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Spartan Connection Parent Newsletter 9/27/2024

[Caroline Gonella](#) • 2 months ago • Friday, Sep 27 at 4:25 PM • Rio Mesa High School



Spartan Connection: RMHS Parent Newsletter | 9/27/2024

Important Dates

Tuesday, October 1st:
School Site Council Meeting (4-5pm)

Friday, October 4th:
Collaboration Schedule

Saturday, October 5th:
Home Football Game vs. Westlake

Principal's Message

 **Lunch on the Lawn, Flag Football Fun, ELAC Success, & Mental Health Matters!** 

Hey Spartans and Families! We've got a week full of excitement and school spirit:

 **Girls Flag Football TONIGHT:** Support our Spartans as they battle St. Bonnie at home! JV at 6:30 PM, Varsity at 7:30 PM. Grab your tickets on GOFAN and let's pack the stands!

 **Homecoming Dance Tickets:**

Dear Rio Mesa Families,

I hope this message finds you well. We've had a busy and exciting week full of school spirit and meaningful activities!

First, please come support our fall athletic events! Tonight we have **Girls Flag Football** team as they faced St. Bonnie at home. Your energy and support mean the world to our Spartans! We're excited to gear up for Homecoming. Encourage your students to buy tickets, dress up for spirit week, and build a positive Spartan culture! We're also gearing up for **Homecoming!**

Finally, congratulations to our **ELAC** team for an outstanding first meeting with excellent parent participation. We appreciate your involvement in supporting our students!

Let's continue to foster a positive and supportive environment at Rio Mesa.

Warm regards,
Mr. Peterson

Time is ticking! Today and Monday are your students' **LAST** chances to score Homecoming dance tickets at the lowest price. Students should visit Ms. Erickson's window before it's too late!

 **Homecoming Court Voting:** It's time to vote! On Tuesday and Wednesday (Oct 1 & 2), students can vote for their class Homecoming Court and Senior Royalty during nutrition and lunch at the office windows. Here are the nominees:

- **Freshmen:** Alexa Rodriguez, Jocelyn Hernandez, Louie Godinez, Noah Rodriguez, Thomas Ramos
- **Sophomores:** Abigail Arellano, Amanda Raya, Enrique Germoso, Kristen Bareng, Karen Cosio, Ivan Ambriz, Yoselyn Arias, Sarai Puga
- **Juniors:** Alondra Castaneda, Angel Malgerejo, David Alvarez, Khate Lansangan, Natalie Cervantes, Rhea Transfiguracion
- **Seniors:** Rihyana Alvarez, Noah Ramos, Diamond Merrill, Daniel Ramos, Luna Martinez, Noah Sahagun, Isabella Paula

Don't forget to remind students to nominate their favorite staff member via Google Form to be part of the Homecoming celebrations!

 **Big Shout-Out to ELAC!** Huge thanks to our amazing parents, and our amazing categorial programs team (Ms. Gonzalez, Ms. Centano-Sanchez, and Ms. Rosales Gonzalez) who participated in our first ELAC meeting. Your involvement makes all the difference—let's keep that energy going!

 **Juniors & Seniors:** Missed your makeup photo ID day? Look out for your Minga pass on Monday—this is your last chance to take your ID photo with Monarch!

 **Lunch on the Lawn TODAY:** Our amazing PBIS team sponsored this monthly event, where students came out, relax, and earned some incredible



prizes! Students who earn "Spartan Bucks" for demonstrating positive behavior in the school community were able to buy raffle tickets.

● **Mental Health Matters:** In honor of Suicide Awareness Month, Rio Mesa's **Olympus Wellness Center** organized several activities focused on mental health. A pop-up event during lunch allowed wellness peers to distribute suicide prevention ribbons and buttons, while **Wellness Specialists Ms. Castillo and Ms. Tomasetti** provided key mental health resources to students.

New wellness peers received **SafeTALK training**, teaching them to recognize signs of distress and direct peers to help. In all of the English classes, students were invited to take the **CoVitality survey**, our district's universal social- emotional screener. Spartans, take care of your mind as much as your body! Please remind your students to reach out to our wellness and counseling departments anytime you need support. We're here for you, Spartans!

Thanks for a great week, Rio Mesa!

● ●
Best regards,
Rio Mesa High School
Administration
Spartan Spirit!



Lunch on the Lawn w/ Ms. Jimenez-Ito, Ms. Ohlrich, Ms. Biggerstaff, & Ms. Kenney



Between Earth and Space Science and Oceanography students, along with Oceanography club members we had 12 Rio Mesa Spartans take part in the California Coastal Clean-Up Day at Ormond Beach in Port Hueneme. Here are some pictures of the students getting their hands dirty!





Thank you for reading!

Spartan Community, we want to hear from you! What exciting topics or helpful info would you love to see in our next newsletter? Drop your ideas in the comments below!

September.27.2024