Youth Led IEPs
&
Student Panel

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The “WHY” of Youth Lead IEPs

- Empowers youth
- More control over and investment in their education
- Develop skills in a safe and nurturing environment

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The “HOW” of Youth Led IEPs

- Make a plan
- Parent and teachers assist with preparation
  - Practice talking about goals, interests, and needs
- Start small and move toward the youth LEADING the meeting

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What Can Students Do?

- Speak up about being involved
- Learn about IEPs and meetings
- Prepare:
  - Ask for help
  - Make a list of questions and information to share
  - Use technology
  - Practice with teachers and peers

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What Can Students Do?

- Participate in the IEP meeting
- After the meeting
  - How did it go? Use Student Exit Survey
  - Review what went well and what could improve
- Be willing to mentor others

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What Can Parents Do?

- Have your child attend a portion of IEP meeting prior to transition age (13 and up) and increase time each year
- Keep your child informed
- Ask the IEP team to plan for a youth led meeting

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What Can Teachers Do?

- Support and foster self-determination and self-advocacy
- Respect student's voice
- Assist in preparation as needed - role play
- Monitor, assess; adapt as needed

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What Can Administrators Do?

- Encourage the process
- Expect student participation
- If not happening, find out why and address barriers
- Support staff who work with the student
- Make it happen - research how others do it

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Resources

www.imdetermined.org - search “IEP”

- Student Exit Survey
- IEP Participation Brochure & Rubric
- Templates - Elementary, Secondary, Preschool
- Preparing for My IEP

www.pealcenter.org

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Resources

Student Vision Statement - templates and video

https://kentuckyworks.org/2018/08/07/brighter-futures-vision-statement/

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STUDENT PANEL

Thank you for participating!

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Question #1

Do you participate in your IEP meetings?
If yes, how do you participate?
If no, why not?

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Question #2

How do you talk about your disability and what you need for support?

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Question #3

Tell us who helps you in school and how? In the community?

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Question #4

What are your goals after high school?
What is your plan to reach them?

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Question #5

Do you use any assistive technology to help you be successful?
What do you use?

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Question #6

How do you make decisions and use community resources?

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Thank you for joining us tonight!

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