

ROCORI

Registration
Opens
Dec 19th

Community Education

Lifelong Learning Winter/Spring 2025



Register For Classes

- **Online: www.rocori.ce.eleyo.com**
- **Call or Visit: Community Ed Office (320) 685 8631**
- **Scan QR Code**





Community Education

ROCORI Public Schools
Lifelong Learning

Community Education

District Education Facility
527 Main Street
Cold Spring, MN 56320

Phone: 320-685-8631

Office Hours

Monday-Friday: 7:00am-3:30pm

Offices Will Be Closed
Dec 24,25, 31, Jan 1, 20, April 18,
May 26

MEET THE STAFF



Brandii Thomas
Director of Community Education
thomasb@rocori.k12.mn.us



Becky Peart
Administrative Assistant
peartb@rocori.k12.mn.us



Erin Botten
Community Education Program Coordinator
bottene@rocori.k12.mn.us

Building Locations

District Education Facility (DEF)
527 Main Street
Cold Spring, MN 56320

ROCORI High School (RHS)
534 5th Ave North
Cold Spring, MN 56320

ROCORI Middle School (RMS)
534 5th Ave North
Cold Spring, MN 56320

Cold Spring Elementary (CSE)
601 Red River Ave North
Cold Spring, MN 56320

Richmond Elementary (RES)
34 2nd Street NE
Richmond, MN 56320

John Clark Elementary (JCE)
415 West Broadway
Rockville, MN 56369



Discover Something New

**Registration Begins
December 19, 2024
@12am**

[Register For Classes](#)

Online: <https://rocori.ce.eleyo.com>

Call or Visit: Community Ed Office

(320) 685-8631

Scan QR Code



**ROCORI Community
Education**

Follow Us - Like - Share

Community Education Scholarship Program

We believe it is important for everyone within our community to be able to participate in recreation and enrichment programming!

If you or someone you know needs financial assistance, please call 320-685-8631 for more information.

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Spartan Spot

Accepting: Kindergarten - 5th Grade

Open: 6:30am-6:00pm

Spartan Spot Rates (per day)

Before School: \$4.25

After School: \$12.00

Non-School Days & Summer: \$28.25

\$30 Registration Fee

**SUMMER & 25/26 SCHOOL YEAR
REGISTRATION OPENS FEB. 26TH**



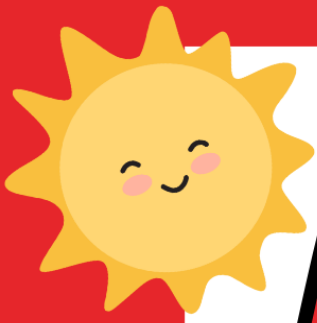
Spartan Spot Leadership Team

Program Coordinator: *Erin Botten*
email: bottene@rocori.k12.mn.us

Spartan Spot Site Leader: *Katilyn Bayerkohler*
email: bayerkohlerk@rocori.k12.mn.us



**Kid Care &
Spartan Spot**
ROCORI Public Schools
Community Education



Kid Care



Accepting: Preschool Age Children Enrolled In

ROCORI Little Spartans Preschool

Summer & School Year 25/26

Registration Opens:

Feb 19th Current Families

Feb 26th for New Families

Kid Care Rates (per day)

OPEN: 6:30am - 5:30PM

Before Preschool: **\$5.00**

Preschool Days (Before & After school): **\$22.25**

Non-Preschool Days & Summer: **\$29.25**

\$30 registration fee

*Prices subject to change

All Students must be enrolled in Little Spartan's Preschool.
Students enrolled in 25/26 Little Spartans Preschool can participate in Kid Care the summer of 2025.

Please see our handbook for Potty Training Expectations

Kid Care Leadership Team

Program Coordinator: *Erin Botten*

email: bottene@rocori.k12.mn.us

Kid Care Site Leader: *Annie Hoepner*

email: hoepnera@rocori.k12.mn.us

Early Childhood

Advanced Parenting 2.0

Ages Birth-5

14 weeks. Separating

Are you returning to ECFE for the second, third, fourth-time...or are all your children in school and you'd like to stay connected with ECFE? This class is designed for parents that have participated in multiple classes and would like to take parenting topics to the next level! Parents will join other "veteran" parents to learn and share ideas about sibling relationships, positive discipline, family dynamics, and more topics to support children.

Fridays Jan 17-May 2

11-12:30pm

DEF Room 112

Sliding Fee Scale

Parent Only rate available



Fun with Friends

Ages Birth-5 14 weeks. Separating

Families will explore and learn together as children build skills appropriate to their age. Children will be engaged in song, dance, story time, building, communication, and socialization. Children will also build confidence and independence as parents separate for a short time. Parents will participate in facilitator led parenting education, focused on child development and parenting.

Fridays Jan 17-May 2

9-10:30am

DEF Room 115

Sliding Fee Scale

Little Scientists!

Ages 2.5-5 years old 3 weeks.

Non-separating.

Get your budding scientist excited with hands-on fun exploration! Each week children will use their minds and hands to play, learn, and boosting critical thinking skills while having a blast. The possibilities are endless!

Thursdays March 13-27

4:30-5:45pm

DEF Room 115

Sliding Fee Scale

We love Grandparents!

Ages 1-5 years. Non-separating.

Come enjoy a special time with your grandparents. Have fun singing songs, playing games, creating arts & crafts, playing in the gym, and listening to a story.

Thursday Feb 13th

5:30-6:45pm

DEF Room 115

\$10 per child

Busy Babies

Ages Birth-24 months 6 weeks.

Non-separating. As your infant grows into a toddler, they become more independent, curious, and interested in other children. In these classes, you can join other caregivers in our baby-safe environment where your child will have an opportunity for sensory play, socialization, songs, and movement. You will connect with other parents, discover ways to help your baby's development, discuss the joy and challenges of parenting, and gain friendship and support.

Mondays Feb 3-March 17

5:15-6:15pm

DEF Room 252

Sliding Fee Scale



Mixed Age Adventures

Ages Birth-5

14 weeks. Separating

Come and play, explore, and learn together! Children will enjoy hands-on, engaging learning activities that are in a child-friendly classroom. Children will build confidence and independence as parents separate for a short time. Parents will participate in facilitator led parenting education, referencing the book Good Inside by Dr. Becky Kennedy. Good Inside offers new ways to parent, sharing clear advice and examples for setting boundaries with love and compassion.

Wednesdays Jan 15-April 16

6-7:30pm

DEF Room 112

Sliding Fee Scale



Hey Let's Play

Ages Birth-5

Separating

In this class, you and your child will have an opportunity to explore our ECFE classroom, socialize, and PLAY! Parents will separate and discuss the importance of play, what play/social skills looks like at various ages, and how to create an ideal calm environment for your child to play.

Mondays Jan 13-April 28

11-12:30pm

DEF Room 115

Sliding Fee Scale

Stuffed Animal Party

Ages Birth-5

Non-Separating

Join us for tons of fun creating a comforting new stuffed animal! Each child will build their own 8" stuffed animal, complete with a birth certificate and carrying box.

Tues March 11th 5:30-6:30pm

DEF Room 115

\$15 per child

Early Childhood

Paint with Me

Ages 3+ with Adult

Participants in this class will follow step by step instructions to paint a masterpiece on canvas. While the canvas is drying each person will decorate a cupcake to enjoy!

Thursday Feb 6th

6:15-7:45pm

DEF Room 235

\$30 Per Pair

Wild Wednesdays:

Animal Adventure Edition

Birth to 5

14 weeks. Separating

Join us for a thrilling animal-themed experience filled with play, exploration, and learning! As children venture into our vibrant classroom they will encounter activities that promote fine motor skills, imagination, confidence, and independence. Parents will enjoy a brief separation for some valued Parent Ed discussion.

Wednesdays January 15 - April 16

5- 6:30 PM

DEF Room 115

Sliding Fee Scale

Spanish Immersion Friends

Birth to 5

12 weeks. Non-Separating.

This class invites both English & Spanish speaking families to join and learn! Students will learn songs, stories, and activities in English & Spanish. A Spanish speaking staff member will be present to facilitate the fun for all participants!

Monday Jan 13th- April 28th 9:45am-10:45am

DEF Room 115

Sliding Fee Scale

Nature Explorers

Ages 3-5 years. 3-weeks.

Drop your child off for this class that is spent mostly outdoors, exploring nature! Studies prove that spending time outdoors builds

confidence, promotes creativity, provides unique stimulation, and gets children moving, all while reducing stress and fatigue. Children will learn about the outdoors and nature through experiential, hands-on activities. Dress for outdoor play and the weather. Children must be potty trained.

Mondays May 5-19 5:15-6:15pm

DEF Room 251 & Outside

\$25 per student



ECFE Class Sliding Fee Scale

	3 Week Classes		6 Week Classes		12 Week Classes		14 week classes	
Household Income	Session Cost	Sibling Rate	Session Cost	Session Cost	Session Cost	Sibling Rate	Session Cost	Sibling Rate
\$25,000 and under	\$7	\$4	\$10	\$5	\$25	\$6	\$28	\$7
\$25,001 - \$49,999	\$15	\$7	\$20	\$10	\$51	\$15	\$58	\$17
\$50,000 - \$74,999	\$20	\$10	\$30	\$15	\$77	\$25	\$87	\$28
\$75,000 - \$99,999	\$30	\$15	\$40	\$20	\$109	\$39	\$125	\$44
\$100,000 and up	\$40	\$20	\$50	\$25	\$141	\$53	\$161	\$59

ECFE Special Event programs do not follow the sliding fee scale

Preschool Sliding Fee Scale

	Level 1	Level 2	Level 3
Family Size	Household Income	Household Income	Household Income
2	\$0-\$40,156	\$40,157-\$49,251	\$49,252+
3	\$0-\$49,605	\$49,606-\$62,088	\$62,089+
4	\$0-\$59,053	\$59,054-\$74,925	\$74,926+
5	\$0-\$68,502	\$68,503-\$87,762	\$87,763+
6	\$0-\$77,950	\$77,951-\$100,599	\$100,600+
7	\$0-\$79,722	\$79,723-\$113,436	\$133,436+
Program	Level 1	Level 2	Level 3
2 Days (1/2 Day)	\$38	\$75	\$116
3 Days (Half Day)	\$54	\$107	\$166
4 Days (Half Day)	\$71	\$140	\$216
2 Days (All Day)	\$74	\$146	\$226
3 Days (All Day)	\$111	\$219	\$339



EARLY CHILDHOOD OPEN HOUSE



Tuesday, February 4

5:30-7 PM

**District Education Facility
527 Main St., Cold Spring**

We invite you and your family to join us to meet our ECFE, Preschool, and Childcare staff, explore our classrooms, and learn more about our programs! Get all your questions answered before Preschool & Kid Care Registration opens!

PROGRAM FEATURES :

- ✓ Licensed teachers in all Preschool & ECFE classes
- ✓ Sliding Fee Scale and Scholarships available
- ✓ Play-based environment
- ✓ Social-Emotional Learning
- ✓ Small class sizes

☎ 320-685-8631

✉ thomasb@rocori.k12.mn.us



Registration

Opens for CURRENT families: Weds., Feb. 19

Opens for NEW families: Weds., Feb. 26

LITTLE SPARTANS PRESCHOOL

3-year-old classes (3 years by Sept. 1, 2025)

2 Day Half Day | 2 days per week - \$116/Month
Monday & Wednesday
Mornings: 8:15am - 10:45am

3 Day Half Day | 3 days per week - \$166/Month
Monday, Tuesday, Thursday
AM: 8:15-10:45am OR PM: 12:15-2:45pm

4-year-old classes (4 years by Sept. 1, 2025)

4 Day Half Day | 4 days per week - \$216/Month
Monday - Thursday
AM: 8:15am - 10:45am OR PM: 12:15-2:45pm

2 Day All Day | 2 days per week - \$226/Month
Wednesday & Friday

3 Day All-Day | 3 days per week - \$339/Month
Monday, Tuesday, & Thursday
All-day: 8:15am - 2:45pm
Ideal for students 4.5 years or older by Sept 1

2025-2026 REGISTRATION

WWW.ROCORICE.ELEYO.COM

CURRENT Families: Weds., Feb. 19

NEW Families: Weds., Feb. 26

WHY CHOOSE LITTLE SPARTANS PRESCHOOL?

Play Based Learning Environment

Licensed Early Childhood Educators

Sliding Fee Scale & Scholarships

Parent Aware Rated

A Night Under the Stars Preschool Prom



You are cordially invited to dance the night away with your Preschooler.

Saturday, March 22nd

5:30-7:30pm

\$40 per pair

\$75 each additional person

Featuring DJ Dean-O-Mite
Dancing, Taco Dinner, Crafts, Photo
Opportunities, Gym Games & More

Register by March 6th
All proceeds go back to ROCORI Early Childhood
Programs

Early Childhood Screening

In Minnesota, All children are required to complete Early Childhood Screening before entering kindergarten. Screening is FREE! As soon as your child turns 3 years of age, they are ready for screening. An assessment of you child's vision, hearing, height, weight, immunization records, & overall development will complete the screening process.

Screening is held at the ROCORI DEF building, 527 Main Street

Upcoming dates:

January 9

February 6

March 27

8:15am-3:45pm

Sign up for a 1 hour time slot

BIG TRUCK NIGHT

SAVE THE DATE

Join us for this FREE local event. No Registration Required. Everyone Welcome!

Bring the whole family!

May 6th, 2025 5:30-7pm

DEF Parking Lot



PARENT'S NIGHT OUT

\$15 per Child

- **Preschool Ages: 3-5**
- **School Ages: K-5**

**PARENTS TAKE THE NIGHT OFF! LET US TAKE CARE OF DINNER
AND PROVIDE A NIGHT FULL OF FUN THEMED ACTIVITIES!!!!
REGISTER AT ROCORICE.ELEYO.COM**



February 7th

5:30-8:30pm



April 4th 5:30-8:30pm

Pop It Fidget Chocolate Bar Creations

Grades K-5

Let's make M & M chocolate bars using a Pop It Fidget toy! At the end of this class students will take home a cool chocolate bar, and a fidget toy! Plus a chance to win more fidget toys.

Wednesday January 15th

3:15-4:45pm

HS FACS ROOM

\$32

Spring Pastel Cake Pops

Grades K-5

This class will teach students how to combine just the right amount of cake, buttercream icing to create tasty cake pops with spring designs!

Friday April 11th

3:15-4:45pm

HS FACS ROOM

\$32

Valentine's Day Cookie Decorating

Ages 3+ with Adult

Have fun with friends and enjoy cookie decorating. At the end of this class each student will take home beautifully decorated cookies for their family!

Thursday Feb 6th

6:15-7:45pm

HS FACS ROOM

\$38 Per Pair

Canvas Painting Party

Grades K-5

Paint a beautiful canvas with a fun theme! Students will take home a Valentine's Day or Spring themed work of art!

Valentine's Day Theme

Tuesday Feb 11th

3:15-4:45pm

CSE Staff Lounge

\$29

Spring Theme

Tuesday March 18th

3:15-4:45pm

CSE Staff lounge

\$29



St.Patty's Day Cookie Decorating

Grades K-5

Have fun with friends and enjoy cookie decorating. At the end of this class each student will take home beautifully decorated cookies for their family!

Thursday March 13th

3:15-4:45pm

HS FACS ROOM

\$32

Youth Enrichment

Seasonal Bingo

Grades 1-5

Join your friends for a seasonally themed bingo. Class will complete a craft, and then play themed bingo.

Students will win seasonal prizes and take them home in a gift bag!

Valentine's Day Bingo

Tuesday Feb 11th

3:15-4:15pm

CSE Staff Lounge

\$21

Spring Bingo

Thursday April 17th

3:15-4:15pm

CSE Staff Lounge

\$21

Mother's Day Surprise

Grades K-5

Students in this class will make a special gift for Mothers Day.

Each student will come home with a ready-to-go gift for the special mom in their lives.

Thursday May 1st

3:15-4:15pm

CSE Staff Lounge

\$21



Paint & Plant

Grades K-5

Join Miss Becky Larson to learn all about the life cycle of plants, decorate your own flower pot, and plant a flower to grow on your own!

Thursday May 15th

3:15-4:15pm

CSE Staff Lounge

\$21



DIY Stuffed Animal

Grades K-5

Each participant will build their own 8" stuffed animal, complete with a birth certificate and carrying box.

Tuesday March 11th

3:15-4:15pm

CSE Staff Lounge

\$21



Paint with Me

Ages 3+ with Adult

Participants in this class will follow step by step instructions to paint a masterpiece on canvas. While the canvas is drying each person will decorate a cupcake to enjoy!

Thursday Feb 6th

6:15-7:45pm

HS FACS ROOM

\$30 Per Pair

LEGO Club

Grades K-5

Building with Legos feels like simple fun, but it actually encourages engineering, problem solving, math, and more!

Grab your friends and build build build!

At the end of this course, students will get to build, and take home a lego car kit.

Mondays Feb 3-Mar 3

*No class Feb 17th

3:15-4:15pm

CSE Commons

\$45

Little Cooks of Cold Spring

Grades K-5

Please join us to invent some new baked goods. Mix up an original cookie dough to take home, while also baking some muffins or your own creation!

Saturday March 15th

11-12pm

RHS FACS ROOM

\$40



LEGO Car Derby

Grades K-5

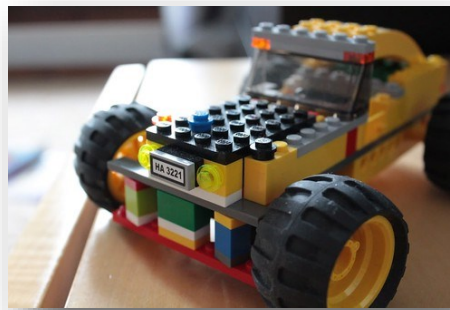
Students in this class will design Lego cars to race against friends! By trial and error students will create the fastest mini cars using STEM skills. Each student will get to take home their mini racecar.

Tuesday Jan 21st

3:15-4:30pm

CSE Commons

\$21



Join Solecitos Spanish 1

Grades 1-5

Embark on an exciting language adventure with Maestra Jillian's dynamic new curriculum! Through engaging storytelling, lively group activities, and fun songs, your child will learn to greet others, express emotions, count, discuss the calendar, and chat about the weather—all in Spanish. Enroll now to spark a love for language learning!

Tuesdays February 4-April 1

*No class March 11th

3-4pm

CSE Media Center

\$85

Youth Recreation

6th Grade Golf

Join the ROCORI Middle School Golf program this golf season. Get a taste for competitive golf before joining in 7th grade! This program is for boys and girls. Each golfer must own a set of clubs. 6th Graders will participate in 2 home meets at River Oaks.

Mon-Thurs April 7-May 22

3:30-5pm

RMS & River Oaks Golf Course

\$100



Beginning Karate for Kids

Ages 6+

Introduction to the traditional martial art of Okinawan Karate. Basics of punching, kicking, & striking will be taught. Students begin to learn the bones in their bodies and start to understand the concepts of self discipline, awareness, concern for others, and principles for the class and for life. Wear loose, comfortable clothing.

Thursdays Feb 2-27

6-6:30pm

DEF Room 248

\$52

Thursdays March 6-27

6-6:30pm

DEF Room 248

\$52

Youth Wrestling Session 2

This session is aimed towards the experienced wrestlers or those who participated in session 1 wishing to compete in NYWA. We will build off technique from session 1 and continue to improve our skill and endurance!

Grades K-2

Mondays Feb 3-March 24

6-7:15pm

RHS Wrestling Room

\$50

Grades 3-5

Mondays/Thursdays Feb 3-March 24

*No class Feb 17th & March 10th

Mon 3:15-4:45pm & Thurs 6-7:15 pm

RHS Wrestling Room

\$75

Youth Basketball

In-House League

Grades 1-4

Each practice/game will be approximately 50 minutes. The first half of each Saturday session will be fundamental skill work and drills. The 2nd half will be scrimmaging 3 on 3, and 4 on 4. Boys & Girls may play together unless there are enough to form separate divisions.

Start times will be announced based on division closer to the start of the program.

Saturdays Jan 4-Feb 8

9am, 10am, or 11am

CSE Gym

\$55

Preschool Saturday Sports

Ages 3-5 years

Each class period in this program is set with a specific sport theme! Stations with lead up skills, and activities will be set up for parents & their child to participate in.

All class periods will start with a gross motor group activity and then station time!

This class is a semi-structured gross motor gym time with a theme

Basketball	Soccer	T-Ball
Saturday Feb 22	Saturday March 22	Saturday April 26
9-9:45am	9-9:45am	9-9:45am
DEF Gym	DEF Gym	DEF Gym
\$10	\$10	\$10

Park Play Day Camp (Ages 4-12)

Parents, enjoy a day to yourselves while your child has fun in the great outdoors! Our licensed staff will facilitate learning experiences using the play-based learning approach. Park Play camps are committed to offering the balance of self-directed and self-driven learning through inquiry, play, and freedoms to design & create. Campers can expect to engage in healthy risk-taking, “soft”/”essential”/”life” skills (i.e. the interpersonal attributes of communication, collaboration, critical thinking, and creation).



Saturday March 16	Saturday April 19
10am-3pm	10am-3pm
Kraemer Lake Park	Mississippi River County Park
\$55	\$55

Ski & Snowboard Club

Grades 1-12

Powder Ridge Ski Area is offering a Ski/Snowboarding program to ROCORI School District students. The program runs for six weeks, includes, ski/snowboarding rental, lessons and busing to and from Powder Ridge for the students. The program will run Mondays, January 6, 13, 27 and February 3, 10, 24 for a total of 6 times.

Required	Optional
\$50.00 - Busing	\$118.00 - Ticket Package (for all 6 visits)
	\$94.00 - Seasonal Ski or Snowboard Rental
	\$21.00 - Seasonal Helmet Rental
	\$15.00 - Lesson: 2 one hour lessons given on the first 2 nights of the program. Lessons are for beginners only.

Youth Recreation

Central Performing Arts

Presents

“Just Dance”

*Come and join CPA for a season of dance, as we prepare for our spring gala of “Just Dance.”
A show stopping array of music that will make you want to dance.*

- · Winter/Spring dance session begin Thursday, January 2nd and goes through April 10th.
- · Classes held at the ROCORI DEF studio space.
- · Student gala performance to be held the second weekend of April.
- · Children should be specified age by 9/1; girls and boys welcomed, ages 3 ½ – 18.
- · Shoe fitting: Students needing shoes will be fitted on their first class for those purchasing shoes through CPA.
- · Spring Costume: New students will be measured at their first class and a \$60 deposit per class registering for is needed at that time. (No deposit is needed for Tuesday Technique class). Check payable to C P Arts.
- · Note, most classes will have 1 extra class per month held on a Monday or Friday due to the shorter season. Parents will be notified each month as to their student’s extra class schedule. (No extra classes will be scheduled for Tuesday Technique class, that fee has been adjusted).
- · Director/primary instructor holds a college degree in dance education, and our Jazz/Tap teacher is an experienced longtime dancer of CPA.

Studio dance is centered in ballet, lyrical, Character, jazz, and tap. These dance styles equip a dancer for versatility in performance, knowledge, and skill. It is CPA’s mission to enrich the lives and educate our dancers through technique and performance of the fine arts. It’s a gift of the arts that will carry them throughout their lives!



Creative Dance Preschool/Kindergarten

Ages Pre-school – 1st Grade

Watch your child’s imagination grow as they explore dance through creative movement and imaginative stories. Students will gain the basics through rhythmic movement warm ups, constructive activities, creative play with props, and gross motor development through song and dance. Tap dancing rhythmic basics are taught as well.

Wednesdays Jan 8-April 2

5:15-6:15pm

DEF Multipurpose Gym

\$262

Elementary Dance

Grades 2-3

Students will explore the fundamentals of classical ballet basics and expand on technique through each class level. Tap technique is expanded upon based on class level as well. Combo Class grades 4-8 will also introduce dancers to dance styles in jazz, lyrical, and character.

Mondays Jan 6-April 7

*No class Feb 17th

5-6pm

DEF Multipurpose Gym

\$262

Elementary Dance K/1st

Ages Pre-school – 1st Grade

Watch your child’s imagination grow as they explore dance through creative movement and imaginative stories. Students will gain the basics through rhythmic movement warm ups, constructive activities, creative play with props, and gross motor development through song and dance. Tap dancing rhythmic basics are taught as well.

Wednesdays Jan 8-April 9

4:15-5:15pm

DEF Multipurpose Gym

\$262

Elementary Performance Dance

Grades 4-5

Students will explore the fundamentals of classical ballet basics and expand on technique through each class level. Tap technique is expanded upon based on class level as well. Combo Class grades 4-8 will also introduce dancers to dance styles in jazz, lyrical, and character.

Note: Grades 4 -5 are encouraged to also register for Ballet, Tap, Jazz Technique class on Tuesdays. Multi class discount Fee \$409.60 (both Monday & Tuesday classes)

Mondays Jan 6-April 7

6-7:30pm

DEF Multipurpose Gym

\$316

CPA Dance

CPA Dance

JV/HS Jazz Performance

Grades 6-12

JV and HS Jazz and Tap: Older students will grow in technique progressions of various styles, execution of leaps and turns, and combinations for center and across floor skills.

Thursdays Jan 2-April 10

6:45-7:45pm

DEF Multipurpose Gym

\$262



JV/HS Tap Performance

Grades 6-12

JV and HS Jazz and Tap: Older students will grow in technique progressions of various styles, execution of leaps and turns, and combinations for center and across floor skills.

Thursdays Jan 2-April 10

7:45-8:15pm

DEF Multipurpose Gym

\$145

JV/HS Jazz & Tap Performance Combo

Grades 6-12

JV and HS Jazz and Tap: Older students will grow in technique progressions of various styles, execution of leaps and turns, and combinations for center and across floor skills.

Thursdays Jan 2-April 10

6:45-8:15pm

DEF Multipurpose Gym

\$316

Ballet, Jazz, Tap Technique Class

Grades 4-8

Technique Class: Ballet is the foundation and center of all dance styles. This class is rooted in the classical ballet technique of the Vaganova syllabus and Cecchetti variations. Dancers will gain strength, flexibility, balance, skill execution, endurance, and knowledge expansion of body placement and vocabulary in ballet, jazz and tap. Students expand upon jazz skills for turns, leap, and jump, along with tap technique syllabus steps. Without ballet you lose the foundation needed for other dance styles, as it all starts with body placement and control.

Tuesdays Jan 7-April 8

*No class April 1st

3:30-5:20pm

DEF Multipurpose Gym

\$243

Dance Performance and Technique Class Combo (Tap, Ballet, and Jazz Combo)

Grades 6-8

Technique Class: Ballet is the foundation and center of all dance styles. This class is rooted in the classical ballet technique of the Vaganova syllabus and Cecchetti variations. Dancers will gain strength, flexibility, balance, skill execution, endurance, and knowledge expansion of body placement and vocabulary in ballet, jazz and tap. Students expand upon jazz skills for turns, leap, and jump, along with tap technique syllabus steps. Without ballet you lose the foundation needed for other dance styles, as it all starts with body placement and control.

Tuesdays 3:30 – 5:20. (Both classes are required for these grades). Multi Class Discount Fee \$484

Tuesdays Jan 7-April 8

*No class April 1st

3:30-5:20pm

DEF Multipurpose Gym

\$484

Families taking 3 hours or more a week of classes qualify for a 15% discount off of their total registration cost. Already discounted classes do not apply for an additional discount, such as Dance Performance and Technique Class dual classes. Discount registration must be made by calling the ROCORI Community Ed office at (320)685-8631.

CPA Dance

Adult Enrichment

55+ Driver Discount Program

In order to get and maintain a 10% discount on your insurance the 55+ Driver Discount Program must be renewed every 3 years. Update yourself on common bad habits & MN's newest laws!

Wednesday Jan 8th

9am-1pm

DEF Room 248

\$24

Wednesday Feb 12th

5-9pm

DEF Room 248

\$24

Thursday March 20th

1-5pm

DEF Room 248

\$24

Monday April 28th

5-9pm

DEF Room 248

\$24

Want to learn Spanish?

ROCORI Community Education offers numerous youth and adult virtual Spanish classes online!

For adults we offer Beginner through Advanced lessons!

For youth we offer Elementary and Middle school virtual classes!

Check out our class options with FUTURE LANGUAGE PROFESSIONALS at www.rocori.ce.eleyo.com

First Aid CPR AED / Heartsaver

A video-based, instructor-led course that will teach you critical skills needed to respond to and manage an emergency until emergency medical services arrives. Skills covered in this course include first aid; choking relief in adults, children, and infants; and what to do for sudden cardiac arrest in adults, children, and infants. This course teaches skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the students' learning of skills.

*To receive a card after the completion of the course, please bring \$20 to class.

Monday Feb 24th

5:30-8:30pm

DEF Room 252

\$49

Murder Mystery Party

Ages 16+

Its the wild west, and a crime has been committed! Gather your friends, and your best costume and join us for this night of mystery! Each participant will be assigned character role prior to the class. Come dressed as your character, and play the game!

Prizes for best costume! Snacks provided

Friday Feb 28th

5:30-8pm

DEF Room 248

\$35



Sushi Rolls 101

Ages 16+

Join us for an exciting sushi roll making class where culinary art meets fun! Perfect for beginners and enthusiasts alike, this hands-on experience will guide you through the essentials of crafting delicious sushi rolls. By the end of the class, you'll have created an array of beautiful and tasty rolls to enjoy. Whether you're looking to impress at your next dinner party or simply indulge in a new hobby, this class promises to be both educational and enjoyable. Each participant will go home with their own rolling mat. No Raw fish will be used for these rolls

Friday Jan 24th

Friday March 28th

5:30-8pm

5:30-8pm

HS FACS ROOM

HS FACS ROOM

\$35

\$35



Welcome Sign Workshop

Ages 16+

In this class each participant will learn how to make a 12 inch wide, by 4 feet tall personalized welcome sign. Each sign will be prepped with stain. Class participants can choose between Black, or white writing. Each sign will also be customized for the last name of your choice.

Monday April 14th

6-8pm

DEF Room 248

\$70

Class participants will indicate their design preferences when registering.



Adult Enrichment

Adult Enrichment

Custom Shirt Design

Ages 16+

Each participant will select a custom design, and shirt style to create a spectacular shirt to keep or gift. This class will teach participants to weed vinyl designs, prepare a shirt for vinyl transfer, apply vinyl to the shirt, and answer questions about the Cricut or Silhouette machines. Shirts available in Red, black, Gray, or white.

Crew Sweatshirt: \$35

Hoodie Sweatshirt: \$40

Mothers Day Design

Each participant will choose a design, customize the names, shirt style and size when registering. Each design can be customized to say Grandma as well



Monday April 28th

6-7:30pm

DEF Room 248



Motivational Design

Each participant will choose a design, customize the names, shirt style and size when registering.

Monday January 27th

6-7:30pm

DEF Room 248



More designs available online

Adult Exercise Together (Dance)

Ages 14+

EVERY BODY is designed to move regardless of age, size or ability – and we want to empower you to LOVE the body you're in through positive music + movement. It's time for YOU to be part of something where you'll feel connection – not comparison! It's time for YOU to get moving!! **Saturday classes are held at the District Education Facility from 7:30-8:30am**

Mon/Wed/Thurs/Sat Jan 6-March 1

*No class Jan 9, 13, 23, 30, Feb 1, 6, 10, 20 & 27

6-7:15pm

RES Gym

\$65

Mon/Wed/Thurs/Sat March 3-April 23

*No class March 6, 10, 20, 27, April 3, 10 & 14

6-7:15pm

RES Gym

\$65



Macros & Metabolism

Ages 16+

Have you ever wondered how to track your Macros? Or what Macros even are? This class offered by Sara Boucher will dig deep into what macros are, how they affect metabolism, tracking macros, and more! This class will also cover metabolism testing, and strength training affects on metabolism.

Wednesday Jan 8th

6:30-7:30pm

DEF Room 248

\$30 per person

Pickleball Open Gym

Ages 16+

ROCORI Community Education offers pickleball for adults at the District Education Facility. Drop in with your paddle and your friends. Cash is accepted at arrival. If schools are closed due to weather or holidays Pickleball will be cancelled.

2-3 times per week

*Call CE office for full schedule

8-10am

\$3 per player

Mondays 7:30-9pm

\$3 per player

Wednesdays 6-8pm

\$3 per player

Adult Recreation

Adult Recreation

Adult Core and Strength

Ages 18+

The core is the foundational support of our bodies. If you're looking to improve muscle tone, posture support, and increase bone density, it can be accomplished with some simple tools such as a resistant band/cords, and resistant loop bands (bootie band).

Wednesdays Jan 29-March 26

6:40-7:10pm

DEF Multipurpose Gym

\$70



Yoga at Night

Ages 18+

Release tension and increase calm and well-being in this relaxed-pace yoga class. Instructor will offer variations and modifications from which students can choose. Yoga experience helpful but not essential. Bring: yoga mat and water bottle (required); yoga blanket and eye pillow encouraged.

Tuesdays Jan 7-Feb 11

5-6pm

DEF Commons

\$30

Tuesdays March 4-April 8

5-6pm

DEF Commons

\$30

Yoga for All

Ages 18+

Flow Yoga: Are you interested in improved flexibility, strength, posture, breathing, balance, blood flow, immune system, joint health, spine health, blood pressure, focus, sleep... Yes, this series can surely offer all that! This class is beginner-friendly with available modifications and is also sure to offer avenues for growth to even advanced yogis. The series borrows mostly from the Ashtanga tradition with its strong emphasis on breath and a continuous movement throughout.

Mondays Jan 6-May 19

*No class Feb 17th & April 21st

3:40-4:40pm

DEF Commons

\$60

Being Balanced and Centered

Ages 18+

Do you FEAR stumbling, tripping, slipping and maybe even FALLING? Join us for an introduction to understanding how your body should move. You will learn body mechanics that will enhance your over all strength and centeredness. You will find these body principles in everyday actions such as sitting down, getting up and walking. With this new awareness of body alignment and structure, you can easily repeat these motions throughout your day.

Thursday April 3rd

6-7:30pm

DEF Room 248

\$35

Self Defense for Women

Ages 14+

Are you not feeling as safe as you once did? Would you like to learn some real, effective, life-saving, techniques? In this introductory course, you will get a basic understanding of the psychology of attacks and defenses. You will find out how to avoid on coming actions, get out of chokes, release arm grabs and how to apply simple effective counter actions to an opponent. In addition to this, you will learn how to use a simple self-defense device called a KUBOTAN that you can legally carry with you as you go about your day, which can greatly magnify your ability to defend yourself. Wear loose comfortable clothing.

*A fee of \$10.00 for the required KUBOTAN payable to St Cloud Karate & Tai Chi

Instruction will be collected at the first class.

Thursday April 10th

6-7:30pm

DEF Room 248

\$75

Intermediate T'ai Chi Chuan

Ages 18+

Participants who have been in the courses previously are welcome to join; it does not matter where you are in the form's sequence as there will be review of what you have already been exposed to and then proceed with new postures. These added movements will help you continue in completing the Form as well improve your skills, of balance, breathing, stress reduction and overall body coordination. flexibility and strength.

Thursdays March 6-27

6:30-7:30pm

DEF Room 248

\$55

29

Introduction to T'ai Chi Chuan

Ages 18+

In this Beginners course, you will learn the ancient Chinese art of T'ai Chi to improve your health and stamina. You will start by doing the first 1/3 of the long form of the Yang Cheng Fu system of T'ai Chi. This solo exercise can be practiced anywhere and has multiple benefits for the practitioner. You can increase your concentration and coordination, decrease your muscle tension, improve your muscle flexibility and strength, gain better circulation, and achieve better balance. The slow, gentle movements of T'ai Chi and its related deep breathing motions have been shown to reduce the effects of stress and lower blood pressure as well. *Course material fee of \$17.00 (included DVD for home practice) payable to St Cloud Karate & Tai Chi Instruction will be collected at the class meeting.

Thursdays Feb 6-27

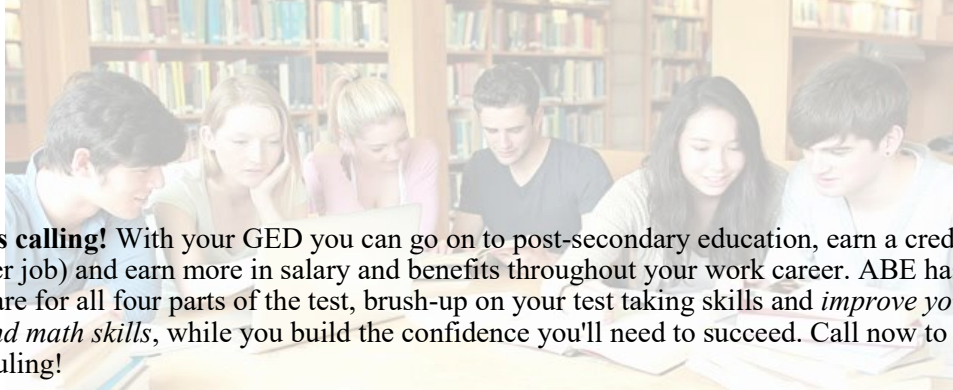
6:30-7:30pm

DEF Room 248

\$55

Adult Recreation

Want to Graduate High School or Need Help with Basic Skills?



Your future is calling! With your GED you can go on to post-secondary education, earn a credential, get a job (or find a better job) and earn more in salary and benefits throughout your work career. ABE has classes to help you prepare for all four parts of the test, brush-up on your test taking skills and *improve your basic reading, writing and math skills*, while you build the confidence you'll need to succeed. Call now to learn about our flexible scheduling!

FREE INDIVIDUALIZED INSTRUCTION

CALL: 320-630-2159

Jean Novak

Class time and day flexible

*Registration Required

The **Skills Enhancement** program is for adults who need to improve their basic reading, writing, math and spelling skills. Individualized instruction is offered to develop a wide range of skills from balancing a checkbook to using a computer. The books and materials used have been written specifically for adult learners.



All Adult Basic Education classes are held at the District Education Facility (DEF).

Adult ELL Classes

ELL: English Language Learner

Clases de ESL Para Adultos

ESL: Inglés Como Segundo Idioma

ELL classes are **free** for adults whose native language is not English. Classes are designed to help adults develop *English speaking, listening, reading and writing skills* according to their individual goals. Adults who participate in ELL classes feel more confident living and working in the United States and learning English can be a key to finding a living-wage job. ABE offers separate levels for ELL students to learn and build their English skills, from the novice to the advanced.

Las clases de ESL son gratuitas para adultos cuyo idioma nativo no es el inglés. Las clases están diseñadas para ayudar a los adultos a desarrollar las habilidades de inglés en hablar, escuchar, leer y escribir de acuerdo a sus metas individuales. Los adultos que participan en las clases de ESL se sienten más confiados viviendo y trabajando en los Estados Unidos y aprender inglés puede ser la clave para encontrar un empleo con un mejor salario. ABE ofrece niveles separados para que los estudiantes de ESL aprendan y desarrollen sus habilidades en inglés, de principiante a avanzado.

Family Literacy/Family School:

Family Literacy is a program that combines Early Childhood Family Education (ECFE) with Adult Basic Education (ABE) and English Language Learner (ELL). In class parents and children come to school together. Fall session is on Tuesdays from 8:30am-11:00am starting September 12th, this class is **FREE** of Charge.

Spots are limited. For more information or to enroll, contact Erin Tronbak at 320-685-8631



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Join Classes with Confidence!

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- Caawinta diiwaangelinta
- Adeegyada turjumaada fasalka dhexdiisa ee bilaashka ah ee fasalada u qalmidda



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Yajayra Lopez Romero
(320) 685-4185 ext. 4187
(320) 406-8915



Patricia Ayala
(320) 685-4185 ext. 4135
(320) 406-8291



Jamal Elmi
(320) 685-4185 ext. 4186
(320) 292-8816

If you are interested in working for ROCORI Community Education to provide in-class interpreting, please contact:

Brandii Thomas
Director of Community Education
thomasb@rocori.k12.mn.us
320-685-8631

Si está interesado(a) en trabajar para Educación Comunitaria de ROCORI para interpretar en clase, comuníquese con:

Brandii Thomas
Directora de Educación Comunitaria
thomasb@rocori.k12.mn.us
320-685-8631

Haddii aad xiisaynayso inaad u shaqeyso ROCORI Waxbarashada Bulshada si aad u bixiso turjubaan fasalka dhexdiisa ah, fadlan la xidhiidh:

Brandii Thomas
Agaasimaha Waxbarashada Bulshada
thomasb@rocori.k12.mn.us
320-685-8631

Chanhassen Dinner Theater Presents



Experience the nostalgia of high school in the '50s- peer pressure, love and teenage life set against the campy backdrop of Rydell High! Discover the drama, comedy and pop-culture satire that has made Grease one of the most popular productions of all time! Price includes show ticket, coach bus, lunch choice of entrée when you arrive at your table, gratuity, sales tax, service fees, warm bread & butter, coffee, tea or milk. *Soft Drinks, appetizers, desserts, etc will be available for purchase at your table for an additional fee if you want to pay them directly for these upgrades.

Registration Deadline: Feb 24 at 12:00 PM.

No refunds will be given after Feb 24th at 12pm

Saturday March 29th
Depart DEF at 9:15am
Return at 5pm \$144

Trips & Tours



ROCORI Senior Center

Rockville – Cold Spring - Richmond

527 Main Street, Cold Spring MN 56320

(Located in the ROCORI DEF Building)

+685-4935 / seniorcenter@rocori.k12.mn.us

Creating Paths to Healthy Aging!

The ROCORI Senior Center is a nurturing environment, providing a gathering place for socialization, education, entertainment and health aid for our community members 55+.

Hours

Monday – Thursday: 8 am – 4 pm

Friday: 8:00 am – Noon

Closed

Nov. 28th – 29th

Dec. 25th – Dec 25th

Dec. 31st and Jan. 1st

Ongoing Activities

Mondays:	9:00 AM	Pinochle
	9:30 AM	Bridge
	10:00 AM	Chair yoga
	1:00 PM	Line Dancing
	1:00 PM	Solo Cards
Tuesdays:	9:00 AM	Stretching
	10:30 AM	Carbles
	1:30 PM	Mahjongg
	3rd Tues. of each month	
Wednesdays:	9:00 AM	Quilting
	10:00 AM	Chair Yoga
	1:15 PM	500 Cards
Thursdays:	9:00 AM	Stretching
	9:15 AM	Pinochle
	10:00 AM	Cribbage
	12:30 PM	Painting Pals
Fridays:	9:00 AM	Coffee & Rolls
	9:30 AM	Knit, Crochet, Embroidery, etc

ROCORI Senior Center Fund

Leave a Legacy on Behalf of the Center!

The ROCORI Senior Center has an investment fund within the ROCORI Area Community Foundation, which is administered through the Central Minnesota Community Foundation. The senior center fund is always ready for anyone wishing to designate a part or all of their estate towards the long-term sustainability of the ROCORI Senior Center. Please keep the ROCORI Senior Center Fund in mind when doing your estate planning!

Please Save Your Teals' Receipts

Please drop your Teal's receipts in the basket by the book library. Every dollar adds up when trying to operate our center. We also collect box tops for education for the ROCORI School District.



Senior Center Board of Directors

Karen Ashfeld
Mary Bruder
Mary Steil
Terri McStocker
Rosie Keul
Jeanne Terres

Anita Neu
Mary Schneider
Corey Decker
Sue Specht
Linda Gade
Kristi Moser (Director)

Senior Center Discounted Cards and Other Amenities

The Senior Center has a huge selection of new greeting cards for .50 cents each. The book library, puzzle table, and Cold Spring Record are also always available. Puzzles can also be borrowed! Where else can you read the paper for free and drink a \$1.00 bottomless cup of coffee?

Board meetings are held the second Tuesday of each

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peachjar

NEW

As of October 2024 ROCORI Public schools has joined the PeachJar nation! This platform allows parents in all ROCORI Schools to receive digital flyers for programs going on within the school district!

- ◇ Ensure information actually makes it home.
- ◇ Access to flyers anytime, anywhere
- ◇ Discover new programs for your child!

Parents with students in ROCORI Schools, no need to do anything! You will receive flyers automatically. If you do not have a student in ROCORI Schools you are welcome to subscribe to receive flyers. Go to www.rocori.k12.mn.us, click on Schools, Select the school that best fits the age of your student. Click on ABOUT, and then Peach Jar. Follow the directions from Peach Jar to Subscribe.

ROCORI COMMUNITY EDUCATION POLICY

Cancellation Policy

- A complete refund is given if a class is canceled or filled
- A \$5 cancellation fee, plus direct expenses (materials, transportation, ticket, and/or other class cost), will be charged if participants cancel a class within five days and up to 2 days prior to class.
- A \$10 cancellation fee if participants cancel within 1 week of the class.
- Classes cancelled less than 24 hours in advance will not be refunded.

Weather Cancellations

Announcements will be made through Community Education Facebook page, a direct text message, and email. Please ensure your contact information is correct in ELEYO.

Kindergarten 2025-2026

Questions about Kindergarten?

We can help!

Richmond Elementary

Mary Holmberg

holmbergm@rocori.k12..mn.us

320.597.2016

Cold Spring Elementary

Jim Mitteness

mittenessj@rocori.k12..mn.us

320.685.7534

John Clark Elementary

Mary Holmberg

holmbergm@rocori.k12.mn.us

320.251.8651

Ready to Enroll?

www.rocori.k12.mn.us

Early Childhood Screening

In Minnesota all children are required to complete a screening assessment before Kindergarten. Screening is FREE! As soon as a child turns 3 years of age they are encouraged to participate in screening. An assessment of your child's vision, hearing, height, weight, immunization records, & overall development will complete the screening process.

Next Screening Date- January 9th 8am-4pm at the DEF

Questions about Screening?

Register for Screening

Call ROCORI Community Education

www.rocori.ce.eleyo.com

320-685-8631

Look for Early Childhood Screening Appointments

DISTRICT NEWS

Dear ROCORI Community,

As the winter season approaches, I am excited to extend a warm welcome to our 2024 Winter Community Education Program. At ROCORI Public Schools, we believe in the power of lifelong learning and the importance of fostering a vibrant, connected community. Our winter brochure is filled with diverse offerings designed to engage, inspire, and educate all ages.

From enriching courses and creative workshops to wellness activities and recreational programs, there is something for everyone. Whether you are looking to learn a new skill, pursue a hobby, or simply connect with fellow community members, our programs are here to support your journey.

Thank you for your continued support and we wish you all a joyful holiday season. We look forward to seeing you in our classes and activities.

Warm regards,

Kevin Emerson

Superintendent,

ROCORI Public Schools



ROCORI
Public Schools

ROCORI SECONDARY

The ROCORI Secondary School is adapting to the changing nature of today’s employment opportunities. To do this, we work to strengthen our partnerships with community business leaders to best identify gaps where improvements and additions can be made. This has led to more collaboration with local businesses, additional work experience opportunities for students, and the strengthening of partnerships that have enhanced our curriculum. This plan has organized our registration into potential career pathways, introduced new offerings that students and families will see in our upcoming high school registration book.

One of the programs that we plan to launch in 2025-26 is the ROCORI CEO Program, which stands for Creating Entrepreneurial Opportunities. This is a community-led, community-hosted, and community-funded endeavor that seeks to give students practical business experience that will prepare them to be owners or employees in the business world. Students will apply and be accepted by the CEO board, which consists mostly of community members with school representation. Students will attend classes in local businesses, create a collective business, develop an individual business, hear from over 40 speakers in the field, make over 40 visits to various businesses, propose a business plan, give a presentation for a loan proposal, have a local business mentor, and ultimately find local network contacts that can provide mentorship and future opportunities.

We are seeking community business leaders who are interested in engaging with students to share their lived experiences in business. Participating in this endeavor can be as simple as providing a speaker or hosting a visit. You can serve as a student mentor, host the entire class for a period of time, or become a member of the CEO board. If you own a business and see the value in this program for students, as well as the value for the greater ROCORI community, we would love to talk to you. If you want to explore other ways to partner with ROCORI to enhance our educational opportunities and potentially gain future employees, please reach out using the contact information below.

Thanks to all the leaders who have been willing to engage with us in this endeavor. The greater ROCORI community is truly a wonderful place to live, attend school, and work!

Ryan Hauge

ROCORI Secondary Principal

hauger@rocori.k12.mn.us



ROCORI

Registration
Opens
Dec 19th

Community Education

Lifelong Learning Winter/Spring 2025



Register For Classes

- Online: <https://rocori.ce.eleyo.com>
- Call or Visit: Community Ed Office (320) 685 8631
- Scan QR Code

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