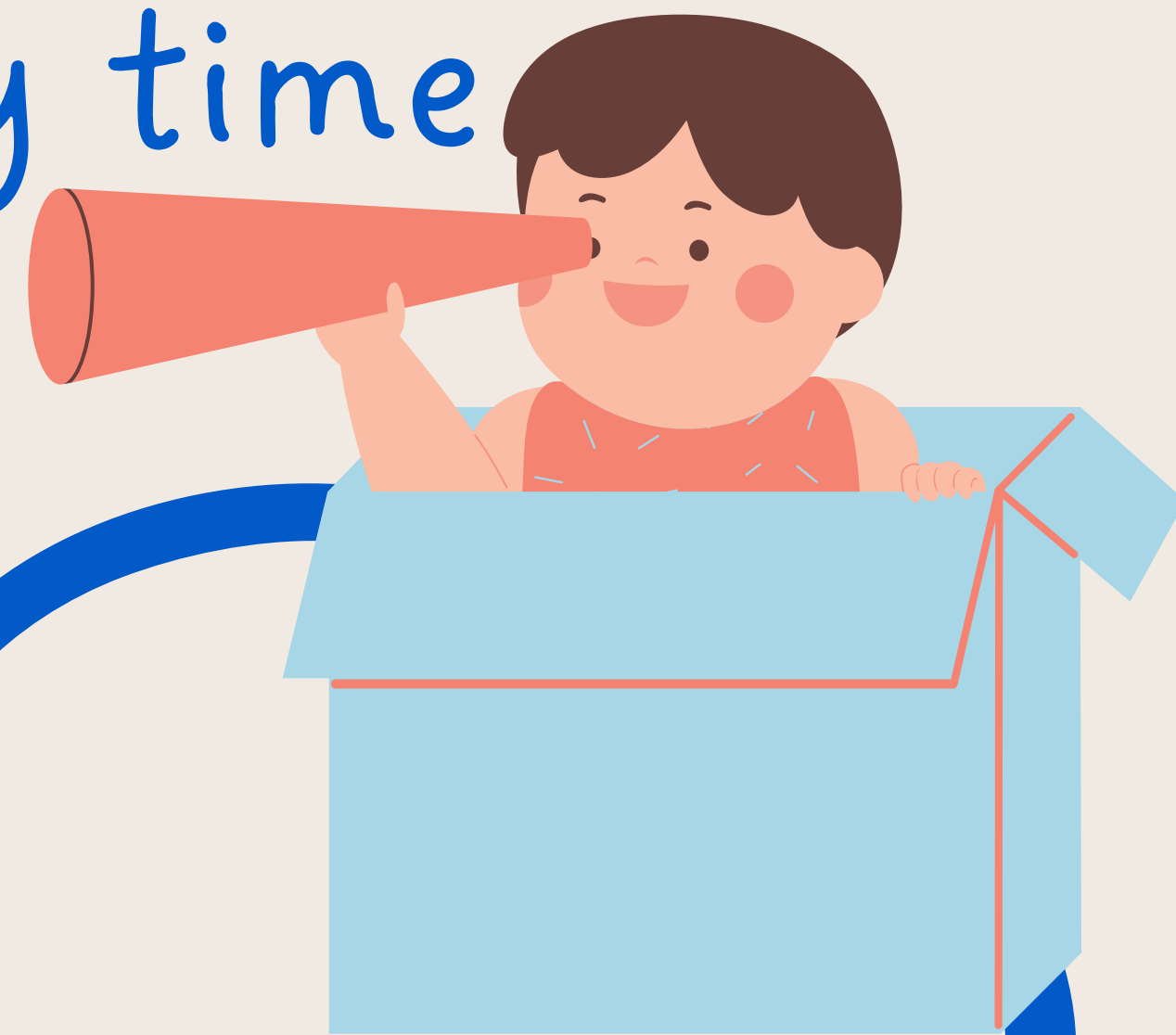


POSITIVE TIME WITH CHILDREN



Some tips for positive family time



5 minutes per day

Child-led activity

Make time for positive time and make it a routine

Put away electronics and pay your undivided attention to your child

Positive praise while describing the behavior ("great job making a house", "I see that you are making a horse. Great job!")

Avoid judgement or criticism



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