the district the ability to identify students in crisis before the situation worsens. It is also geared toward students who may feel their problems are too trivial to share with others or are not comfortable seeing a school counselor. The student's requests are anonymous unless the student is threatening self-harm or reporting abuse. Then a CISD staff member is notified so they can check on the student. To learn more about Alongside, listen to the recording of the meeting.

Next Meeting-February 12