




JANUARY 2025

Gamble Montessori High School Lunch



PREPARING STUDENTS
FOR LIFE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Deli Fresh				
Turkey Breast Salad & Flatbread Double Smucker's Uncrustables	BLT Entree Salad & Flatbread Raspberry Crumble Parfait	Cobb Entree Salad & Flatbread Club Sub Sandwich	Buffalo Chicken Entree Salad & Flatbread Double Smucker's Uncrustables	Grilled Chicken & Fruit Salad & Flatbread Buffalo Chicken Wrap
Chicken Favorites				
Spicy Chicken Sandwich	Spicy Boneless Wings & Mini Waffles	Chicken Wings & Cornbread	Chicken Tenders & Mini Waffles	Crispy Chicken Sandwich
Custom Creations				
Mandarin Chicken & Brown Rice	Build Your Own Burrito Beef & Cheese Nachos	Classic Charbroiled Cheeseburger Cowboy Burger	Cincy-Style Chili Bar: 3-Way or Cheese Coney with Oyster Crackers	Big Daddy's Cheese Pizza Big Daddy's BBQ Chicken Pizza
Vegan Options				
Mediterranean Salad & Flatbread	Fiesta Black Bean Burrito	Vegan Chickenless Crispy Sandwich	Vegan Bolognese Penne Pasta & Roll	Vegan Chickenless Nuggets & Roll
6 Philly Cheesesteak	7 Cheesy Italian Sampler with Marinara	8 General Tso's Asian Chicken Dumplings	9 Kielbasa on Pretzel Bun	10 Carne Asada Tacos
13 Philly Cheesesteak	14 Deep Dish Beef Pepperoni Pizza	15 Pasta Marinara & Cheesy Garlic Bread	16 Buffalo Chicken Dip & Tostito Chips	17 Carne Asada Tacos
20 	21 Cheesy Italian Sampler with Marinara	22 General Tso's Asian Chicken Dumplings	23 Kielbasa on Pretzel Bun	24 Carne Asada Tacos
27 Philly Cheesesteak	28 Deep Dish Beef Pepperoni Pizza	29 Pasta Marinara & Cheesy Garlic Bread	30 Buffalo Chicken Dip & Tostito Chips	31 
Fruits & Vegetables				
Chilled Applesauce Cup Juicy Juice Fruit Punch Cool Tropics Razz-A-Dazzle Juice Slush Crispy Crinkle-Cut French Fries Steamed Broccoli Florets	Strawberry Fruit Cup Juicy Juice Fruit Punch Mexican-Seasoned Black Beans	Peach Fruit Cup Cool Tropics Mango Peach Slush Southern-Cooked Green Beans Crunchy Celery	Mixed Berry Fruit Cup Juicy Juice Fruit Punch Golden Corn Sweet Orange-Glazed Carrots	Fresh Apple Slices Juicy Juice Fruit Punch Cool Tropics Berry Blue Slush Creamy Tomato Soup Green Peas
Daily Fresh Fruit & Beverages		A la Carte Special	Harvest of the Week	
<ul style="list-style-type: none"> • Build a salad at our Farm-to-School Garden Bar. • Our fruit basket includes apples, oranges, pears, and bananas. • Enjoy 100% orange juice and fruit-infused water at our Hydration Stations. <ul style="list-style-type: none"> • Choose from skim white, skim chocolate, or lactose-free 1% milk. • Each lunch includes an entrée, two fruits, two vegetables, and a choice of milk. 		 Add a Smucker's PB&J Uncrustable to your lunch for just \$1 when you choose a complete lunch!	January 6-10: Kiwi & Spinach January 13-17: Plums & Mushrooms January 20-24: Pineapple Chunks & Celery January 27-31: Clementines & Cauliflower	