

**Descriptor Term: SCHOOL HEALTH EDUCATION PROGRAM:
REPRODUCTIVE HEALTH & SAFETY EDUCATION**
Descriptor Code: IDBA-P
Date Issued: May 27, 2010
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Healthful Living is a combination of Education and Physical Education. Both areas are required as part of the curriculum adopted by the State Board of Education. It was developed to guide teachers and students in the development of health behaviors as well as the teaching and learning of essential health related knowledge. The nature of Health Education often includes discussion of sensitive topics. In these situation teachers are trained in appropriate content as well as proper teaching methods. Parents/guardians who choose to withdraw their children from the instruction should notify the principal in writing. These students will be given an appropriate alternative assignment.

In particular, parents are advised that puberty is taught in the fourth, fifth, and sixth grade curricula and (2) sexual abstinence until marriage, risks of premarital sexual activity, the prevention of unintended pregnancy and sexually transmitted diseases, sexual assault and abuse, sex trafficking, methods of contraception, and reproductive health and safety are taught in the seventh through high school curriculum. Parents/guardians will be notified of specific times when the curriculum/instructional materials which will be used may be reviewed at their child's school.