

Upland Unified School District



January

breakfast daily



Whole Grain Breakfast Bread Variety
Bagel & Cream Cheese
Whole Grain Cereal Variety
Whole Grain Breakfast Bars
Yogurt (9 g of sugar)
Mozzarella String Cheese

breakfast specials

Monday

Chicken Waffle Sandwich

Wednesday

Egg & Cheese Tamale or Three Cheese Turkey Sausage Burrito

Friday

Pancakes or Waffles & Turkey Sausage

2025

Local Farm-Fresh Seasonal Fruit & Veggies
Local Driftwood Dairy California Milk 1% White Milk
or Non-Fat Chocolate Milk (Lunch Only)

 @UUSDFARMTOSCHOOL

 [BIT.LY/46QT6JB](https://bit.ly/46QT6JB)



*Menu subject to change
*This institution is an equal opportunity provider and employer"

A New Year of Adventure

Upland Unified School District



served daily

Farm Fresh Salad Bar is Offered Daily

Local Driftwood Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk (Lunch Only)

= featuring new item

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6 *National Bean Day*
Bean & Cheese Pupusa
warm corn masa filled with beans and cheese
taco salad bar



7
Corn Dog
whole grain nitrite/nitrate free
american salad bar

8
Mac & Cheese
land o' lakes cheese served with whole grain mickey goldfish
seasonal salad bar

9
Yang's Orange Chicken
served with brown rice
asian salad bar

10
Melted Meatball Sandwich
chicken meatballs, marinara, and melted mozzarella cheese
seasonal salad bar

13 *National Gluten-Free Day*
Chicken & Cheese Taquitos
taco salad bar

14
Chicken Parmesan
breaded chicken, marinara sauce, and melted cheese
pizza crackers
seasonal salad bar

15
Hot dog
juicy jennie-o hot dog whole grain bun
crunch beans
american salad bar

16
Breakfast for Lunch
turkey sausage patties and a delicious buttery maple belgian waffle
breakfast salad bar

17 *National Pizza Week*
Pizza Bagels
turkey pepperoni
american salad bar



21
NO SCHOOL

22
Bean Fiesta Nachos
whole grain tortilla chips with cheese and bean dip
fiesta salad bar

23 *National Pie Day*
Grilled Chicken Drumstick
apple frudel
seasonal salad bar



24
Chicken Chile & Cheese Flautas
taco salad bar

27
Chicken Strips
served with potato smiles
american salad bar

28
Yang's Teriyaki Chicken
served with fried rice
fortune cookie
asian salad bar

29
Salsa Verde Chicken Tacos
served with hard taco shells
taco salad bar

30
Chicken Sandwich
served on a brioche bun
sandwich salad bar

31
Lasagna Roll Up
whole grain lasagna noodles topped with a cheese blend served with Scooby Doo Grahams
seasonal salad bar



@UUSDFARMTOSCHOOL



[BIT.LY/46QT6JB](https://bit.ly/46QT6JB)

*Menu subject to change
*This institution is an equal opportunity provider and employer"





A New Year of Adventure

Upland Unified School District



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 <i>National Bean Day</i> Bean & Cheese Pupusa warm corn masa filled with beans and cheese taco salad bar 	7 Corn Dog whole grain nitrite/nitrate free american salad bar	8 Mac & Cheese land o' lakes cheese served with whole grain mickey goldfish seasonal salad bar	9 Yang's Orange Chicken served with brown rice asian salad bar	10 Melted Meatball Sandwich chicken meatballs, marinara, and melted mozzarella cheese seasonal salad bar
13 <i>National Gluten-Free Day</i> Chicken & Cheese Taquitos taco salad bar	14 Chicken Parmesan breaded chicken, marinara sauce, and melted cheese pizza crackers seasonal salad bar	15 Hot dog juicy jennie-o hot dog whole grain bun crunch beans american salad bar	16 Breakfast for Lunch turkey sausage patties and a delicious buttery maple belgian waffle breakfast salad bar	17 <i>National Pizza Week</i> Pizza Bagels turkey pepperoni american salad bar 
20  MLK DAY	21 NO SCHOOL	22 Bean Fiesta Nachos whole grain tortilla chips with cheese and bean dip fiesta salad bar	23 <i>National Pie Day</i> Grilled Chicken Drumstick apple frudel seasonal salad bar 	24 Chicken Chile & Cheese Flautas taco salad bar
27 Chicken Strips served with potato smiles american salad bar	28 Yang's Teriyaki Chicken served with fried rice fortune cookie asian salad bar	29 Salsa Verde Chicken Tacos served with hard taco shells taco salad bar	30 Chicken Sandwich served on a brioche bun sandwich salad bar	31 Lasagna Roll Up whole grain lasagna noodles topped with a cheese blend served with Scooby Doo Grahams seasonal salad bar

served daily

Farm Fresh Salad Bar is Offered Daily

Local Driftwood Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk (Lunch Only)

= featuring new item



@UUSDFARMTOSCHOOL

[BIT.LY/46QT6JB](https://bit.ly/46QT6JB)

*Menu subject to change
*This institution is an equal opportunity provider and employer"

