

DECEMBER 2024

LUNCH



School Information: School Information: K-5 Lunch Price \$3.50, 6-12 Lunch Price \$3.75 Reduced Lunch Price \$.40 Alternates are only available to Jr/High School Students since they are Offer vs. Serve



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



Reference: USDA MyPlate

MONDAY

Pig in a Blanket, Baby Carrots, Garden Salad, Apple Slices, **Canned Fruit (6-12)**, and Milk

2

Alternate: Cooks Choice

Sloppy Joe Snd, Ruffle Potato Chips, Tossed Salad, Peaches, **Canned Fruit (6-12)**, and Milk

9

Alternate: Cooks Choice

Pork Rib Snd, Lettuce Leaf, Tomato Slice, Sweet Potato Fries, Apple, **Canned Fruit (6-12)**, and Milk

16

Alternate: Cooks Choice

Christmas Break

23

Christmas Break

30

TUESDAY

Chicken Noodles & Mashed Potatoes, Green Beans, Tropical Fruit, **Cookie (9-12)**, **Canned Fruit (6-12)**, and Milk

3

Alternate: Cooks Choice

Chicken Drumstick, WW Roll, Baked Beans, Cole Slaw, Apricot Halves, **Fresh Fruit (6-12)**, and Milk

10

Alternate: Cooks Choice

Chicken Tenders, Mashed Potatoes, Gravy, Peas, Strawberries, **Canned Fruit (6-12)**, and Milk

17

Alternate: Cooks Choice

Christmas Break

24

Christmas Break

31

WEDNESDAY

Spaghetti w/Meat Sauce, Garlic Toast, Corn, Tossed Salad, Mandarin Oranges, **Canned Fruit (6-12)**, and Milk

4

Alternate: Cooks Choice

Mini Corn Dogs, Cherry Tomatoes, Cucumber Slices, Banana, **Canned Fruit (6-12)**, and Milk

11

Alternate: Cooks Choice

Hot Dog on Bun, Green Beans, Tater Tots, Fruit Cocktail, Cookie, **Orange Slices (6-12)**, and Milk

18

Alternate: Cooks Choice

Christmas Break

25



THURSDAY

Hamburger on Bun, Red Bell Pepper Strips, Celery Strips, Baked Chips, Orange Slices, **Canned Fruit (6-12)**, and Milk

5

Alternate: Cooks Choice

Cheese Pizza, Broccoli, Baby Carrots, Citrus Fruit, **Canned Fruit (6-12)**, and Milk

12

Alternate: Cooks Choice

Chicken Quesadilla Pizza, **Tortilla Chips (9-12)**, **Black Bean & Corn Salsa (9-12)**, Corn, Baby Carrots, Fruit, **Canned Fruit (6-12)**, and Milk

19

Christmas Break

26

FRIDAY

Chicken Patty Sandwich, WW Roll, Mashed Potatoes, Mixed Vegetables, Grapes, **Fresh Fruit (6-12)**, and Milk

6

Alternate: Cooks Choice

Mac & Cheese, **WW Roll (6-12)**, Baked Beans, Brussel Sprouts, Apple Salad, **Canned Fruit (6-12)**, and Milk

13

Alternate: Cooks Choice

Bosco w/Marinara, Broccoli, Garden Salad, Mixed Fruit, **Fruit (6-12)**, and Milk

20

Christmas Break

27

This institution is an equal opportunity provider. Menu is subject to change without notification.