

FREQUENTLY ASKED QUESTIONS



How often are backpacks handed out?

Backpacks can be picked up weekly throughout the school year

Can families with multiple children receive more than one backpack?

Families will receive one backpack with food according to how many students are enrolled in Scarborough Public Schools

Are the meals in the backpacks healthy?

Our meals are not determined by the USDA guidelines, but we strive to serve homemade, freshly prepared meals and offer healthier options whenever possible

Is participation in the program confidential?

Yes, any identifying information about students enrolled in the Backpack Program will remain confidential and will not be shared with other students or school staff

Will special dietary needs be accommodated?

Allergies and medical needs will be accommodated in meals. We will do our best to modify meals to meet other preferences and special needs as requested

ADDITIONAL RESOURCES

Here is a list of additional local resources that provide food assistance to help meet the needs of families

Community Resources

- Scarborough Food Pantry
- Project Grace
- Kiwanis Club of Scarborough

For More Information:

Call: 207-730-4703

Email: tshao@scarboroughschools.org



**SCARBOROUGH PUBLIC
SCHOOLS**

**BACKPACK
PROGRAM**



ABOUT THE PROGRAM

Mission

Our mission is to ensure that every child has the nourishment they need to thrive both in and out of the classroom. Through our Backpack Program, we provide healthy, accessible, and nutritious food to students, empowering them to focus on their education and well-being. We are committed to fostering a supportive and compassionate community where no child goes hungry, enabling every student to reach their full potential

What is Provided?

In each package, students in the program will receive a breakfast and lunch meal for each day out of school (weekends, holidays, vacations)

Common Item Include:

- cereal, oatmeal, muffins and granola bars
- hamburger, hot dog, and deli sandwiches
- fresh or canned fruit and vegetables
- milk or juice

HOW IT WORKS

Who is eligible?

The Backpack Program is free to any student enrolled at one of the Scarborough Public Schools

How to sign-up

To register your child in the program, contact **Tai Shao** by phone at **207-730-4703** or by email at **tshao@scarboroughschools.org**

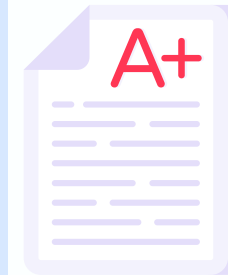
You will be asked to provide the name(s) of the child who will be enrolled in the program, the child's school lunch code, contact information, dietary needs and preferences, and cooking equipment that you have available

Receiving Meals

Backpack meals will be available for pickup each week on Wednesdays from 9:30 AM to 1:30 PM. If special arrangement are needed, contact Tai Shao

At pick-up, you will receive a bag with multiple meals for each child that is registered in the program

IMPACT



When hunger is prevented, students are better able to use their brain power to focus on learning



Nutritious food supports students' health, helping them to grow strong bodies and minds

Research says...



that Backpack Programs providing children with nutritious food when they are out of school improve learning and academic success in school