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**BOARD OF EDUCATION MEETING  
JANUARY 11, 2021**

**SYOSSET CENTRAL SCHOOL DISTRICT: MTSS- CULTURE OF CARE**

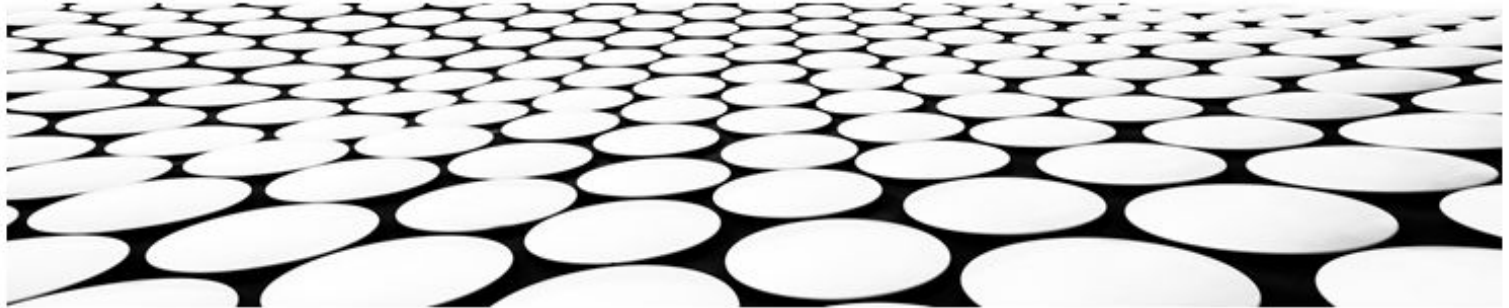
**PRESENTERS:**

*Dr. Joseph LaMelza, Assistant Superintendent of PPS*

*Ms. Mary-Lou Sapienza, Director of PPS*

*Ms. Carolyn Candela, LMSW*

*Dr. Jennifer Eastman, Psy.D.*



RtI

MTSS

Culture  
of Care

GOAL:

TO HIGHLIGHT THE ALIGNMENT OF OUR  
K-12 MTSS CONTINUUM



# MTSS

Academics

Mental  
Health

Restorative  
Practices

Social &  
Emotional  
Learning

Positive  
Behavior  
Supports

## Central Nassau Guidance (C.N.G.)

- Locations in Plainview and Hicksville
- A certified community behavioral health clinic
- Integrated counseling and recovery services
- Same day access
- Peer support, counseling, and family support services
- Care Management Services
- Training and Workshops
- Mental Health Counseling
- Psychiatric Services
- 24/7 Mobile Crisis Team







# STAFF & FAMILY RESOURCES

[Syosset Parent Support](#)

[SCSD Code of Character,  
Conduct & Support](#)

[SCSD MTSS Portal](#)



## TIER II ACADEMIC INTERVENTIONS

TARGETED ACADEMIC SUPPORT FOR STUDENTS IDENTIFIED AS HAVING SKILL OR PERFORMANCE WEAKNESSES

- STUDENT NEEDS IDENTIFIED THROUGH DATA-BASED CONVERSATIONS
  - EMPIRICALLY-SUPPORTED INTERVENTION PROGRAMS





## TIER II MENTAL HEALTH SUPPORTS

TARGETED SUPPORT FOR STUDENTS STRUGGLING WITH AN IDENTIFIED MENTAL HEALTH, SOCIAL,  
EMOTIONAL, OR BEHAVIORAL NEED

- STUDENT NEEDS BASED ON A VARIETY OF DATA SOURCES
- DISTRICT MEMBERSHIP TO NASSAU BOCES MENTAL HEALTH CONSORTIUM
  - TIER II GROUP COUNSELING

# K-12 TIER II COUNSELING GROUPS

NEW STUDENT GROUP

TRANSITIONING TO MS GROUP

EXECUTIVE FUNCTIONING GROUP

BEREAVEMENT GROUP

BREATHE 4 PEACE

BRING CHANGE 2 MIND

DIVORCE GROUP

FRIENDSHIP GROUP

CHANGING FAMILIES GROUP

SOCIAL SKILLS GROUP

STRESS MANAGEMENT GROUP

STUDY SKILLS GROUP

KIDSTALK

COFFEE TALK

SELF-ESTEEM GROUP

**"I don't feel alone and isolated when I'm in this group."**

- 7th Grader,  
Social Skills Group

**"We have fun and laugh together."**

- 6th Grader,  
Social Skills Group

**"Being able to vent and to know that other people are going through something similar."**

- 9th Grader  
Stress Mgmt. Group

**"It's helpful having a safe place to be open."**

- 8th Grader,  
Changing Families Group

**"I get to listen to others and that helps me."**

- 7th Grader,  
Social Skills Group

**"For me, you can spill your whole heart out and it's a rule that nothing goes out of that circle."**

- 12th Grader,  
Stress Mgmt. Group

**"[I liked] meeting new people."**

- 11th Grader,  
Stress Mgmt. Group

**"I like being able to share here, rather than with my friends who don't get it."**

- 7th Grader,  
Changing Families Group

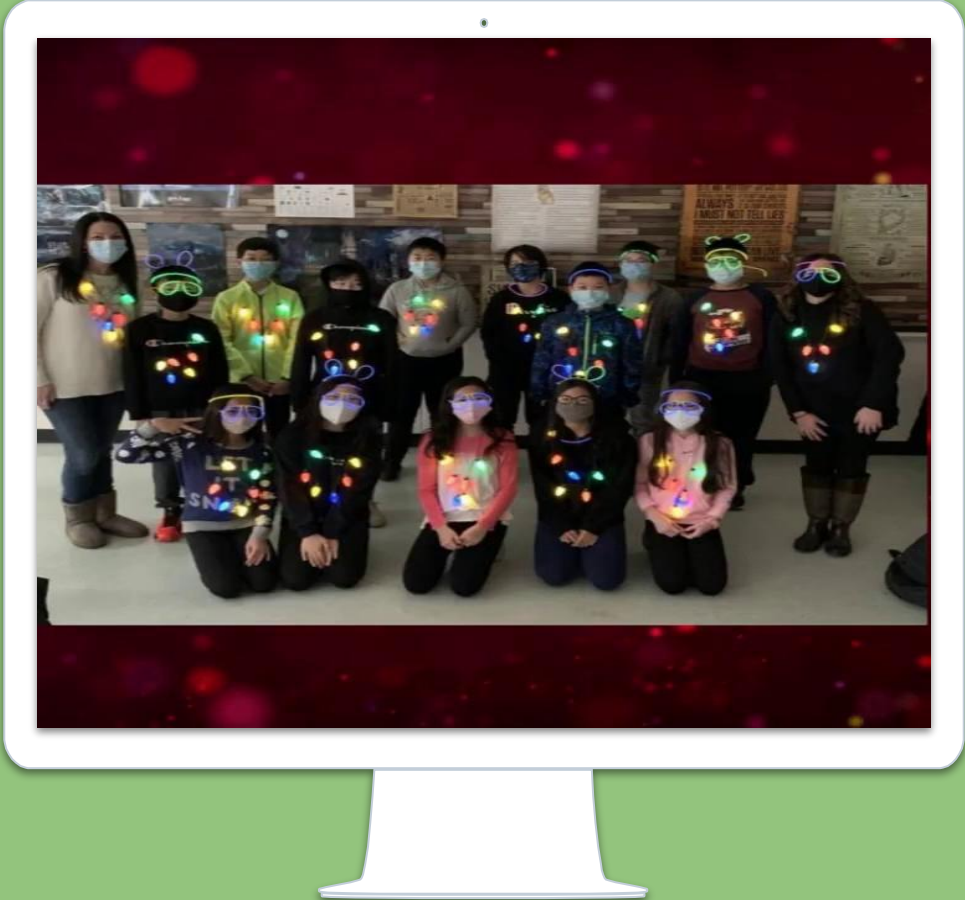


# ADVISORY PROGRAM



A DEDICATED TIME AND SPACE FOR STUDENTS TO BUILD SOCIAL AND EMOTIONAL COMPETENCIES THROUGH DISCUSSION AND ACTIVITIES

- SECONDARY-LEVEL INITIATIVE (GOAL IMPLEMENTATION 6-12)
- ALIGNED WITH NATIONAL AND STATE SEL STANDARDS, AND NYS CULTURAL FRAMEWORK
- INCORPORATES STRUCTURE OF COMMUNITY-BUILDING CIRCLES



PRE-COVID &  
NOW



# SANFORD HARMONY & 5 CORE COMPETENCIES

## ELEMENTARY LEVEL

**SANFORD HARMONY** IS A SOCIAL-EMOTIONAL LEARNING PROGRAM FOR PRE-K-6TH GRADE STUDENTS DESIGNED TO ASSIST STUDENTS IN DEVELOPING AND PRACTICING THE COGNITIVE, AFFECTIVE, AND BEHAVIORAL COMPETENCIES NEEDED TO BECOME COMPASSIONATE AND CARING ADULTS.

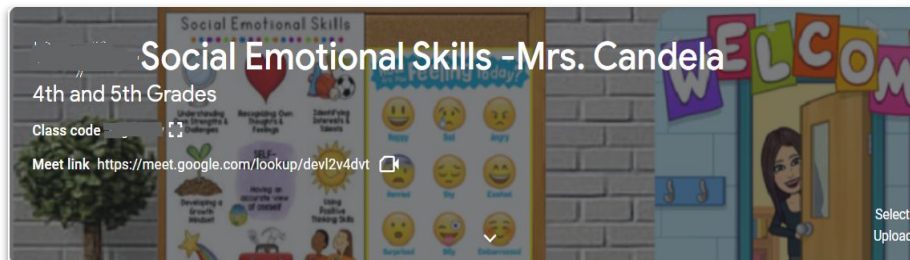
- EVIDENCED -BASED CURRICULUM
- ALIGNS WITH AND INCORPORATED INTO ALL ACADEMIC CONTENT AREAS
  - BASED ON NYS AND NATIONAL SEL STANDARDS
  - INCORPORATES RESTORATIVE PRACTICES: COMMUNITY CIRCLES



# TIER 1- CLASSROOM INTERVENTIONS AND SUPPORTS

- PUSH-IN SUPPLEMENTAL LESSONS- (VIRTUAL CLASSES INCLUDED)

- OPPORTUNITIES TO PRACTICE SKILLS LEARNED
- ALIGNED WITH SANFORD HARMONY



## Upcoming

No work due soon

[View all](#)



Announce something to your class



**Carolyn Candela**  
Nov 10 (Edited 11:25 AM)

Welcome to my Social Emotional Skills Classroom. This Classroom is filled with social- emotional health and wellness resources that are helpful in learning about ourselves and others. We will be having discussions and completing activities that assist us to navigate through: understanding our emotions and feelings as well as those of others, learn how to manage conflicts, problem solve, have better relationships with peers, and managing stress Also, we will improve other skills that make us better students and citizens.



**FRIDAY**  
5-4-3-2-1

5 THINGS THAT MADE ME SMILE THIS WEEK:

- Snow
- My friends
- Ms. Alkhaym
- My family
- School

4 WORDS TO DESCRIBE MY WEEK:

- Happy
- Fun
- Loving
- Exciting

3 THINGS I PLAN TO DO THIS WEEKEND:

- Wake up!
- Play with my friends
- Draw for my mom

2 THINGS I LEARNED THIS WEEK:

- Age of exploration
- Text structures

1 GOAL I HAVE FOR NEXT WEEK:

- Make new friends!

**FRIDAY**  
5-4-3-2-1

5 THINGS THAT MADE ME SMILE THIS WEEK:

- Having hockey practice!
- Having Ms. Casella in our class!
- Seeing Ms. Alkhaym and my friends!
- Doing recess!
- Chess class!

4 WORDS TO DESCRIBE MY WEEK:

- Awesome!
- Exciting!
- Amazing!
- Fun!

3 THINGS I PLAN TO DO THIS WEEKEND:

- Go to New York City!
- Read books!
- Play with my friends!

2 THINGS I LEARNED THIS WEEK:

- Fractions!
- Multiplication!

1 GOAL I HAVE FOR NEXT WEEK:

- Getting a 100%

Internal Weather Check In-How do you Feel today?

**HOW ARE YOU FEELING**

I feel cloudy (not upset just tired)-Z

I feel sunny today because I got to eat strawberries this morning. -3 🍓🐞🐊 -josie the dinosaur

I feel like the sky was cloudy but then cleared up.

I feel like it rained after it snowed- J

I feel like I feel A Bit Like Rain. It's raining but it's not raining. And it's not raining for some reason. -???

I feel like the sky was cloudy but then cleared up.

I feel cloudy and rainy - P (tired)

I feel partly sunny-B

I feel Sun and Snow meaning that I am happy- C.

I feel RAINBOWS! Excited -E

Foggy. - S.

sunny -E.

Bright like the sun-J

Partly Cloudy chance of Shooting Stars.(I feel amazing) - N.

sunny -n

cloudy moist

Partly Cloudy with a chance of rainbow- M

I feel sunny and rainbow R

Sunny, with a bit of cloud-J

Partly cloudy/tired and happy -D

I feel sunny and like rainbows -j

A. G. - Something nice about "R" is that he is respectful in class and polite otherwise he goes.

E.K.- R is a smart student and his answers are great!

M.L.- R is kind and a very good friend to have.

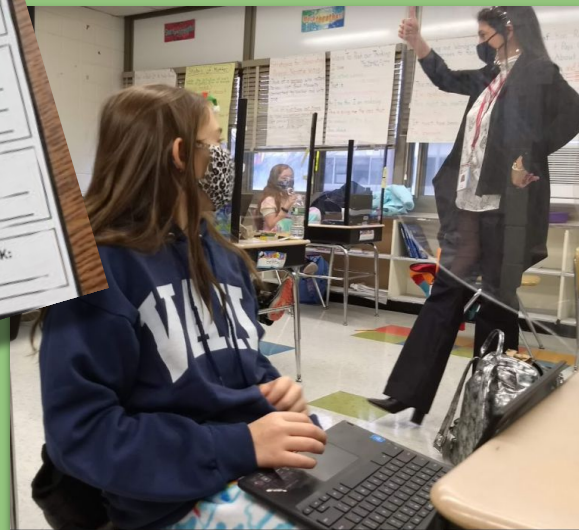
I think "R" is a very smart, caring person. He is a great classmate and friend to have.

I think "R" is kind, funny, caring, nice and smart and I think is a cool friend to have in 5.

Hi you are kind, respectful and I am glad to have you as a friend - A.S.

Dear R- you are smart and kind you are also caring - A.S.

Mrs. O'Brien- Rr is always offering his assistance to his friends in class. He adds a lot of insight to our discussions during our meets and he is always trying to do his best. R is kind and respectful to both his classmates and his teachers. We are lucky to have you in our class!





# SEL PUSH-IN : 4TH AND 5TH GRADERS

"I really liked the lessons they helped me with strategies and tips."

-5th grader

"I really enjoyed you coming to our class and teaching us about kindness."

-5th grader

"I LOVE IT. I wish you can teach us a topic every week until the end of the year."

-4th grader

"When I learned empathy I helped my mother calm down by doing chores."

-4th Grader

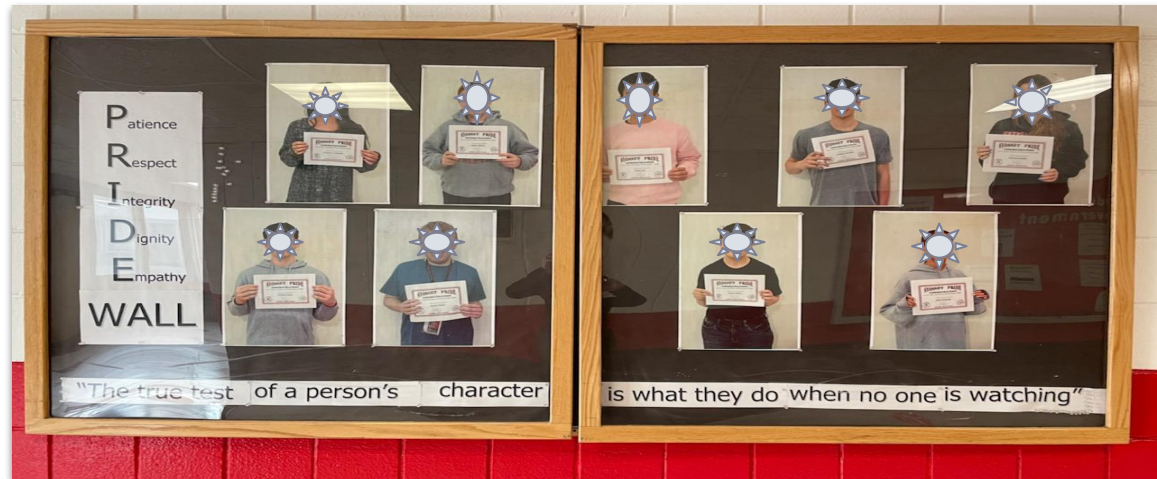
"It was really helpful and It makes me feel like a better person!"

-4th grader

# PBIS-P.R.I.D.E. SECONDARY & ELEMENTARY LEVELS



DEVELOPING AND ENCOURAGING POSITIVE BEHAVIOR THROUGH BUILDING-WIDE AND CLASSROOM IMPLEMENTATION OF TIER 1 PRIDE ACTIVITIES





**K**INDNESS

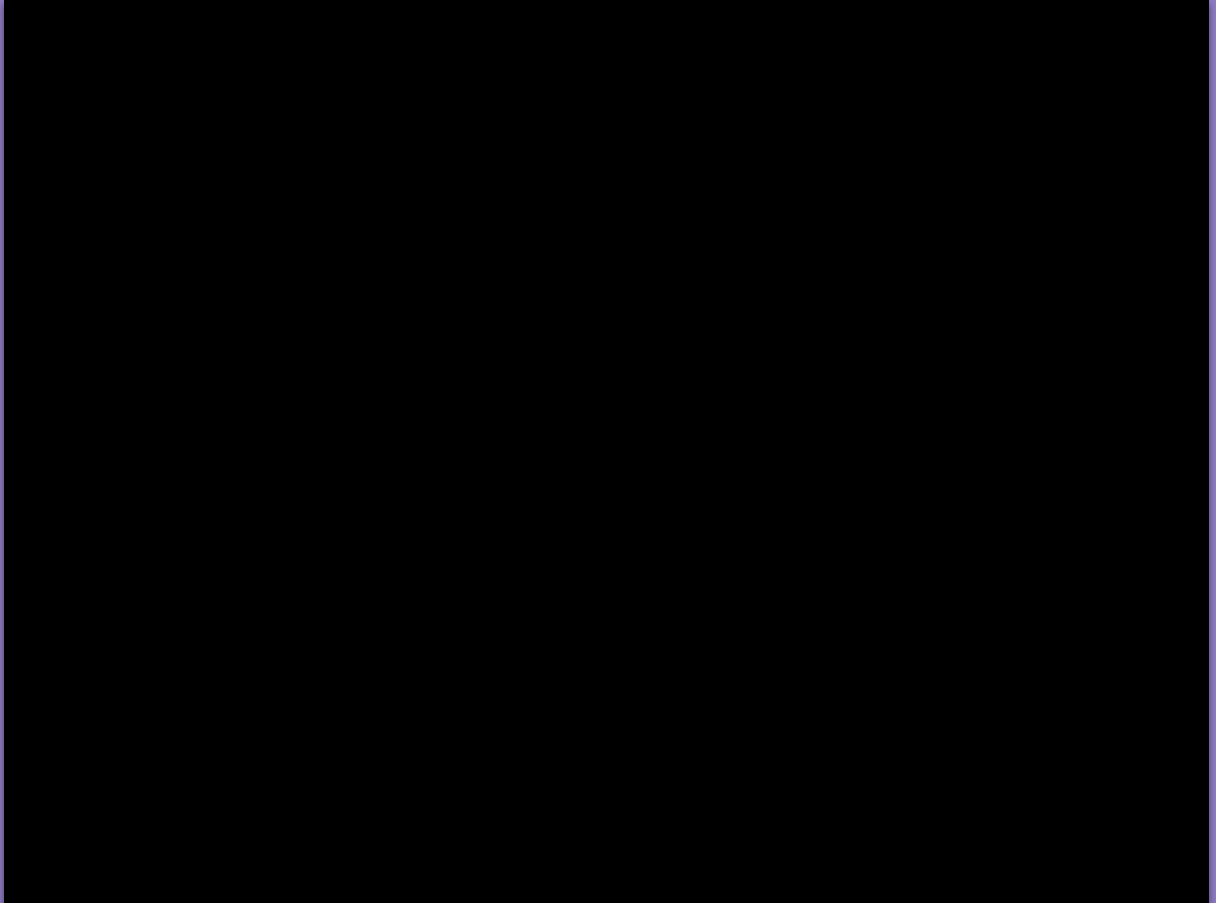
**P**ATIENCE


**R**ESPECT

**I**NTEGRITY

**D**IGNITY

**E**MPATHY





THANK YOU FOR YOUR ATTENTION  
AND  
FOR BEING PART OF SYOSSET'S  
CULTURE OF CARE!