

Kaleidoscope
FAMILY SOLUTIONS INC.

Services for Adults with Disabilities In Pennsylvania

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North East Region Program Director

Kaleidoscope Family Solutions, Inc

North East Region
PA Program Director
Amanda L. Sanabria

- Started at KFS 9 years ago
- Started social groups in Lehigh County in 2012
- I love spending time with my family.
- I love what I do at KFS! I really enjoy working with our individuals to help them ıdependent!



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Kaleidoscope Family Solutions

- Est. 17 years
- In 6 states
- ABA programs
- PA-work with 2 main waivers
  - AAW & ID/A
- Ultimate goal is Independence

Services

- Advanced Supported Employment
- Assistive Technology
- **Behavioral Support**
- Benefits Counseling
- Communication Specialist
- **Community Participation Support**
- **Companion**
- Consultative Nutritional Services
- Education Support
- Family/Caregiver Training and Support
- Home Accessibility Adaptations
- Homemaker/Chore
- Housing Transition and Tenancy Sustaining Services
- **In-Home and Community Support**
- Music, Art, and Equine Assisted Therapy
- Participant-Directed Goods and Services
- **Respite**
- Shift Nursing
- Small Group Employment
- Specialized Supplies
- **Supported Employment**
- Supports Broker
- Supports Coordination
- Therapy
  - Physical
  - Occupational
  - Speech
  - Language
  - Orientation, Mobility and Vision
- Transportation
- Vehicle Accessibility Adaptations

Types of waivers
Intellectual Disability

- PFDS Waiver
  - Currently 13,300 served in PA, reserving 700 slots for graduating seniors
  - Service and supports are capped at $33,000/fiscal year (July 1-June 30) excluding support coordination services
- Community Living Waiver
  - Cap at $70,000
- Consolidated Waiver
  - Currently 18,067 served in PA
  - No cap in funds for services



Types of Waivers
AUTISM

- ADULT AUTISM WAIVER
  - Currently serves over 700 people
  - 21 years of age or older and resident of PA
  - Must have diagnosis of Autism
  - Substantial functional limitations in three or more of the major life activities: self care, mobility, learning, self-direction, capacity for independent living, understanding the use of receptive/expressive language
  - Meet income resource limits for Medicaid based on **300%** of the Federal Benefit Rate
- Adult Community Autism Program (ACAP)
  - Managed care program-NOT A WAIVER
  - All of the above including:
    - Living within the 4 counties served-Dauphin, Cumberland, Chester, and Lancaster

AAW Services

- Assistive Technology
- **Career Planning**
  - **Job Finding**
  - **Vocational Assessment**
- Community Transition Service
- Day Habilitation
- Environmental Modifications
- Family Support
- Home Modifications
- Nutritional Consultation
- Residential Habilitation
- **Respite**
- **Specialized Skill Development**
  - **Behavioral Specialist Services**
  - **Community Support**
  - **Systematic Skill Building**
- **Supported Employment**
  - **Extended Employment Supports**
  - **Intensive Job Coaching**
- Supports Coordination
- Temporary Supplemental Services
- Therapies (Occupational, Speech and Language, **Counseling)**
- Transitional Work Services
- Vehicle Modifications

Other Waivers and Support Services

- Aging Waiver
- Attendant Waiver
- Independence Waiver (Severe physical disabilities)
- COMMcare Waiver
- OBRA Waiver (Severe physical disabilities)

Where do you begin? Intellectual Disabilities

- Call to register with the County Office of Mental Health and Intellectual Disabilities (MH/ID).
  - You will need documents such as medical, psychological and school records.
  - A full scale IQ score of 70 or below from a standardized intelligence test
  - An adaptive assessment which documents significant limitations in at least two areas of adaptive functioning skills
  - The onset of the intellectual disability occurred prior to the individual's 22nd birthday
- An intake meeting will be scheduled if the individual is eligible
- Ask for the brochure about waivers to get a head start on the information

What happens next? Intellectual Disabilities

- Choose a Support Coordinating Agency

Depending on services available and your needs, the Supports Coordinator may:

- Attend your IEP meeting to help you with planning for your future
- Talk with you about your needs and goals
- Help you develop your individual plan
- Complete an application for the Consolidated or Person/Family Directed Support Waiver
- Complete a Prioritization of Urgency of Need for Services (PUNS) form and place you on the waiting list
- Help to identify other types of community supports and services that would help you while you are waiting (i.e.-OVR)

Where do you begin? Autism

- Visit **www.autismminpa.org** to review the information about both ACAP and AAW
- Call Bureau of Autism toll-free at 1-866-539-7689 to request an information packet or to request an application
- Application requests can be made through the toll-free number or are now available online.

What Happens Next? Autism

- **Applications are not sent until there is capacity in the program**
- Applications are based on priority.
  - The Intake Process
  - The Application Process
  - Notification of Eligibility
  - Enrollment
- Currently, there is a waitlist for services
- Timelines can vary for all individuals
- ADVOCATE ADVOCATE ADVOCATE



Kaleidoscope Family Solution

- *Mission and Vision*

Kaleidoscope is dedicated to making a difference in the lives of families and individuals

so that they can construct a colorful experience in their life's journey – one filled with compassion, commitment, and connections within their communities.







VISION



Kindness
Acting as a Role Model
Loyalty
Encouraging Excellence
Instilling Positive Values
Dedication
Opportunity to Form Supportive Relationships
Self-Respect
Celebrating & Understanding Differences
Opening Doors in the Community
Promoting Personal Growth
Enabling Children to Act Independently

Constructing a Colorful Difference in the Changing Lives of Children and Families

Services we provide

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- **Home and Community Habilitation/Community Inclusion** providers support each individual in their day to day lives in the areas of recreation, communication, job skills building, activities of daily life and more. This is accomplished through developing daily goals with the individual that may include finding a volunteer position, learning how to do household chores, cooking, or finding a social group to become a part of.
- **Behavior Supports** provide specialized interventions that assist a participant to increase adaptive behaviors to replace or modify challenging behaviors. We focus on positive behavior strategies incorporating a proactive understanding of behavior. All of our Behavior Support providers are Masters level clinicians who have experience working with individuals with disabilities and are trained in the areas of functional behavior assessment and behavior support plan development.

Examples of Supports





Services we provide

- **Supported Employment/Job Supports (Job assessment, job finding)** enable our providers the ability to network with local employers and advocate for positions that would benefit each individual. We also work closely with each individual on developing the skills necessary to maintain employment in a community setting. These skills include resume building, interviewing, filling out applications, advocating, transportation training, and more.

https://www.youtube.com/embed/SCGo8fOfUNE?autoplay=1&hd=1&rel=0

Services we provide

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- **Respite Services** are in place to allow for a time of reprieve for the family or guardian caring for the individual. Our providers will be able to provide this service in the comfort of the individual's home in order to maintain consistency and stability, while allowing the family to have time to away as needed.
- **Companion services (Consolidated/PFDS only)** are provided to assist the individual in non goal-oriented activities and are considered non-medical care, supervision and socialization activities. The companion provider may assist the individual with such tasks as self-care needs, meal preparation, laundry and shopping.
- **Family Training (AAW only)** – Our Trainers help participant's families with communication skills, stress reduction, self-direction, daily living skills, socialization, and environmental adaptation.

LV Social Group



Goals=Independence

- Recreation/Social Skills





- Socialization
  - https://www.youtube.com/embed/4ds_X9SOjjs?autoplay=1&hd=1&rel=0
  - Weekly social and skills groups

Goals

- Job/Volunteer Skills, Community Involvement and further schooling
  - Volunteer connections with: SPCA, Philabundance, Wallingford Art Center, Local area hospitals, Surrey Manor, Local Thrift shops, local restaurants, Habitat for Humanity, Meals on Wheels
  - Activities of Daily Living







Helpful Resources

OVR

- www.dli.state.pa.us

Adult Autism Waiver and ACAP

- **www.autisminpa.org**
- **https://www.dhs.pa.gov/Services/Disabilities-Aging/Pages/Adult%20Autism%20Waiver.aspx**

PFDS/Consolidated Waiver

- **https://www.dhs.pa.gov/Services/Disabilities-Aging/Pages/PFDS-Waiver.aspx**
- Advocacy and Information
- www.pa**autism**.org (ASERT)
- www.Autism-support.org (ABOARD)

Additional Resources

- https://www.therapistaid.com/
  - Worksheets
  - Interactives
  - Videos
  - Articles
- Browse by topic
  - Anger
  - Anxiety
  - Communication
  - CBT
  - Relationships
  - Stress

THANK YOU!

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QUESTIONS?

- **Thank you for your time!**

Amanda Sanabria, ***Program Director***

"Small acts, when multiplied by millions of people, can transform the world." --HZ

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