

Prices 2024-2025
 Student \$2.90
 Reduced FREE
 Adult \$5.00
 Milk .70

Prepared by CVSD 556-0025
 *Menu subject to change.
 Fat Free Flavored Milk Served Daily
 All Meals Include – Meat/Meat Alt.,
 W. Grain, Vegetable, Fruit, Milk

Conestoga Valley HS
JANUARY 2025
Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Bar - Apples, Bananas, Oranges, Pears, Grapes, Seasonal Fruits and Dried Fruits Fresh Veggie Bar – Bell Peppers, Broccoli, Cauliflower, Tomatoes, Celery, Baby Carrots, Mini Salads, Cucumbers		1 NO SCHOOL	2 Buckskin Bowl / WG Roll Steamed Broccoli & Cauliflower Grape Tomatoes Strawberry Cups / Fresh Fruit NO HOT COMBO	3 Cheeseburger on WG Roll French Fries Baked Beans Baby Carrots Applesauce / Fresh Fruit NO HOT COMBO
6 Chicken Nuggets / WG Dinner Roll Mashed Potatoes and Gravy Steamed Broccoli Baby Carrots Apple Slices / Fresh Fruit NO HOT COMBO	7 Hotdog on WG Roll Snack Bag Fresh Veggie Bar Fresh Fruit KEYSTONE TESTING	8 Chicken Fillet on WG Roll Lettuce & Tomato Snack Bag Fresh Veggie Bar Fresh Fruit KEYSTONE TESTING	9 Cheeseburger on WG Roll Lettuce & Tomato Snack Bag Fresh Veggie Bar Fresh Fruit KEYSTONE TESTING	10 Pretzel Bun with Cheese Tomato Soup w/ WG Crackers Roasted Garbanzo Beans Cucumber Coins Apple Sauce / Fresh Fruit NO HOT COMBO
13 Chicken Patty on WG Roll Sandwich Fixings – Lettuce / Tomato WG Goldfish Crackers Winter Blend Veggie Mix Grape Tomatoes Peaches / Fresh Fruit NO HOT COMBO	14 Chili / Cornbread Cheese Crunchers Glazed Carrots Broccoli Florets Mandarin Oranges / Fresh Fruit HAM & CHEESE MELT	15 Mini Perogies, Mozzarella Sticks, Chicken Poppers / Marinara Sauce Italian Blend Veggies Baby Carrots Fruit Mix / Fresh Fruit MEATBALL SANDWICH	16 Roast Turkey & Gravy w/ Dinner Roll Mashed Potatoes Green Beans Cucumber Coins Apple Slices / Fresh Fruit NO HOT COMBO	17 EARLY DISMISSAL Mickey's Pizza Roasted Garbanzo Beans Fresh Veggie Bar Fresh Fruit NO HOT COMBO
20 NO SCHOOL	21 NO SCHOOL	22 Walking Taco Lettuce/Tomato/Cheese Cup Tex Mex Veggie Blend Grape Tomatoes Apple Slices / Fresh Fruit NO HOT COMBO	23 Chicken Alfredo / WG Garlic Knot Steamed Green Beans Green Pepper Slices Strawberry Cups / Fresh Fruit HAM & CHEESE MELT	24 Pizza Sticks/Marinara Sauce Glazed Carrots Roasted Garbanzo Beans Tossed Romaine Salad Applesauce / Fresh Fruit NO HOT COMBO
27 Buckskin Bowl / WG Roll Steamed Broccoli & Cauliflower Cucumber Coins Strawberry Cups / Fresh Fruit NO HOT COMBO	28 Three Cheese Cavatappi Italian Meatballs w/ Marinara Sauce Steamed Tuscan Veggie Blend Green Pepper Slices Fruit Mix / Fresh Fruit TURKEY & CHEESE MELT	29 Sweet & Sour Chicken w/ Fried Rice Mini Egg Roll & Fortune Cookie Steamed Stir Fry Veggies Cauliflower Florets Mandarin Oranges / Fresh Fruit PORK BBQ SANDWICH	30 Buffalo Chicken Pizza Peas and Carrots Spinach Salad Pineapple Tidbits / Fresh Fruit STEAK SANDWICH	31 Cheeseburger on WG Roll French Fries Baked Beans Baby Carrots Applesauce / Fresh Fruit NO HOT COMBO

Daily Salad Option may include: Vegetarian, Buffalo Chicken, Grilled Chicken, Chef, Italian, Cobb, and Seasonal Favorites.

Salad Ingredients may include: Mixed Greens (Iceberg, Spinach, Spring Mix, Romaine). Bell Pepper, Broccoli, Carrot, Cauliflower, Celery, Cucumber, Olives (green or ripe), Onion (red or white), Radish and Tomato. Craisins and Mandarin Oranges. Cheese (cheddar and mozzarella), Egg, Chicken, Ham, Turkey, and Pepperoni. WG Roll w/Butter and Croutons.

***ALL Meals offer:** Meat/Meat Alt., Whole Grains, Vegetable, Fruit, Milk