






What's on the Menu?

Rochester Community Schools
High School Menu
Dec 16-20, 2024

Allergy Alert:
Manufacturer Hamburger Buns,
Hot Dog Buns, Sliced Bread and
Hoagie Rolls CONTAIN WHEAT,
SOY AND SESAME

A full student lunch includes a choice of entrée supplying protein and grain,
2(1/2) Cup vegetable side dishes, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk.
A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
create	<i>Available Daily: Favorite comfort foods and international flavors served your way</i>				
	 Mojo BBQ Pulled Chicken Sandwich Whole Grain Hamburger Bun Mojo BBQ Sauce Glazed Carrots Home-Style Corn Bread	Taco Turkey or Beef WG Soft Taco or Nacho Queso Blanco Black Beans Cilantro Brown Rice Fresh Pico De Gallo Fresh Cilantro 	Brunch for Lunch  WG Pancake w/ Syrup Scrambled Eggs or Chicken Sausage Hash Brown Homemade Cherry Crisp	Popcorn Chicken Bowl WG Breadstick Mash Potato w/ Savory Gravy Seasoned Corn Fresh Scallions Shredded Cheddar	Baked Ziti Pasta layered with zesty tomato sauce, mozzarella and ricotta cheese. Dinner Roll Roasted Italian Vegetables Roma Cheese Blend
grilled	<i>Available Daily: Chicken Sandwiches and Classic Hamburgers</i>				
	Philly Beef and Cheese Sandwich Wedge Fries	WG Corn Dog on a Stick Waffle Fries	Chicken Tenders w/Breadstick Tater Tots	Pizza Crunchers Sweet Potato Fries	Nashville Chicken Sandwich Wedge Fries
G mato	<i>Available Daily: Classic Whole Grain Cheese Pizza</i>				
	Bosco Sticks w/ Pizza Dipping Sauce	Pepperoni Pizza	Bosco Sticks w/ Pizza Dipping Sauce	BBQ Chicken Pizza	Pepperoni Pizza
SO DELI ON THE GO	<i>Available Daily: Made fresh to go</i>				
	<i>Available Daily: Assorted meats, cheeses and other proteins; whole grain breads; lettuce, tomatoes and a choice of fresh vegetable toppings; and a variety of dressings to create your salad or sandwich</i>				
Strawberry Fruit and Yogurt Parfait with Homemade Granola	Strawberry Fruit and Yogurt Parfait with Homemade Granola	Strawberry Fruit and Yogurt Parfait with Homemade Granola	Strawberry Fruit and Yogurt Parfait with Homemade Granola	Strawberry Fruit and Yogurt Parfait with Homemade Granola	Strawberry Fruit and Yogurt Parfait with Homemade Granola
extra. extra	<i>Available Daily: Cold fruit and vegetable bar, featuring apples, oranges, baby carrots and daily features</i>				
	Chick Pea Salad Grape Tomatoes Power Peas Chilled Cinnamon Pears	Chick Pea Salad Grape Tomatoes Power Peas Chilled Cinnamon Pears	Romaine and Spinach Strawberry Salad Cucumber Coins Broccoli Florets Seasonal Fresh Fruit	Romaine and Spinach Strawberry Salad Cucumber Coins Red Pepper Strips Chilled Mandarin Oranges	Celery Sticks Fresh Blueberries Red Pepper Strips Chilled Mandarin Oranges



Questions? Food Service Office 248-726-4602
Make Checks Payable to RCS Foodservice for a la carte items.
This institution is an equal opportunity employer.



