Fargo South Student Announcements Wednesday, December 11th, 2024



Announcements:

- There will be an informative meeting for all girls interested in playing softball and their parents today at 5:00pm in C30. If you cannot make it, please stop in and see Coach Sims in room C27.
- South's Drone Racing team will be demonstrating their drones and recruiting pilots during the lunch runs on the 12th and 13th. We will begin practices in January.
- Hello Art Club, we will be meeting on Thursday, December 12th in room G27 at 3:40-5:00pm. Please join us for a fun holiday inspired craft and snacks. Hope to see you all there.
- Happy Wellness Wednesday. Just a reminder that South High is focusing on the science-backed practices of meditation and mindfulness during the month of November. If you have never tried meditation, please take a look at your email from Ms. Smithmeyer for a list of meditation resources and give it a try. Don't be discouraged if you struggle to focus your mind at first; meditation can take a lot of practice, and minds love to get off-task! It happens to everyone who meditates, so don't worry about it. Check out the email from Ms. Smithmeyer for some great resources and stop by the table in the commons over the lunch runs to learn some quick mediation techniques!