



YOUTH  
MENTAL  
HEALTH  
FIRST AID®



# YOUTH MENTAL HEALTH FIRST AID

## Now Offered **VIRTUALLY!**

This virtual training consists of a 2-hour, self-paced online course plus a 4-hour, Instructor-led class using videoconferencing technology (Zoom).

This updated course will include expanded content on trauma, addiction and self-care. It will also include new content applicable for adults working with elementary-age children, including content on the impact of social media. The content is gender neutral and culturally relevant.

For More Information  
On Registration Contact  
Albert Villa  
(915) 780-5358  
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**Training Dates:** Will be scheduled directly with campus administrator and/or school district personnel.

**Deadline To Register:** Must register staff one week prior to chosen training date.

**Cost:** Paid for through IDEA-B funds (no cost to attendees, schools, or districts).

**Class Size:** Each virtual class session is limited to **10 participants per instructor**



As COVID-19 is changing our daily reality, there is an important need for YMHFA to be available virtually. We thank you for choosing to #BeTheDifference and hope that you are staying safe and healthy during this difficult time.