

# CENTRAL SQUARE SENIOR CENTER SCHEDULE

January 2025

The South St. Paul Senior Center promotes and provides opportunities in the area of socialization, recreation, education, and health to residents age 55 and up. Become a member for only \$12/year.

S	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S
<i>Schedules and fees are subject to change</i>			1 <b>CLOSED- DISTRICT HOLIDAY</b>	2 <b>Hand &amp; Foot Card Games</b> 1:00-3:00 pm	3 <b>500 Cards</b> 11:30 am-2:00 pm	4
5	6 <b>Cribbage</b> 12:00-2:30 pm <b>Penny Bingo</b> 1:00-2:30 pm	7 <b>Woodcarvers</b> 9:00-11:00 am <b>Line Dancing</b> 10:30-11:30 am <b>Craft time</b> 1:00-3:00 pm	8 <b>Everything You Want to Know About Medicare</b> 10:00-11:30 am <b>Out and About Lunch: North Pole</b> 11:00 am <b>500 Cards</b> 11:30 am-2:00 pm	9 <b>Hand &amp; Foot Card Games</b> 1:00-3:00 pm	10 <b>500 Cards</b> 11:30 am-2:00 pm	11
12	13 <b>Cribbage</b> 12:00-2:30 pm <b>Penny Bingo</b> 1:00-2:30 pm	14 <b>Happy Feet</b> 9:00 am-4:00 pm <b>Woodcarvers</b> 9:00-11:00 am <b>Line Dancing</b> 10:30-11:30 am <b>Craft time</b> 1:00-3:00 pm	15 <b>500 Cards</b> 11:30 am-2:00 pm	16 <b>Hand &amp; Foot Card Games</b> 1:00-3:00 pm	17 <b>500 Cards</b> 11:30 am-2:00 pm <i>Registration deadline for Mobsters in Minneapolis</i>	18
19	20 <b>CLOSED-DISTRICT HOLIDAY</b>	21 <b>Woodcarvers</b> 9:00-11:00 am <b>Line Dancing</b> 10:30-11:30 am <b>Craft time</b> 1:00-3:00 pm <b>Fair for All</b> 4:00-6:00 pm	22 <b>White Christmas</b> Bus departs 10:15 am <b>500 Cards</b> 11:30 am-2:00 pm	23 <b>Senior Social-Chinese New Year Orange Chicken and White Rice</b> 11:30 am-1:00 pm <b>Hand &amp; Foot Card Games</b> 1:00-3:00 pm	24 <b>500 Cards</b> 11:30 am-2:00 pm	25
26	27 <b>Cribbage</b> 12:00-2:30 pm <b>Penny Bingo</b> 1:00-2:30 pm	28 <b>Woodcarvers</b> 9:00-11:00 am <b>Line Dancing</b> 10:30-11:30 am <b>Craft time</b> 1:00-3:00 pm	29 <b>500 Cards</b> 11:30 am-2:00 pm	30 <b>Hand &amp; Foot Card Games</b> 1:00-3:00 pm	31 <b>500 Cards</b> 11:30 am-2:00 pm	

## ONGOING ACTIVITIES

### WALK THE SQUARE

Come walk the Square – we're not big, but we are temperature controlled.

**Monday - Friday (daily) 7:30 am - 3:00 pm**

### SSP BUZZ

Join your neighbors for a cup or two of joe and get your local buzz of what's happening around the community.

**Monday - Friday (daily) 8:30 - 11:00 am**

### CRIBBAGE

The classic card/board game.

**Mondays from 12:00 - 2:30 pm**

### PENNY BINGO

Be the first to turn all your cards face down.

**Mondays from 1:00 - 2:30 pm**

### WOODCARVERS

Woodcarvers Group at Central Square is a social group, without formal instruction. Get together with others who share your hobby and learn from each other! Please bring your own tools and supplies.

**Tuesdays from 9:00 - 11:00 am**

### LINE DANCING

Dance to a variety of music genres. It's fun, good for the soul, and no partner is needed. Instructor Margaret Christians.

**Tuesdays from 10:30 - 11:30 am**

### HAPPY FEET

Happy Feet is scheduled the second Tuesday of the month. A qualified nurse will soak and treat foot ailments from trimming, corns, calluses and walk away with a soothing foot massage.

**9:00 am - 4:00 pm, \$45 - call for appointment 763-346-3390**

### CRAFT DAY

Grab your craft and come on over. Whether you knit, crochet, color, draw, stamp, make cards, etc. We have room for you. You can socialize with other crafters, pick up a pointer or two, and maybe even start a new hobby.

**Tuesdays from 1:00 - 3:00 pm**

### 500 CARDS

Beginners 500 is for new players to learn the game. 500 is a trick-taking game with some ideas from Bridge. The game described here is for four players. The game is played over a series of hands. You win the game by earning 500 points or forcing your opponents to reach - 500 points.

**Wednesdays and Fridays from 11:30 am - 2:00 pm**

### HAND & FOOT CARD GAMES

Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards - the hand, which is played first, and the foot, which is played when the hand has been used up. There are numerous variations of this game and no standard rules.

**Thursdays from 1:00 - 3:00 pm**

---

## UPCOMING TRIPS

Register for social trips at the Central Square front desk, by phone 651-306-3632, or at [communityed.sspps.org](http://communityed.sspps.org).

### MOBSTERS IN MINNEAPOLIS

Guided Mobsterland Bus Tour of Minneapolis. Lunch at The Local. Register by January 17.

**Thursday, February 20**

**Bus departs Central Square at 10:15 am**

\$94/person includes transportation, lunch, and tours

### ON THE ROAD AGAIN

See the show "On the Road Again" and enjoy a buffet lunch at the Ives Theater. Register by February 14.

**Thursday, March 20**

**Bus departs Central Square at 10:45 am**

\$95/person includes transportation and lunch/show

### THE MOUSETRAP

See the show "The Mouse Trap" at the Guthrie Theater and enjoy lunch at The Hen House. Register by February 7.

**Wednesday, April 16**

**Bus departs Central Square at 10:00 am**

\$105/person includes transportation, lunch, and show