

Rankin County School District

Jan 1, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 1

Generated on: 12/10/2024 12:18:06 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/01/2025			
Lunch K-8 HOLIDAY	Total 1	1 1	*N/A*
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Thu - 01/02/2025			
Lunch K-8 HOLIDAY	Total 1	1 1	*N/A*
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Fri - 01/03/2025			
Lunch K-8 HOLIDAY	Total 1	1 1	*N/A*
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Mon - 01/06/2025			
Lunch K-8 HOLIDAY	Total 1	1 1	*N/A*
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Tue - 01/07/2025			
Lunch K-8	Total	100	
Pizza, Variety	slice	75	32.25
Hot Dog WG M4230	1 each	25	28.0
Tossed Salad w/Drsg	1/2 cup	50	3.03
Green Beans, Savory,CND M5745	1/2 cup	50	4.45
Chilled Peach Slices M6815	1/2 cup	50	17.49
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average % of Calories			69.54 53.9%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rankin County School District

Jan 1, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 2

Generated on: 12/10/2024 12:18:06 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/08/2025			
Lunch K-8	Total	100	
Chicken and Waffle (1) RCSD	3 tenders	75	27.0
Southern Cheese Grits	1/2 cup	75	15.56
All American Sub Sandwich RCSD	1 sandwich	25	37.3
Cucumber Slices w/Ra Dip M5725	1/2 cup	50	4.72
Broccoli Florets, FRZ M5610	1/2 cup	50	3.61
Strawberries, Frozen M6945	1/2 cup	50	21.05
Fresh Apple M6510	1 each	50	25.13
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Ketchup PC M8000	1 each	75	3.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 pouch	25	0.29
Syrup, Pancake, PC RCSD	1 packet	75	30.2
Weighted Daily Average			108.63
% of Calories			56.3%
Nutrient Guideline			

Thu - 01/09/2025			
Lunch K-8	Total	100	
Chicken & Sausage Gumbo M4610	2/3 cup w/rice	75	34.79
Southern Chicken Sandwich	1	25	45.0
Tossed Salad with Drsg M5660	1/2 cup	50	6.36
Green Peas, Canned M6035	1/2 cup	25	14.34
Orange Smiles M6770	1/2 cup	50	19.19
Applesauce, M6555	1/2 cup	50	15.62
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Toast, Garlic WW M7115	1 slice	75	15.0
Weighted Daily Average			87.76
% of Calories			56.6%
Nutrient Guideline			

Fri - 01/10/2025			
Lunch K-8	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Fish Sticks, Baked M1540.1	4 nuggets	50	22.0
Season BKD Potato Wedges M6145	1/2 cup	80	17.0
California Vegetables M5785	1/2 cup	20	5.15
Blueberries w/ WhipTop M6610.1	1/2 cup	50	15.47
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0
Weighted Daily Average			78.04
% of Calories			51.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rankin County School District

Jan 1, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 3

Generated on: 12/10/2024 12:18:06 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 01/13/2025			
Lunch K-8	Total	100	
Mexican Pizza M2010	1 slice	75	30.0
Asian Chicken Rice Bowl	Servings	25	42.09
Cabbage, Seasoned M5700	1/2 cup	15	5.95
Carrots Baby w/dip RCSD	3 oz. bag	50	8.93
Fruit Cocktail M6735	1/2 cup	50	14.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Cornbread 1 ENR M7050	1 piece	25	18.07
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			76.22
% of Calories			57.5%
Nutrient Guideline			

Tue - 01/14/2025			
Lunch K-8	Total	100	
Quesadillas Beef	1 each	25	24.07
Guacamole, 1/4 Cup M5675	2 oz.	50	5.93
Chips and Salsa	1 serving	50	24.05
Chicken Nuggets, Baked M 3170	5 nuggets	75	14.0
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	50	27.0
Whole Kernel Corn, CND M6010	1/2 cup	75	14.68
Pinto Beans Legumes M5550	1/2 cup	25	26.44
Chilled Blushing Pears M6845	1/2 cup	50	18.91
Blueberries w/ WhipTop M6610.1	1/2 cup	50	15.47
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			94.82
% of Calories			49.9%
Nutrient Guideline			

Wed - 01/15/2025			
Lunch K-8	Total	100	
Spicy Chicken BreastSand M4160	1 each	50	44.15
Steak Fingers, Baked M1045	4 each	50	17.9
Cheesy Macaroni M5135	2/3 cup	75	32.12
Green Beans, Cut, CND M5750	1/2 cup	75	4.86
Glazed Carrots M5865	1/2 cup	25	8.91
Chilled Peach Slices M6815	1/2 cup	50	17.49
Fresh Oranges M6775	1 each	50	19.19
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	50	27.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Weighted Daily Average			107.83
% of Calories			46.2%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rankin County School District

Jan 1, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 4

Generated on: 12/10/2024 12:18:06 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/16/2025			
Lunch K-8	Total	100	
BBQ Pork Sandwich Pur M4210	1 each	75	31.02
Chili Con Carne w/ Beans M4510	1 cup	25	8.06
Grill Cheese Sand 1oz	portions	75	30.46
Potato Salad RCSD	1/2 cup	50	24.72
Broccoli w/ Cheese Sauce M5595	1/2 cup	50	5.45
Apple and Orange Wedges M6545	1/2 cup	50	13.98
Chilled Pear Halves M6855	1/2 cup	50	18.23
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			94.31
% of Calories			53.3%
Nutrient Guideline			

Fri - 01/17/2025			
Lunch K-8	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Fish Sticks, Baked M1540.1	4 nuggets	75	22.0
Tater Tots	1/2 cup	50	16.0
Baked Beans RCSD	1/2 cup	50	38.23
Applesauce, M6555	1/2 cup	50	15.62
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0
Weighted Daily Average			96.10
% of Calories			55.9%
Nutrient Guideline			

Mon - 01/20/2025			
Lunch K-8	Total	1	
HOLIDAY	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

Tue - 01/21/2025			
Lunch K-8	Total	100	
Cheesy Chicken Over/RiceCMS516	1 serving	75	30.13
BBQ Rib Sandwich Brush M4205	1 each	25	41.67
Green Beans, Savory,CND M5745	1/2 cup	50	4.45
Glazed Carrots M5865	1/2 cup	50	8.91
Toast, Garlic WW M7115	1 slice	50	15.0
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Mandarin Oranges	1/2 cup	50	21.45
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rankin County School District

Jan 1, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			83.78
% of Calories			52.2%
Nutrient Guideline			

Wed - 01/22/2025			
Lunch K-8	Total	100	
Pork Chop, BRD,Boneless M2530	1 Each	50	11.0
Ham and Cheese Croissant	1 each	50	34.1
Mashed Potatoes M6070	1/2 cup	75	15.12
Brown Gravy, Package BRG M8130	2 ounces	75	4.05
Broccoli Florets, FRZ M5610	1/2 cup	50	3.61
Apple and Orange Wedges M6545	1/2 cup	50	13.98
Chilled Pear Halves M6855	1/2 cup	50	18.23
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	50	27.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			83.34
% of Calories			53.5%
Nutrient Guideline			

Thu - 01/23/2025			
Lunch K-8	Total	100	
Vegetable Beef Soup M4565	1 cup	75	11.25
Grilled Cheese & String Cheese	portions	75	30.96
Chicken Ranch Wrap	2 halves	25	42.3
California Vegetables M5785	1/2 cup	25	5.15
Garden Salad w/Dressing M5650	1/2 cup	50	5.91
Banana Berry Blend M6595	1/2 cup	50	25.38
Orange Smiles M6770	1/2 cup	50	19.19
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			83.76
% of Calories			47.7%
Nutrient Guideline			

Fri - 01/24/2025			
Lunch K-8	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Chili Dog M4225	1 each	50	29.99
Broccoli w/ Cheese Sauce M5595	1/2 cup	50	5.45
Season BKD Potato Wedges M6145	1/2 cup	75	17.0
Applesauce, M6555	1/2 cup	50	15.62
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rankin County School District

Jan 1, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 6

Generated on: 12/10/2024 12:18:06 PM

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			82.95
% of Calories			49.7%
Nutrient Guideline			

Mon - 01/27/2025			
Lunch K-8	Total	100	
Pizza, Variety	slice	75	32.25
Italian Dunkers #1101	2 breadsticks	25	28.0
California Vegetables M5785	1/2 cup	50	5.15
Glazed Carrots M5865	1/2 cup	50	8.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Fruit Cocktail M6735	1/2 cup	50	14.91
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Sauce, Marinara PC M8195	1 packet	25	3.71
Weighted Daily Average			72.46
% of Calories			53.0%
Nutrient Guideline			

Tue - 01/28/2025			
Lunch K-8	Total	100	
Southwest Dip & Chips	1 serving	85	29.21
Turkey & Cheese Croissant	1 sandwich	15	32.99
Pinto Beans Legumes M5550	1/2 cup	25	26.44
Tossed Salad with Drsg M5660	1/2 cup	75	6.36
Chilled Blushing Pears M6845	1/2 cup	50	18.91
Fresh Grapes M6665	1/2 cup	50	14.97
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	50	0.61
Weighted Daily Average			73.40
% of Calories			41.2%
Nutrient Guideline			

Wed - 01/29/2025			
Lunch K-8	Total	100	
Chicken Tenders Breaded M3190	3 tenders	50	15.0
Cheesy Macaroni M5135	2/3 cup	50	32.12
Italian Dunkers #1101	2 breadsticks	50	28.0
Mixed Vegetables M5795	1/2 cup	50	15.2
Peaches, FRZ, PC US MS6825.1	1/2 cup	75	19.0
Veg Juice, 4 oz Fruit FI M6190	1/2 cup	25	15.0
Applesauce, M6555	1/2 cup	50	15.62
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			85.97
% of Calories			45.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rankin County School District

Jan 1, 2025 thru Jan 31, 2025

Base Menu Spreadsheet

Lunch K-8

Portion Values - Detailed

Page 7

Generated on: 12/10/2024 12:18:06 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/30/2025			
Lunch K-8	Total	100	
Taco Soup w/ Chips MS812	1 cup	50	21.62
Lunch Bites Ham 2 GR graham	serving	50	37.0
Raw Veggies with Dip M5830	1/2 cup	50	6.95
Cabbage, Seasoned M5700	1/2 cup	50	5.95
Strawberries, FRZ, PC M6940.1	1/2 cup	50	22.0
Fresh Bananas M6590	1 each	50	26.95
Toast, Garlic WW M7115	1 slice	50	15.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			82.74
% of Calories			56.8%
Nutrient Guideline			

Fri - 01/31/2025			
Lunch K-8	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	25	32.68
Chicken Wings, Roasted M3295	5 wings	75	0.0
Season BKD Potato Wedges M6145	1/2 cup	75	17.0
Whole Kernel Corn, CND M6010	1/2 cup	25	14.68
Chilled Peach Slices M6815	1/2 cup	50	17.49
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Biscuit, 2 Oz. ENR, M8520	1 biscuit	75	28.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0
Weighted Daily Average			82.67
% of Calories			42.3%
Nutrient Guideline			

Weighted Average			66.93
			50.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	66.93	50.73%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.