

# Founders' Day

*A day of service to celebrate our community*

## Trail Mix Instructions

- Fill snack-sized bags with your favorite snack combination! We suggest 3 to 4 ingredients added to snack or sandwich-sized bags. Some ideas include the following, but feel free to share your favorite combination!
  - Pretzels, raisins, pepitas, Cheerios
  - Dried fruit, Chex cereal, banana chips, bagel chips
- About 5 pounds of food items should yield about 30 snack-sized bags of trail mix
- Please note that Martha's Table is now nut-free and no longer accepts items with peanuts, tree nuts or candy.

Please make sure to wear gloves when preparing food items.

**Don't forget to take photos of making your trail mix and share with us at [media@chds.org](mailto:media@chds.org).**

