

WESTERLY PUBLIC SCHOOLS
23 Highland Avenue
Westerly, RI 02891
Health & Wellness Sub-Committee Meeting
October 8, 2024

4:30 PM

MINUTES

1. Call to Order
L. Wycall called the meeting to order at 4:30 p.m. Present in addition to L. Wycall were S. Morrone, K. Wagner, A. Gervasini, C. Speranza, K. Wetherill, K. Ploettner, J. Perrin and A. Goethals.
2. Approval of Minutes from 3-5-24
S. Morrone made a motion to approve the minutes, seconded by C. Speranza. The motion passed unanimously.
3. Public Comment
None
4. Food Service Report
S. Morrone reported that extra local apples have been ordered for schools to participate in Apple Crunch Day, scheduled for October 17, 2024. Additionally, National School Lunch Week will take place next week, with the theme "Find Your Treasure" to encourage students to explore and appreciate the nutritious options available in their school lunches.
5. Student Report
None
6. Project AWARE Report
K. Wagner reviewed the training session provided for staff that was conducted by Jessica Minihan. The training provided a different perspective on how to manage and engage with students facing challenges in both mental health and academic achievement.
K. Wagner also mentioned that WPS has achieved 92% completion for SOS (Signs of Suicide) training.
7. Old Business
8. New Business
 - a. WPS Green Team
S. Morrone discussed WPS Green Team's goals and the work

they plan to accomplish throughout the district.

9. Future Agenda Items

- a. Future meeting dates
The Health & Wellness Subcommittee will meet on December 10, 2024, February 11, 2025 and April 8, 2025.
- b. Health and Wellness charter and policy review
- c. H&W Membership
- d. Mental health resources within the community
- e. Health 101: RI School Health Regulations

10. Other

Members engaged in conversation centered around mental health. This will be further discussed at the next meeting.

11. Adjournment

- A. Goethals made a motion to adjourn the meeting at 5:15 p.m., seconded by K. Ploettner. The motion passed unanimously.

Respectfully submitted,

Lori Wycall, Chair
Health & Wellness Subcommittee